

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of distribution in Fukushima Prefecture)

As of 24 April 2018

Fukushima Prefecture		Restriction of distribution	
Raw milk	<b>2011/3/21~: (excluding areas listed on the cells below)</b>		
	2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi		
	2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi		
	2011/3/21~4/21 Soma-shi, Shinchi-machi		
	2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)		
	2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
	2011/3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
	2011/3/21~ 2016/12/26 Tamura-shi, Naraha-machi, Kawauchi-mura (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
	2011/3/21~ 2016/12/26 Minamisoma-shi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)		
	2011/3/21~ 2016/12/26 Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)		
	2011/3/21~ 2018/3/16 Kawamata-machi (limiting to Yamakiya area)		
	2011/3/21~ 2018/3/16 Tomioka-machi, Namie-machi, (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)		
	2011/3/21~ 2018/3/16 Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 16, 2012)		
	Spinach, Kakina	<b>2011/3/21~: (excluding areas listed on the cells below)</b>	
2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura			
2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi			
2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)			
2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura			
2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura			
2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)			
2011/3/21~ 2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)			
2011/3/21~ 2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)			
2011/3/21~ 2016/3/17 Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)			
2011/3/21~ 2017/3/14 Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).			
Non-head type leafy Vegetables, e.g. Spinach, Komatsuna		<b>2011/3/23~: (excluding areas listed on the cells below)</b>	
		2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
	2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)		
	2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura		
	2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura		
	2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
	2011/3/23~ 2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
	All the other	2011/3/23~ 2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	

	2011/3/23~ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
	<b>2011/3/23~: (excluding areas listed on the cells below)</b>	
	2011/3/23~4/27	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Swowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~5/4	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
	2011/3/23~5/11	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
	2011/3/23~5/25	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
Head type leafy vegetables, e.g. Cabbage	2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2016/3/17	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2017/3/14	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
	<b>2011/3/23 (excluding areas listed on the cells below)</b>	
	2011/3/23~4/27	Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
	2011/3/23~5/4	Iwaki-shi
	2011/3/23~5/11	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi
	2011/3/23~5/18	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Swowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~6/15	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura
Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2016/3/17	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2017/3/14	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
	<b>2011/3/23~: (excluding areas listed on the cells below)</b>	
	2011/3/23~5/4	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura
	2011/3/23~5/18	Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~6/23	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~11/4	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Turnip	2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)

	<p>2011/3/23~ <b>2015/2/18</b> Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~ <b>2016/3/17</b> Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2011/3/23~ <b>2017/3/14</b> Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).</p>
Log-grown shiitake (grown outdoor)	<p><b>2011/4/13~</b>: Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p><b>2011/4/18~</b>: Fukushima-shi</p> <p>2011/4/13~<b>4/25</b> Iwaki-shi</p> <p><b>2011/4/25~</b>: Motomiya-shi</p> <p>2011/4/13~<b>5/16</b> Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/4/13~<b>5/23</b> Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p><b>2011/10/18~</b>: Nihonmatsu-shi</p>
Log-grown shiitake (indoor cultivation)	<p><b>2011/7/19~</b>: Date-shi</p> <p>2011/7/19~ <b>2014/7/11</b>: excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture.</p> <p>2011/7/22~ <b>2014/7/11</b>: Shinchi-machi</p> <p>2011/7/19~<b>9/7</b> Motomiya-shi</p> <p><b>2011/11/14~</b>: Kawamata-machi</p>
Log-grown pholiota nameko (outdoor cultivation)	<p><b>2011/10/31~</b>: Soma-shi, Iwaki-shi</p>
Vegetable	<p><b>2011/9/8~</b>: Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi)</p> <p><b>2011/9/15~</b>: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Takakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samakawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura</p> <p><b>2011/10/18~</b>: Kitakata-shi</p> <p><b>2012/8/15~</b>: Showa-mura</p> <p><b>2012/10/11~</b>: Bandai-machi</p> <p><b>2012/10/18~</b>: Aizubange-machi, Kitashiobara-mura</p> <p><b>2013/9/26~</b>: Shimogo-machi</p> <p><b>2013/10/1~</b>: Aizuwakamatsu-shi</p> <p><b>2013/10/3~</b>: Tadami-machi</p> <p>2013/10/3~ <b>2018/3/29</b>: limiting to pholiota nameko, late fall oyster mushroom, brick cap and Grifola frondosa (maitake)</p> <p><b>2013/11/12~</b>: Aizumisato-machi</p> <p>2013/11/12~ <b>2017/4/24</b>: limiting to late fall oyster mushroom</p> <p><b>2014/8/25~</b>: Nishiaizu-machi</p> <p>2014/8/25~ <b>2017/4/24</b>: limiting to pholiota nameko</p> <p>2014/8/25~ <b>2018/3/29</b>: limiting to late fall oyster mushroom</p> <p><b>2014/9/22~</b>: Mishima-machi</p> <p><b>2014/10/2~</b>: Yanaizu-machi</p>
Bamboo shoot	<p><b>2011/5/9~</b>: Date-shi, Soma-shi, Miharu-machi</p> <p><b>2011/5/13~</b>: Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura</p> <p>2011/5/9~<b>5/30</b> Hirata-mura</p> <p>2011/5/9~<b>6/8</b> Iwaki-shi</p> <p>2011/5/9~<b>6/21</b> Tenei-mura</p> <p>2011/5/13~<b>6/21</b> Kunimi-machi</p> <p><b>2012/4/9~</b>: Iwaki-shi</p> <p><b>2012/4/16~</b>: Fukushima-shi, Shinchi-machi</p> <p><b>2012/4/23~</b>: Hirono-machi</p> <p><b>2012/5/2~</b>: Nihonmatsu-shi, Otama-mura</p> <p><b>2012/5/7~</b>: Sukagawa-shi</p> <p><b>2012/6/25~</b>: Koriyama-shi</p>

