

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of distribution in Fukushima Prefecture)

As of 15 October 2014

Fukushima Prefecture		Restriction of distribution
Raw milk		2011/3/21~: (excluding areas listed on the cells below) 2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi 2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding Miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi
		2011/3/21~4/21 Soma-shi, Shinchi-machi 2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area) 2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Nishiaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~: (excluding areas listed on the cells below) 2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura 2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Non-head type leafy Vegetables, e.g. Spinach, Komatsuna	Spinach, Kakina	2011/3/21~: (excluding areas listed on the cells below) 2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura 2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	All the other	2011/3/21~: (excluding areas listed on the cells below) 2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura 2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Head type leafy vegetables, e.g. Cabbage		2011/3/21~: (excluding areas listed on the cells below) 2011/3/21~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/21~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/21~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~: (excluding areas listed on the cells below) 2011/3/21~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura 2011/3/21~5/4 Iwaki-shi 2011/3/21~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi 2011/3/21~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/21~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura 2011/3/21~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Flowerhead brassicas, e.g. Broccoli, Cauliflower		2011/3/21~: (excluding areas listed on the cells below) 2011/3/21~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura 2011/3/21~5/4 Iwaki-shi 2011/3/21~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi 2011/3/21~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/21~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura 2011/3/21~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~: (excluding areas listed on the cells below) 2011/3/21~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/21~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/21~6/23 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Turnip		2011/3/21~: (excluding areas listed on the cells below) 2011/3/21~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/21~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/21~6/23 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~: (excluding areas listed on the cells below) 2011/3/21~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/21~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/21~6/23 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Log-grown shiitake (grown outdoor)		2011/4/13~: Date-shi, Itate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/4/18~: Fukushima-shi 2011/4/18~4/25 Iwaki-shi 2011/4/25~: Motomiya-shi 2011/4/13~5/16 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/4/13~5/23 Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/10/18~: Nihonmatsu-shi 2011/7/19~: Date-shi 2011/7/19~: excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture. 2014/7/11~: 2011/7/22~: Shinchi-machi 2014/7/11~: 2011/7/19~9/7 Motomiya-shi 2011/11/14~: Kawamata-machi
Log-grown shiitake (indoor cultivation)		2011/10/31~: Soma-shi, Iwaki-shi
Log-grown pholiota nameko (outdoor cultivation)		2011/9/8~: Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi) 2011/9/15~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Kawauchi-mura, Katsurao-mura, Itate-mura 2011/10/18~: Kitakata-shi 2012/8/15~: Showa-mura 2012/10/11~: Bandai-machi 2012/10/18~: Aizubange-machi, Kitashiobara-mura 2013/9/26~: Shimogo-machi 2013/10/1~: Aizuwakamatsu-shi 2013/10/3~: Tadami-machi 2013/11/12~: Aizumisato-machi 2014/8/25~: Nishiaizu-machi 2014/9/22~: Mishima-machi 2014/10/2~: Yanaizu-machi