	2013/5/14~: Kawauchi-mura 2013/5/16~: Shirakawa-shi, Naraha-machi 2013/5/28~: Katsurao-mura 2013/6/10~: Tamura-shi 2014/5/1~: Tenei-mura
Wasabi (field cultivation)	2012/4/16~: Date-shi, Kawamata-machi 2012/4/16~ 2015/7/8: Kawamata-machi (excluding Yamakiya area) 2012/4/16~ 2018/3/6: Date-shi (limiting to Wasabi controlled under the concept of management of Fukushima prefecture)
Wild Aralia cordata	2014/5/14~: Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura 2014/5/19~: Kawauchi-mura 2015/5/13~: Naraha-machi
Ostrich fern	2011/5/9~: Fukushima-shi, Kori-machi 2012/5/1~: Soma-shi, Date-shi, Kunimi-machi, Miharu-machi 2012/5/2~: Kawamata-machi 2012/5/7~: Tamura-shi, Furudono-machi 2012/5/10~: Nihonmatsu-shi, Otama-mura 2013/4/30~: Korivama-shi 2013/5/14~: Naraha-machi, Katsurao-mura 2015/5/18~: Hirono-machi
Wild ostrich fern	2014/4/24~ 2017/9/11: Aizumisato-machi 2015/4/30~: Minamisoma-shi
Koshiabura	2012/5/2~: Fukushima-shi, Nihonmatsu-shi 2012/5/7~: Korivama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanagura-machi, Hanawa-machi 2012/5/10~: Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samegawa-mura 2012/5/14~: Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura 2012/5/17~: Kori-machi, Inawashiro-machi 2013/5/7~: Yanaizu-machi, Kitashiobara-mura 2013/5/14~: Katsurao-mura 2013/5/16~: Soma-shi, Minamisoma-shi, Furudono-machi, Minamiaizu-machi, Shinchi-machi, Izumizaki-mura 2013/5/20~: Mishima-machi, Kawauchi-mura 2013/5/22~: Asakawa-machi, Hirono-machi 2013/5/28~: Motomiva-shi, Tamura-shi, Ono-machi, Yabuki-machi, Aizubange-machi, Tamakawa-mura, Hirata-mura, Nakajima-mura 2013/5/29~: Miharu-machi 2013/6/3~: Aizuwakamatsu-shi, Kagamiishi-machi 2013/6/5~: Kanayama-machi 2013/6/10~: Showa-mura
Wild Koshiabura	2016/4/28~: Nishiaizu-machi 2016/5/6~: Tadami-machi
Japanese royal fern	2012/5/2~: Iwaki-shi, Nihonmatsu-shi 2012/5/10~: Soma-shi 2012/5/24~: Kawamata-machi 2013/5/1~: Minamisoma-shi 2013/5/14~: Naraha-machi, Katsurao-mura 2013/5/16~: Sukagawa-shi 2013/5/20~: Kawauchi-mura 2013/6/10~: Korivama-shi 2015/5/11~: Tamura-shi
Wild Japanese royal fern	2014/5/14~: Hirono-machi, Otama-mura
Wild Uwabamisou	2013/6/10~: Sukagawa-shi, Kunimi-machi
Wild Aralia sprout	2012/5/1~: Iwaki-shi, Soma-shi, Date-shi, Kori-machi 2012/5/2~: Fukushima-shi 2012/5/7~: Korivama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi 2012/5/10~: Otama-mura, Nishigo-mura 2012/5/14~: Kawamata-machi 2013/4/25~: Minamisoma-shi 2013/5/14~: Hirono-machi, Samegawa-mura, Katsurao-mura 2013/5/16~: Nihonmatsu-shi, Furudono-machi, Izumizaki-mura 2013/5/20~: Kawauchi-mura 2013/5/28~: Motomiva-shi, Sukagawa-shi 2013/6/3~: Kagamiishi-machi 2013/6/10~: Tamura-shi 2014/5/14~: Inawashiro-machi