Wild mushroom		2011/5/9~: Date-shi, Soma-shi, Miharu-machi 2011/5/13~: Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura 2011/5/9~5/30 Hirata-mura 2011/5/9~6/8 Iwaki-shi 2011/5/9~6/21 Tenei-mura 2011/5/13~6/21 Kunimi-machi 2012/4/9~: Iwaki-shi 2012/4/16~: Fukushima-shi, Shinchi-machi 2012/4/23~: Hirono-machi 2012/5/2~: Nihonmatsu-shi, Otama-mura 2012/5/7~: Sukagawa-shi 2012/6/25~: Koriyama-shi 2013/5/14~: Kawauchi-mura 2013/5/16~: Shirakawa-shi, Naraha-machi 2013/5/28~: Katsurao-mura 2013/6/10~: Tamura-shi 2014/5/14~: Tenei-mura
		2012/4/16~: Date-shi, Kawamata-machi 2014/5/14~: Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura 2014/5/19~: Kawauchi-mura
Vegetable		2011/5/9~: Fukushima-shi, Kori-machi 2012/5/1~: Soma-shi, Date-shi, Kunimi-machi, Miharu-machi 2012/5/2~: Kawamata-machi 2012/5/7~: Tamura-shi, Furudono-machi 2012/5/10~: Nihonmatsu-shi, Otama-mura 2013/4/30~: Koriyama-shi 2013/5/14~: Naraha-machi, Katsurao-mura
	Bamboo shoot	2011/5/9~: Fukushima-shi, Kori-machi 2012/5/1~: Soma-shi, Date-shi, Kunimi-machi, Miharu-machi 2012/5/2~: Kawamata-machi 2012/5/7~: Tamura-shi, Furudono-machi 2012/5/10~: Nihonmatsu-shi, Otama-mura 2013/4/30~: Koriyama-shi 2013/5/14~: Naraha-machi, Katsurao-mura
Hatakewasabi		2012/4/16~: Date-shi, Kawamata-machi
Wild Aralia cordata		2014/5/14~: Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura 2014/5/19~: Kawauchi-mura
Ostrich fern		2011/5/9~: Fukushima-shi, Kori-machi 2012/5/1~: Soma-shi, Date-shi, Kunimi-machi, Miharu-machi 2012/5/2~: Kawamata-machi 2012/5/7~: Tamura-shi, Furudono-machi 2012/5/10~: Nihonmatsu-shi, Otama-mura 2013/4/30~: Koriyama-shi 2013/5/14~: Naraha-machi, Katsurao-mura

Wild ostrich fern	2014/4/24~: Aizumisato-machi
Koshiabura	2012/5/2~: Fukushima-shi, Nihonmatsu-shi
	2012/5/7~: Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanakura-machi, Hanawa-machi
	2012/5/10~: Date-shi, Kunimi-machi, Yamatsuri-machi, Banda-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samegawa-mura
	2012/5/14~: Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura
	2012/5/17~: Kori-machi, Inawashiro-machi
	2013/5/7~: Yanaizu-machi, Kitashiobara-mura
	2013/5/14~: Katsurao-mura
	2013/5/16~: Soma-shi, Minamisoma-shi, Furudono-machi, Minamiaizu-machi, Shinchi-machi, Izumizaki-mura
	2013/5/20~: Mishima-machi, Kawauchi-mura
	2013/5/22~: Asakawa-machi, Hirano-machi
	2013/5/28~: Motomiya-shi, Tamura-shi, Ono-machi, Yabuki-machi, Aizubange-machi, Tamakawa-mura, Hirata-mura, Nakajima-mura
	2013/5/29~: Miharu-machi
	2013/6/3~: Aizuwakamatsu-shi, Kagamiishi-machi
	2013/6/5~: Kanayama-machi
2013/6/10~: Showa-mura	
Japanese royal fern	2012/5/2~: Iwaki-shi, Nihonmatsu-shi
	2012/5/10~: Soma-shi
	2012/5/24~: Kawamata-machi
	2013/5/1~: Minamisoma-shi
	2013/5/14~: Naraha-machi, Katsurao-mura
	2013/5/18~: Sukagawa-shi
Wild Japanese royal fern	2014/5/14~: Hirano-machi, Otama-mura
	2013/6/10~: Sukagawa-shi, Kunimi-machi
Wild Uwabamisu	2012/5/1~: Iwaki-shi, Soma-shi, Date-shi, Kori-machi
Wild Aralia sprout	2012/5/2~: Fukushima-shi
	2012/5/7~: Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi
	2012/5/10~: Otama-mura, Nishigo-mura
	2012/5/14~: Kawamata-machi
	2013/4/25~: Minamisoma-shi
	2013/5/14~: Hirano-machi, Samegawa-mura, Katsurao-mura
	2013/5/18~: Nihonmatsu-shi, Furudono-machi, Izumizaki-mura
	2013/5/20~: Kawauchi-mura
	2013/6/28~: Motomiya-shi, Sukagawa-shi
	2013/6/3~: Kagamiishi-machi
Wild Giant butterbur	2013/6/19~: Kori-machi, Naraha-machi
	2014/6/16~: Tenei-mura
Wild Japanese butterbur scape	2012/4/9~: Fukushima-shi, Kawamata-machi, Tamura-shi, Soma-shi, Hirano-machi
	2012/4/16~: Date-shi, Kori-machi and Kunimi-machi
	2014/4/1~: Naraha-machi and Katsurao-mura
Pteridium aquilinum	2012/5/10~: Iwaki-shi, Date-shi
	2012/5/17~: Fukushima-shi, Kitakata-shi, Kawamata-machi
	2013/4/25~: Minamisoma-shi
	2013/6/11~: Samegawa-mura
	2014/4/30~: Naraha-machi
	2014/5/14~: Katsurao-mura
Wild Pteridium aquilinum	2013/6/24~: Nihonmatsu-shi
	2014/5/14~: Hirano-machi
Japanese apricot (Ume)	2011/6/2~: Fukushima-shi, Date-shi, Kori-machi
	2013/10/21~: Minamisoma-shi
	2011/6/6~: Soma-shi
	2012/6/6~: Kunimi-machi
Yuzu	2011/8/29~: Fukushima-shi, Minamisoma-shi
	2011/10/14~: Date-shi, Kori-machi
	2012/1/10~: Iwaki-shi
Chestnut	2011/9/20~: Date-shi, Minamisoma-shi
	2012/9/26~: Nihonmatsu-shi
	2012/10/12~: Iwaki-shi
Kiwi fruit	2011/12/9~: Soma-shi, Minamisoma-shi
	2011/12/9~: Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone)
	2013/12/25~: Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)
Cereal	2013/1/4~: Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)
	2013/1/4~: excluding Azuki bean controlled under the concept of management of Fukushima prefecture.
	2014/3/13~: Minamisoma-shi (limiting to former Ishigami-mura)
	2012/11/15~: excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/11/7~: Sukagawa-shi (limiting to former Naganuma-machi)
	2012/12/25~: excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2014/3/13~: Koriyama-shi (limiting to former Takano-mura)
	2013/1/4~: Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura) and Otama-mura (limiting to former Tamanoi-mura)
	2013/1/4~: Kori-machi (limiting to former Danzaki-mura)
	2014/10/7~: excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/2/18~: Fukushima-shi (limiting to former Tatsugoyama-mura)
	2013/2/18~: 7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/3/5~: Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura)
	2013/3/5~: 7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture.
2013/3/25~: Fukushima-shi (limiting to former Niwatsuka-mura)	
2013/3/25~: 7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture.	
2013/1/4~: Date-shi (limiting to former Tomino-mura and Sekimoto-mura)	
2014/10/7~: Fukushima-shi (limiting to former Noda-mura and Hirano-mura)	
2013/1/4~: 7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture.	
2013/1/4~: Motomiya-shi (limiting to former Wagisawa-mura (Shirasawa-mura))	
2013/1/4~: 11/7 excluding Soybean controlled under the concept of management of Fukushima prefecture.	
2013/12/18~: Minamisoma-shi (limiting to former Ota-mura)	
Rice (produced in 2011)	2011/11/17~: Fukushima-shi (limiting to former Oguni-mura area)
	2011/11/29~: Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area)
	2011/12/5~: Fukushima-shi (limiting to former Fukushima-shi area)
	2011/12/8~: Nihonmatsu-shi (limiting to former Shibukawa-mura area)
	2011/12/9~: Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area)
	2011/12/19~: Date-shi (limiting to former Kakeda-machi area)
2012/1/4~: Date-shi (limiting to former Sekimoto-mura area)	
Rice (produced in 2012)	2012/4/5~: Areas subjected to restriction of distribution in advance
	2012/4/5~: 7/26 excluding rice controlled under the concept of management of Fukushima prefecture.
	2012/10/25~: Sukagawa-shi (limiting to former Nishifukuro-mura)
	2012/10/25~: 10/29 excluding rice controlled under the concept of management of Fukushima prefecture.
	2012/11/5~: Otama-mura (limiting to former Tamanoi-mura)
	2012/11/5~: 11/6 excluding rice controlled under the concept of management of Fukushima prefecture.
	2012/11/5~: Koriyama-shi (limiting to former Fukuyama-machi)
	2012/11/5~: 11/8 excluding rice controlled under the concept of management of Fukushima prefecture.
	2012/11/7~: Fukushima-shi (limiting to former Mizuhara-mura)
	2012/11/7~: 11/12 excluding rice controlled under the concept of management of Fukushima prefecture.
	2012/11/15~: Miharu-machi (limiting to former Sawaishi-mura)
	2012/11/15~: 11/19 excluding rice controlled under the concept of management of Fukushima prefecture.
	2012/11/26~: Fukushima-shi (limiting to former Tatsugoyama-mura), Kawamata-machi (limiting to former Izaka-mura)
	2012/11/26~: 11/29 excluding rice controlled under the concept of management of Fukushima prefecture.
2012/11/28~: Iwaki-shi (limiting to former Yamada-mura)	
2012/11/28~: 12/4 excluding rice controlled under the concept of management of Fukushima prefecture.	