Giant butterbur	<del>2015/5/25~: Katsurao-mura</del>
Wild Giant butterbur	<del>2013/6/19~: Kori-machi, Naraha-machi</del> <del>2014/6/16~: Tenei-mura</del>
Wild Japanese butterbur scape	<del>2012/4/9~: Fukushima-shi, Kawamata-machi, Tamura-shi, Soma-shi, Hirono-machi</del> <del>2012/4/16~: Date-shi, Kori-machi and Kunimi-machi</del> <del>2014/4/11~: Naraha-machi and Katsurao-mura</del> <del>2015/2/25~: Minamisoma-shi</del> <del>2016/1/20~: Motomiya-shi</del>
Pteridium aquilinum	2012/5/10~: Iwaki-shi <del>2017/9/11</del> <del>2012/5/10~ Date-shi</del> <del>2012/5/17~ Kawamata-machi</del> <del>2013/4/25~: Minamisoma-shi</del> <del>2013/6/11~: Samegawa-mura</del> <del>2014/4/30~: Naraha-machi</del> <del>2014/5/14~: Katsurao-mura</del> 2012/5/17~ Kitakata-shi <del>2015/5/15</del> 2012/5/17~ Fukushima-shi <del>2016/6/24</del>
Wild Pteridium aquilinum	<del>2012/5/17~: Kitakata-shi, Fukushima-shi</del> <del>2013/6/24~: Nihonmatsu-shi</del> <del>2014/5/14~: Hirono-machi</del>
Japanese apricot (Ume)	2011/6/2~ Fukushima-shi, Date-shi, Kori-machi <del>2013/10/21</del> <del>2011/6/6~: Minamisoma-shi</del> 2011/6/6~ Minamisoma-shi (excluding area within 20 km radius from the TEPCO' s Fukushima Daiichi Nuclear Power Plant and Planed Evacuation Zone) <del>2015/8/19</del> 2011/6/6~2012/7/11 Soma-shi 2012/6/6~ Kunimi-machi <del>2013/10/21</del>
Yuzu	<del>2011/8/29~: Fukushima-shi, Minanisoma-shi</del> 2011/10/14~ Date-shi <del>2017/2/1</del> 2012/1/10~ Iwaki-shi <del>2015/1/29</del> 2011/10/14~ Kori-machi <del>2016/3/17</del>
Chestnut	<del>2011/9/20~: Date-shi, Minanisoma-shi</del> 2012/9/26~ Nihonmatsu-shi <del>2015/12/3</del> 2012/10/12~ Iwaki-shi <del>2014/11/17</del>
Kiwi fruit	<del>2011/12/9~: Minanisoma-shi</del> 2011/12/9~ Minanisoma-shi (excluding area within 20 km radius from the TEPCO' s Fukushima Daiichi Nuclear Power Plant and Planed Evacuation Zone) <del>2013/12/25</del> 2011/12/9~ Soma-shi <del>2014/11/17</del>
Azuki bean	2013/1/4~ Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura) <del>2015/10/23</del> 2013/1/4~ excluding Azuki bean controlled under the concept of management of Fukushima prefecture. <del>2014/3/13</del>
	2012/11/15~ Minamisoma-shi (limiting to former Ishigami-mura) <del>2015/10/23</del> 2012/11/15~ excluding Soybean controlled under the concept of management of Fukushima prefecture. <del>2013/11/7</del> 2012/12/25~ Sukagawa-shi (limiting to former Naganuma-machi) <del>2015/10/23</del> 2012/12/25~ excluding Soybean controlled under the concept of management of Fukushima prefecture. <del>2014/3/13</del> 2013/1/4~ Koriyama-shi (limiting to former Takano-mura) <del>2014/10/7</del>

Cereal	Soybean	2013/1/4~ <del>2015/10/23</del> Otama-mura (limiting to former Tamanoi-mura)
		2013/1/4~ <del>2015/10/23</del> Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura)
		2013/1/4~ <del>2014/10/7</del> Kori-machi (limiting to former Danzaki-mura)
		2013/1/4~ <del>8/9</del> excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/2/18~ <del>2015/10/23</del> Fukushima-shi (limiting to former Tatsugoyama-mura)
		2013/2/18~ <del>7/10</del> excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/5~ <del>2015/10/23</del> Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura)
		2013/3/5~ <del>7/10</del> excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/25~ <del>2015/10/23</del> Fukushima-shi (limiting to former Niwatsuka-mura)
		2013/3/25~ <del>7/10</del> excluding Soybean controlled under the concept of management of Fukushima prefecture.
		Date-shi (limiting to former Tomino-mura and Sekimoto mura)
		2013/1/4~ <del>2015/10/23</del> Fukushima-shi (limiting to former Noda-mura and Hirano-mura)
		2013/1/4~ <del>7/10</del> excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/1/4~ <del>2016/3/25</del> Motomiya-shi (limiting to former Wagisawa-mura (Shirasawa-mura))
		2013/1/4~ <del>11/7</del> excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/12/18~ <del>2015/10/23</del> Minamisoma-shi (limiting to former Ota-mura)
		2013/12/18~ <del>2015/6/23</del> excluding Soybean controlled under the concept of management of Fukushima prefecture
		2014/12/17~ <del>2016/3/25</del> Motomiya-shi (limiting to former Shiraiwa-mura)
		2014/12/17~ <del>2015/6/23</del> excluding Soybean controlled under the concept of management of Fukushima prefecture
		2014/12/17~ <del>2016/3/25</del> Otama-mura (limiting to former Oyama-mura, excluding Soybean controlled under the concept of management of Fukushima prefecture)
Rice (produced in 2011)	<del>2011/11/17~: Fukushima-shi (limiting to former Oguni-mura area)</del>	
	<del>2011/11/29~: Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area)</del>	
	<del>2011/12/5~: Fukushima-shi (limiting to former Fukushima-shi area)</del>	
	<del>2011/12/8~: Nihonmatsu-shi (limiting to former Shibukawa-mura area)</del>	
	<del>2011/12/9~: Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area)</del>	
	<del>2011/12/19~: Date-shi (limiting to former Kakeda-machi area)</del>	
	<del>2012/1/4~: Date-shi (limiting to former Sekimoto-mura area)</del>	
	<del>2012/4/5~: Areas subjected to restriction of distribution in advance</del>	
	2012/4/5~ <del>7/26</del> excluding rice controlled under the concept of management of Fukushima prefecture.	
	<del>2012/10/25: Sukagawa-shi (limiting to former Nishifukuro-mura)</del>	
2012/10/25~ <del>10/29</del> excluding rice controlled under the concept of management of Fukushima prefecture.		
<del>2012/11/5~: Otama-mura (limiting to former Tamanoi-mura)</del>		
2012/11/5~ <del>11/6</del> excluding rice controlled under the concept of management of Fukushima prefecture.		
<del>2012/11/5~: Koriyama-shi (limiting to former Fukuyama-machi)</del>		
2012/11/5~ <del>11/8</del> excluding rice controlled under the concept of management of Fukushima prefecture.		
<del>2012/11/7~: Fukushima-shi (limiting to former Mizuhara-mura)</del>		
2012/11/7~ <del>11/12</del> excluding rice controlled under the concept of management of Fukushima prefecture.		
<del>2012/11/15~: Miharu-machi (limiting to former Sawaishi-mura)</del>		
2012/11/15~ <del>11/19</del> excluding rice controlled under the concept of management of Fukushima prefecture.		
<del>2012/11/26~: Fukushima-shi (limiting to former Tatsugoyama-mura), Kawamata-machi (limiting to former Iizaka-mura)</del>		
2012/11/26~ <del>11/29</del> excluding rice controlled under the concept of management of Fukushima prefecture.		
<del>2012/11/28~: Iwaki-shi (limiting to former Yamada-mura)</del>		
2012/11/28~ <del>12/4</del> excluding rice controlled under the concept of management of Fukushima prefecture.		
Rice (produced in 2013)	<del>2013/3/19~: Areas preparing for resumption of rice firming and areas where all rice farming and shipment are managed by local governments</del> (excluding rice controlled under the management policy of Fukushima prefecture)	