Rice (produced in 2013)	2013/3/19~: Areas preparing for resumption of rice firming and areas where all rice farming and shipment are managed by local governments (excluding rice controlled under the management policy of Fukushima prefecture)

		<p><i>Minamisoma-shi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012), Kawamata-machi (limiting areas except "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting areas except "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)</i></p>		
	Rice (produced in 2013)	2014/3/20~		
Fishery product	Japanese sandlance (juvenile)	2011/4/20~ 2012/6/22	whole area	
	Cherry salmon (excluding farmed fish)	2011/6/6~	Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River), Abukuma River (including its branches)	
		2011/6/17~	Mano River (including its branches)	
		2012/3/29~	Niida River (including its branches) and Ota River (including its branches)	
		2012/4/5~	Sukawa River (limiting its branches)	
	Japanese dace	2012/4/24~	Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)	
		2012/6/7~	Kuji river in Fukushima prefecture (including its branches)	
		2013/7/30		
		2011/6/17~	Mano River (including its branches)	
	Japanese eel	2011/6/27~	Abukuma River (limiting lower reaches from Shinobu Dam but including its branches)	
		2012/3/29~	Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River)	
		2012/4/24~	Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)	
		2012/5/25~	Tadami river limiting upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam)	
	Ayu sweetfish (excluding farmed fish)	2012/5/31~	Abukuma river (limiting upper reaches from Shinobu dam and including its branches)	
	Whitespotted char (excluding farmed fish)	2012/8/2~	Abukuma River in Fukushima prefecture (including its branches)	
		2011/6/27~	Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)	
		2012/4/5~	Abukuma River (including its branches)	
		2012/4/12~	Sukawa River (limiting its branches)	
	Common carp (excluding farmed fish)	2012/4/24~	Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Tadami river (limiting lower reaches from Uwada dam, but including its branches), Nagase River (limiting upper reaches from the junction with Sukawa River), Nippashi river (limiting lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches and excluding upper reaches from Higashiyama dam)	
		2012/4/24~	Tadami river (limiting between Honna dam and Uwada dam, but including its branches)	
2014/8/25				
Any crucian carp (excluding farmed fish)	2012/5/31~	9/19 Tateiwa river (including its branches)		
	2012/4/27~	Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river)		
Fat greenling Red tongue sole Japanese sandlance (excluding juvenile) Stone flounder Goldeye rockfish Surfperch Brown hake Fox jacopever Black cow-tongue Black rockfish Japanese black porgy Sea raven Ocellate spot skate Cherry salmon (Sakuramasu) Poacher Rockfish (Sebastes cheni) Japanese seabass Nibe croaker Starry flounder Slime flounder Panther puffer Olive flounder	2012/5/10~	2014/9/16: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)		
	2012/6/22~	Fukushima offshore		
	Gurnard Spotted halibut Conger eel Marbled flounder Flathead Pacific cod Shotted halibut Brassblotched rockfish Ridged-eye flounder Venus clam	2012/6/22~	Fukushima offshore	
		2014/7/9		
		Northern sea urchin Flathead flounder Alaska Pollock Littlemouth flounder Long shanny Barfin flounder Starspotted smooth-hound Vermiculated puffer Halfbeak Scorpion fish Hilgendorf saucord	2012/6/22~	Fukushima offshore
			2014/7/9	
			2012/6/22~	Fukushima offshore
			2013/10/9	
			2012/6/22~	Fukushima offshore
			2013/12/17	
			2012/6/22~	Fukushima offshore
			2014/4/16	
	2012/7/12~		Fukushima offshore	
	2012/7/26~		Fukushima offshore	
	2012/8/23~	Fukushima offshore		
	2014/10/15			