Cherry salmon (excluding farmed fish)	2011/6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting to upper reaches from the junction with Sukawa River), Abukuma River (including its branches).
	2011/6/17~: Mano River (including its branches)
	2012/3/29~: Niida River (including its branches) and Ota River (including its branches)
	2012/4/5~ Sukawa River (limiting to its branches)
	2015/9/30 2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches).
Japanese dace	2012/6/7~ 2013/7/30 Kuji river in Fukushima prefecture (including its branches)
	2011/6/17~: Mano River (including its branches)
	2011/6/27~: Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches)
	2012/3/29~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting to upper reaches from the junction with Sukawa River).
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)
Japanese eel	2012/4/24~ Inawashiro lake and rivers flowing into the lake (including its branches but excluding Sukawa river and its branches and Nagase river (limiting to upper reaches from junction with Sukawa river) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant (including its branches)
	2017/4/27
	2012/5/31~: Abukuma river (limiting to upper reaches from Shinobu dam and including its branches)
Ayu sweetfish (excluding farmed fish)	2012/5/25~ 2014/10/24: Tadami river limiting to upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam)
	2012/8/2~: Abukuma River in Fukushima prefecture (including its branches)
Whitespotted char (excluding farmed fish)	2011/6/27~: Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)
	2012/4/5~: Abukuma River (including its branches)
	2012/4/12~ Sukawa River (limiting to its branches)
	2015/9/30:
	2012/4/24~: Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Nagase River (limiting to upper reaches from the junction with Sukawa River).
	2012/5/31~ Tateiwa river (including its branches)
	2012/4/24~ 2014/8/25: Tadami river (limiting to between Honna dam and Uwada dam, but including its branches)
2012/4/24~ 2014/12/11: Tadami river (limiting to lower reaches from Uwada dam, but including its branches)	
Common carp (excluding farmed fish)	2012/4/24~ 2015/1/14: Nippashi river (limiting to lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches and excluding upper reaches from Higashiyama dam)
	2012/4/27~: Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting to lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting to upper reaches from junction with Sukawa river)
Any crucian carp (excluding farmed fish)	2014/9/16~: Abukuma river in Fukushima prefecture (including its branches)
	2012/5/10~2014/9/16: Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches)
Fishery product	2012/4/27~: Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting to lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting to upper reaches from junction with Sukawa river) and Mano river (including its branches)
	2012/5/10~: Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches)
	2012/6/22~ Fukushima offshore
	2016/8/24:
	2012/6/22~ Fukushima offshore
	2017/4/27:
	2012/6/22~ Fukushima offshore
	2017/1/17
	2012/6/22~ Fukushima offshore
	2017/6/21
	2012/6/22~ Fukushima offshore
	2016/8/24:
	2012/6/22~ Fukushima offshore
	2018/4/24
	2012/6/22~ Fukushima offshore
2017/1/17:	
2012/6/22~ Fukushima offshore	
2015/6/30:	