	2013/2/14~	Fukushima offshore		
	2014/7/9			
	2013/8/8~	Fukushima offshore		
	2014/3/25~	Fukushima offshore		
2014/5/28				
Meat•Egg	Beef	2011/7/19~	Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)	
	Boar meat	2011/11/9~	Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura	
		2011/11/25~	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura	
	Spot-billed duck meat	2011/12/2~	Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
	Green pheasant meat	2013/1/30~	Whole area	
	Bear meat	2013/1/30~	Whole area	
		2011/12/2~	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
Hare meat	2012/7/27~	Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura		
Copper pheasant meat	2013/1/30~	Whole area		
		2012/11/13~	Whole area	

\* Instructions still imposed are expressed in *italic type*.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 15 October 2014

		Aomori prefecture	Iwate prefecture	Miyagi prefecture	Yamagata prefecture	Ibaraki prefecture	Tochigi prefecture	Gunma prefecture	Saitama prefecture	Chiba prefecture	Kanagawa prefecture	Niigata prefecture	Yamanashi prefecture	Nagano prefecture	Shizuoka prefecture	
Raw milk		-	-	-	-	2011/3/23~4/10 Whole area	-	-	-	-	-	-	-	-	-	
Non-head type leafy vegetables, e.g. Spinach, Komatsuna	Spinach	-	-	-	-	2011/3/21~4/17 (excluding areas listed on the cells below) 2013/2/21~3/1 Kitabaraki-shi, Takahagi-shi	2011/3/21~4/21 Nasuhobara-shi, Shioya-machi 2011/3/21~4/27 Whole area	2011/3/21~4/8 Whole area	-	2011/4/4~4/22 Asahi-shi, Katori-shi, Takomachi	-	-	-	-	-	
	Kakina	-	-	-	-	2011/3/21~4/17 Whole area	2011/3/21~4/14 Whole area	2011/3/21~4/8 Whole area	-	-	-	-	-	-	-	
	Garland chrysanthemum, Qing-geng-cai, Sandou asian lettuce	-	-	-	-	-	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-	-	
	Parsley	-	-	-	-	2011/3/23~4/17 Whole area	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-	-	
Celery	-	-	-	-	-	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-	-		
Wild mushrooms		2012/10/28~ Towada-shi, Hashikami-cho	2012/10/11~ Ishinoaki-shi, Rikuzentakata-shi, Hirakuni-cho 2012/10/18~ Kamaishi-shi 2012/10/18~ Oshu-shi	2012/10/18~ Kurhara-shi, Otsuki-shi	-	2012/4/9~ Ibako-shi, Tsukubamirai-shi, Omitama-shi	2012/8/2~ Nikko-shi, Moka-shi, Nasuhobara-shi, Maebashi-machi, Nakagawa-machi 2012/8/7~ Kanuma-shi 2012/8/9~ Yaita-shi	2012/9/25~ Numata-shi, Higashitagama-machi, Tsunagi-mura	2012/10/10~ Yokozumi-machi, Minano-machi	-	-	-	-	2012/9/20~ Karuzawa-machi, Miyota-machi 2012/10/1~ Kouni-machi, Minamimaki-mura	2012/11/8~ Gotemba-shi, Oyama-cho	
		2012/10/30~ Aomori-shi	2012/10/29~ Ofunato-shi, Kanagasaki-cho 2012/11/7~ Tono-shi	-	-	2012/4/13~ Ishino-shi, Ryugasaki-shi, Toyide-shi, Moriya-shi, Ibaraki-machi, Tona-machi	2012/8/15~ Nasu-machi 2012/8/28~ Ohtawara-shi 2012/10/10~ Shiroyama-machi 2012/10/12~ Nasukarasuyama-shi	2012/10/23~ Haginohara-machi	-	-	-	-	2012/10/28~ Fujiyoshida-shi, Fujinaguchiko-machi, Neruwa-mura	2012/10/11~ Sato-shi 2013/10/1~ Komoro-shi	2013/10/9~ Fujinomya-shi, Fuji-shi	
		2013/10/1~ Aizawa-machi	2013/10/9~ Sumita-cho	2014/9/24~ Sendai-shi	-	-	2012/4/19~ Hitaohira-shi, Hokota-shi, Tokamura	2012/8/13~ Yaita-shi	2012/11/13~ Minakami-machi	2012/10/29~ Tokigawa-machi	-	-	-	-	2013/10/21~ Sakaho-machi	2014/10/7~ Susono-shi
			2012/8/31~ Ishinoaki-shi, Oshu-shi	2012/5/1~2014/4/17 Marumori-machi (limiting to former Koya-mura)	-	2012/4/9~ Ibako-shi, Tsukubamirai-shi, Omitama-shi	2012/5/1~ Nasukarasuyama-shi, Nasu-machi	-	-	-	2012/4/5~2013/10/23 Ishihara-shi, Kisarazu-shi 2012/4/8~ Abiko-shi, Sakae-machi	-	-	-	-	-
Bamboo shoot	Bamboo shoot		2012/4/30~ Rikuzentakata-shi	2012/8/29~ Kurhara-shi	-	2012/4/19~ Hitaohira-shi, Hokota-shi, Tokamura	2012/5/7~ Nikko-shi, Otawara-shi	-	-	2012/4/11~ Kashiwa-shi, Shiho-shi, Yachyo-shi	-	-	-	-	-	
						2012/4/26~ Kitabaraki-shi, Otsuki-machi				2012/4/11~2013/10/23 Yachyo-shi						
										2012/4/12~2013/10/23 Funabashi-shi						
										2012/4/18~2013/10/23 Shibayama-machi						
Log-grown shiitake (outdoor cultivation)			2012/4/13~ Rikuzentakata-shi, Sumita-cho	2012/1/18~ Shiroishi-shi, Kakuda-shi 2012/3/9~ Marumori-machi	-	2011/10/14~ Tsuchiura-shi, Nanagata-shi, Hokota-shi, Omitama-shi	2012/2/15~ Nasuhobara-shi, Yaita-shi	-	-	2011/10/11~ Abiko-shi 2011/10/11 Kimitsu-shi	-	-	-	-	-	
			2012/4/13~ Rikuzentakata-shi, Sumita-cho	2012/2/15~ Zao-machi	-	2011/11/10~ Ibaraki-machi, Ami-machi	2012/4/10~ Haga-machi	-	-	2011/11/18~ Nagayama-shi	-	-	-	-	-	
			2012/4/20~ Ofunato-shi	2012/4/5~ Murata-machi	-		2012/4/10~ Utsunomiya-shi, Sakura-shi, Haga-machi, Shioya-machi, Takarazawa-machi, Nasu-machi	-	-	2011/10/11~2014/10/14 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture	-	-	-	-	-	
			2012/4/25~ Ishinoaki-shi, Kamatahi-shi, Oshu-shi, Hirakuni-cho, Otsuchi-cho	2012/4/11~ Kawanuma-shi, Minamitsuru-cho	-	2012/4/9~ Moriya-shi, Hitaohira-shi, Tsukubamirai-shi	2012/4/12~ Ashioka-shi, Kanuma-shi, Moka-shi, Nasukarasuyama-shi, Kamikawa-machi, Motegi-machi, Ishii-machi, Nakagawa-machi	-	-	2011/12/22~ Sakura-shi	-	-	-	-	-	
			2012/5/7~ Tama-shi, Kanagasaki-machi	2012/4/12~ Kurhara-shi	-		2012/4/11~ Otawara-shi, Nikko-shi, Maebashi-machi	-	-	2011/12/22~2014/10/14 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture	-	-	-	-	-	
			2012/5/7~ Hanamaki-shi, Kitakami-shi, Yamada-machi	2012/4/12~ Otsuki-shi	-		2012/4/10~ Haga-machi	-	-	2012/2/23~ Inai-shi	-	-	-	-	-	
			2012/5/11~2014/10/7 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture	2012/4/26~ Higashimutsu-machi	-	2012/4/9~ Moriya-shi, Hitaohira-shi, Tsukubamirai-shi	2012/4/12~ Ashioka-shi, Kanuma-shi, Moka-shi, Nasukarasuyama-shi, Kamikawa-machi, Motegi-machi, Ishii-machi, Nakagawa-machi	-	-	2012/4/10~ Shirai-shi	-	-	-	-	-	
			2012/4/25~2014/9/28 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture	2012/4/25~ Tama-shi	-	2011/11/10~ Ibaraki-machi, Ami-machi	2012/4/10~ Haga-machi	-	-	2012/4/18~ Chiba-shi, Yachyo-shi	-	-	-	-	-	
			2012/5/10~2013/4/8 Morioka-shi	2012/4/27~ Sendai-shi, Natori-shi, Kami-machi 2012/5/7~ Kawasaki-machi, Tama-cho, Tomiya-machi 2012/5/9~ Shikama-cho 2012/5/10~ Shiohachiku-machi 2012/5/18~ Ohira-mura	-	2012/4/19~ Hitaohira-shi, Hokota-shi	2012/4/13~ Tochigi-shi, Mibu-machi	-	-	2012/5/16~2014/3/19 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture	-	-	-	-	-	
										2012/11/14~ Futaba-shi	-	-	-	-	-	
Log-grown shiitake (indoor cultivation)						2011/10/14~ Tsuchiura-shi, Hokota-shi	2012/2/15~ Nasuhobara-shi 2012/2/15~2013/10/23 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture	-	-	2012/5/16~2014/3/19 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Chiba prefecture	-	-	-	-	-	
							2012/4/10~ Haga-machi	-	-	2012/11/14~ Futaba-shi	-	-	-	-	-	
							2012/4/10~ Haga-machi	-	-	2012/12/14~ Kimita-shi	-	-	-	-	-	
						2011/11/10~ Ibaraki-machi	2012/5/29~2014/8/28 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture	-	-	2012/12/14~2014/10/14 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Chiba prefecture	-	-	-	-	-	

Vegetable						2012/6/4~ Kanuma-shi ----- 2012/6/4~2014/4/17 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture ----- 2012/8/28~ Mibu-machi ----- 2012/11/29~ Nikko-shi												
Log-grown brick cap (outdoor)	-	2012/11/2~ Ihinoe-shi, Otsu-shi				2011/11/7~ Kanuma-shi, Yaita-shi ----- 2011/11/8~ Otsu-shi, Nasuhojohara-shi ----- 2011/11/14~ Ashikaga-shi, Sano-shi, Moto-shi, Sekura-shi, Nasukarasuyama-shi, Kaminokawa-machi, Mogi- machi, Ichikai-machi, Hagi- machi, Takanezawa-machi ----- 2012/11/5~ Utsunomiya-shi ----- 2012/11/8~ Shiroya-machi ----- 2012/11/8~ Mibu-machi												