Ocellate spot skate	2012/6/22~ 2016/8/24:	Fukushima offshore
Cherry salmon (Sakuramasu)	<b>2012/6/22~:</b>	<b>Fukushima offshore</b>
Poacher	2012/6/22~ 2016/7/15:	Fukushima offshore
Rockfish (Sebastes cheni)	2012/6/22~	Fukushima offshore
Japanese seabass	2018/4/24:	
Nibe croaker	2012/6/22~ 2014/4/2:	Fukushima offshore
Starry flounder	<b>2012/6/22~:</b>	<b>Fukushima offshore</b>
Slime flounder	2012/6/22~ 2016/11/14:	Fukushima offshore
Panther puffer	2012/6/22~ 2015/12/3:	Fukushima offshore
Olive flounder	2012/6/22~ 2016/6/9:	Fukushima offshore
Gurnard	2012/6/22~ 2014/7/9:	Fukushima offshore
Spotted halibut	2012/6/22~ 2016/7/15:	Fukushima offshore
Conger eel	2012/6/22~ 2016/6/9:	Fukushima offshore
Marbled flounder	2012/6/22~ 2016/8/24:	Fukushima offshore
Flathead	2012/6/22~ 2016/7/15:	Fukushima offshore
Pacific cod	2012/6/22~ 2015/2/24:	Fukushima offshore
Shotted halibut	2012/6/22~ 2015/2/24:	Fukushima offshore
Brassblotched rockfish	<b>2012/6/22~:</b>	<b>Fukushima offshore</b>
Ridged-eye flounder	2012/6/22~ 2015/4/2:	Fukushima offshore
Venus clam	<b>2012/6/22~:</b>	<b>Fukushima offshore</b>
Northern sea urchin	2012/6/22~ 2014/7/9:	Fukushima offshore
Flathead flounder	2012/6/22~ 2013/10/9:	Fukushima offshore
Alaska Pollock	2012/6/22~ 2013/12/17:	Fukushima offshore
Littlemouth flounder	2012/6/22~ 2014/4/16:	Fukushima offshore
Long shanny	2012/7/12~	Fukushima offshore
Barfin flounder	2016/7/15:	
Starspotted smooth-hound	2012/7/26~ 2015/2/18:	Fukushima offshore
Vermiculated puffer	2012/8/23~ 2014/10/15:	Fukushima offshore
Halfbeak	2013/2/14~ 2014/7/9:	Fukushima offshore
Scorpion fish	<b>2013/8/8~:</b>	<b>Fukushima offshore</b>
Hilgendorf saucord	2014/3/25~ 2014/5/28:	Fukushima offshore
Beef	<b>2011/7/19~:</b>	<b>Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)</b>
Boar meat	<b>2011/11/9~:</b>	<b>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</b>
	<b>2011/11/25~:</b>	<b>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</b>
	<b>2011/12/2~:</b>	<b>Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</b>
Spot-billed duck meat	<b>2013/1/30~:</b>	<b>Whole area</b>

Meat·Egg	Green pheasant meat	<i>2013/1/30~: Whole area</i>
	Bear meat	<i>2011/12/2~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
		<i>2012/7/27~: Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura</i>
	Hare meat	<i>2013/1/30~: Whole area</i>
Copper pheasant meat	<i>2012/11/13~: Whole area</i>	

\* Instructions still imposed are expressed in *Italic type*.















The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of consumption in Fukushima Prefecture)

As of 24 April 2018

Fukushima Prefecture		Restriction of consumption
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>
		<i>2011/3/23~5/4</i> Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		<i>2011/3/23~5/11</i> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		<i>2011/3/23~5/25</i> Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		<i>2011/3/23~6/1</i> Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		<i>2011/3/23~6/23</i> Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		<i>2011/3/23~11/4</i> Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	<i>2011/3/23~2013/3/29</i> Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	Head type leafy vegetables, e.g. Cabbage	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>
		<i>2011/3/23~4/27</i> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		<i>2011/3/23~5/4</i> Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		<i>2011/3/23~5/11</i> Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		<i>2011/3/23~5/25</i> Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		<i>2011/3/23~10/28</i> Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		<i>2011/3/23~2013/3/29</i> Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Flowerhead brassicas, e.g. Broccoli, Cauliflower	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>	
	<i>2011/3/23~4/27</i> Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	
	<i>2011/3/23~5/4</i> Iwaki-shi	
	<i>2011/3/23~5/11</i> Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi	
	<i>2011/3/23~5/18</i> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	
	<i>2011/3/23~6/15</i> Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
	<i>2011/3/23~10/28</i> Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
<i>2011/3/23~2013/3/29</i> Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
Log-grown shiitake (grown outdoor)	<i>2011/4/13~</i> <i>Iitate-mura</i>	
Wild mushroom	<i>2011/9/6~</i> <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>	
	<i>2011/9/15~</i> <i>Iwaki-shi, Tanagura-machi</i>	
	<i>2011/9/20~</i> <i>Minamisoma-shi</i>	
Fishery product	Japanese sand lance (juvenile)	<i>2011/4/20~2012/6/22</i> Whole area
	Cherry salmon (excluding farmed fish)	<i>2012/3/29~</i> <i>Niida river (including its branches)</i>
Meat	Boar meat	<i>2011/11/9~</i> <i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>
		<i>2011/11/25~</i> <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>

\* Instructions still imposed are expressed in Italic type.