Log-grown pholiota namako (outdoor)	-	2012/10/18~ Ofunato-shi, Kamakura-shi ----- 2012/10/23~ Rikuzentakata-shi ----- 2012/11/2~ Ihinoe-shi, Otsu-shi				2011/11/14~ Nasuhojohara-shi, Nikko-shi ----- 2012/10/4~ Yaita-shi ----- 2012/10/18~ Nasu-machi ----- 2012/10/25~ Sano-shi ----- 2012/11/2~ Kanuma-shi ----- 2012/11/8~ Mibu-machi ----- 2012/11/12~ Nakagawa-machi ----- 2012/11/18~ Nasukarasuyama-shi ----- 2012/12/11~ Otsu-shi												
Ostrich fern	-		2012/4/27~ Osaki-shi, Kurhara-shi ----- 2012/5/2~ Kani-machi ----- 2012/5/9~ Kasennuma-shi			2012/5/1~ Otsu-shi, Nasu-machi (limiting wild plant) ----- 2012/5/2~ Nasukarasuyama-shi (limiting wild plant)												
Koshiabura	-	2012/5/10~ Otsu-shi, Hanasaki-shi ----- 2012/5/14~ Morioka-shi ----- 2012/5/15 Kamakura-shi ----- 2012/5/18~ Sumita-cho ----- 2012/5/9~ Kobanashi-shi ----- 2012/5/18~ Tono-shi	2012/5/7~ Tome-shi, Kurhara-shi ----- 2012/5/9~ Osaki-shi, Minamitsuru-cho ----- 2012/5/11~ Kasennuma-shi, Shiohachiku-machi ----- 2012/5/7~ Tate-cho		2012/5/2~ Hitachi-shi, Hitachiomiya-shi (limiting wild plant) ----- 2012/5/2~ Utsunomiya-shi, Nasukarasuyama-shi (limiting wild plant) ----- 2012/5/7~ Kanuma-shi, Nikko-shi, Yaita-shi, Nasuhojohara-shi, Shiroya-machi (limiting wild plant) ----- 2012/5/15~ Sekura-shi (limiting wild plant) ----- 2012/5/10~ Hitachiomiya-shi (limiting wild plant) ----- 2012/4/25~ Nakagawa-machi (limiting wild plant) ----- 2014/4/25~ Takanezawa-machi (limiting wild plant) ----- 2014/4/30~ Ichikai-machi (limiting wild plant)											2014/5/21 Nagano-shi, Kuruzawa-machi ----- 2014/5/28 Nakano-shi, Nisawasonen- mura		
Japanese pepper (limiting wild plant)	-					2012/5/1~ Utsunomiya-shi, Nikko-shi ----- 2012/5/14~ Nasuhojohara-shi ----- 2012/5/18~ Otsu-shi												
Japanese celery (limiting wild plant)	-	2012/5/30~ Ihinoe-shi, Otsu-shi																
Japanese royal fern	-	2012/5/18~ Ihinoe-shi, Otsu-shi ----- 2012/5/18~ Sumita-cho	2012/5/11~ Kasennuma-shi, Marumori- machi ----- 2012/5/17~ Osaki-shi			2012/5/7~ Nikko-shi, Nasu-machi (limiting wild plant) ----- 2014/5/7~ Kanuma-shi (limiting wild plant)												
Aralia sprout (limiting wild plant)	-		2014/4/25~ Kasennuma-shi, Kurhara-shi, Osaki-shi			2012/4/27~ Otsu-shi, Yaita-shi ----- 2012/5/1~ Nasu-machi ----- 2012/5/2~ Ichikai-machi ----- 2012/4/18~ Utsunomiya-shi ----- 2012/4/18~ Shiroya-machi ----- 2014/4/18~ Nikko-shi ----- 2014/5/1~ Nasuhojohara-shi ----- 2014/5/15~ Sekura-shi												

	Pteridium aquilinum (limiting wild plant)	-	2012/5/16~ Oshu-shi, Fukuzentakata-shi	-	-	2012/5/17~ Otsawa-shi, Kanuma-shi	-	-	-	-	-	-	-	-	-
	Chestnut	-	2013/5/17~ Ishinoaki-shi	-	-	2013/4/16~ Utsunomiya-machi, Nikko-shi	-	-	-	-	-	-	-	-	-
			2013/5/4~ Hirakuni-cho			2013/5/28~ Yata-shi									
			2014/5/7~ Kamabishi-shi												
						2012/5/14~ Nasuukobara-shi, Nasu-machi									
						2012/5/19~ Ohtawara-shi									
Cereal	Soybean	-	2013/1/4~ Ishinoaki-shi (limiting to former Iwahizumi-mura)	2013/1/4~2014/5/19 Kurihara-shi (limiting to former Kaneda-mura)	-	-	-	-	-	-	-	-	-	-	-
	Rice (produced in 2013)	-	-	2013/3/19~ Kurihara-shi (limiting to former Sawabe-mura) (excluding rice controlled under the management policy of Miyagi prefecture)	-	-	-	-	-	-	-	-	-	-	-
Grain	Buckwheat	-	2012/11/13~2014/4/11 Morika-shi (limiting to former Shibutani-mura), Ichinoaki-shi (limiting to former Ohara-machi)	2012/11/16~2014/4/11 Kurihara-shi (limiting to former Kannari-mura)	-	-	-	-	-	-	-	-	-	-	-
			2012/11/30~2014/4/11 Oshu-shi (limiting to former Koromokawa-mura)	2012/12/14~ Oaki-shi (limiting to former Iohkuri-mura)	2012/12/14~2013/10/21 excluding buckwheat controlled under the concept of management of Miyagi prefecture.	-	-	-	-	-	-	-	-	-	-
	Stone flounder	-	-	-	-	2012/7/5 Ibaraki offshore	-	-	-	-	-	-	-	-	-
	Japanese black porgy	-	2012/11/8~ Miyagi offshore	2012/6/28~ Sendai bay	-	-	-	-	-	-	-	-	-	-	-
	Japanese seabass	-	2012/10/25~ Miyagi offshore	2012/4/12~ Sendai bay	-	2012/4/17~ Ibaraki offshore	-	-	-	-	-	-	-	-	-
	Rock fish (Sebastes cheni)	-	-	-	-	2012/4/13~ Ibaraki offshore	-	-	-	-	-	-	-	-	-
	Nbe croaker	-	-	-	-	2012/4/17~2014/5/14 Ibaraki offshore	-	-	-	-	-	-	-	-	-
	Olive flounder	-	2013/6/4~2013/8/30 Miyagi offshore	2012/5/30~2013/4/1 Sendai bay	-	2012/4/17~ Ibaraki offshore (limiting to northern area from latitude N36.38)	-	-	-	-	-	-	-	-	-
				2013/6/4~2013/8/30 Miyagi offshore		2012/4/17~2012/8/30 Ibaraki offshore (limiting to southern area from latitude N36.38)									
	Pacific cod	2012/8/27~2012/10/31 Pacific Ocean, Aomori offshore	2012/5/2~2013/1/17 Miyagi offshore	2012/5/2~2012/8/30 Miyagi offshore (limiting to fish whose weight is less than 1kg)	-	2012/11/9~ Ibaraki offshore	-	-	-	-	-	-	-	-	-
				2012/5/2~2013/1/17 Miyagi offshore (excluding fish whose weight is less than 1kg)											
	Panther puffer	-	-	2012/5/8~2014/2/18 Sendai bay	-	-	-	-	-	-	-	-	-	-	-
	Ocellate spot skate	-	-	-	-	2012/8/1~ Ibaraki offshore	-	-	-	-	-	-	-	-	-
	Ocellate spot skate	-	-	-	-	2012/4/17~ Kasumigaura lake, Kitora lake, Sotonasakura lake and rivers flowing into these lakes and Hitachitane river	-	-	-	-	-	-	-	-	-
	Silver crucian carp	-	-	-	-	2012/4/17~ Kasumigaura lake, Kitora lake, Sotonasakura lake and rivers flowing into these lakes and Hitachitane river (excluding farmed fish)	-	-	-	-	2012/7/18~ Taga pond, rivers flow into Taga pond and Taga river (including its branches)	-	-	-	-
	Common carp	-	-	-	-	-	-	-	-	-	2013/7/3~ Taga pond, rivers flow into Taga pond and Taga river (including its branches)	-	-	-	-
Fishery product	Ayu sweetfish (excluding farmed fish)	-	-	2013/8/27~ Abukuma river (including its branches but excluding upper reaches from Shiohishahuku dam)	-	-	-	-	-	-	-	-	-	-	-
				2013/6/27~2013/12/25 Shiroishi river (upper reaches from Shirahata dam) of the Abukuma river (including its branches)											
					2012/5/7~2014/1/13 Naka river (including its branches)										
						2012/5/7~ Kasumigaura lake, Kitora lake, Sotonasakura lake and rivers flowing into these lakes and Hitachitane river					2013/11/12~ Tone river in Chiba prefecture (limiting lower reaches from Sakai Ohashi but including its branches)				
											2013/11/12~ Tone river in Chiba prefecture (limiting lower reaches from Sakai Ohashi, but including its branches and excluding upper reaches from Inba drainage pump station and Inba floodgate; lower reaches from Ryosoyosui-Dalchi water pumping station, Yasuji river, Yodaura lake and Yodaura river)				

Cherry salmon (excluding farmed fish)	-	-	<p>2012/4/20~ Abukuma river (including its branches but excluding upper reaches from Shikigashuku dam)</p>	-	-	<p>2012/8/10~2013/1/23 Watarase river in area of Ashio-machi, Nikko-shi (including its branches and limiting lower reaches from junction with Koushin river)</p>	<p>2013/4/27~ Agatsuma river (including its branches, but limiting area from Iwashima bridge to TEPOO's Saku power plant/Agatsumayama water intake facility)</p>	-	-	-	-	-	-	-
Whitespotted char (excluding farmed fish)	-	<p>2012/5/3 Iwai river (including its branches), Setatsu river (including its branches)</p>	<p>2012/5/14~ Otsu river (limiting upper reaches from Otsu dam and including its branches) and Hatori river (limiting upper reaches from Akiyoshi waterfall and including its branches)</p> <p>2012/5/24~ Sakasaka river (limiting upper reaches from Kuribara dam (including its branches) and Matsukawa river (including its branches but excluding Nagakawa river and its branches and upper reaches from Sumitani No.4 dam)</p> <p>2012/5/28~ Ebi river (limiting upper reaches from Harako dam and including its branches), Nihonawa river (limiting upper reaches from Aritaoka dam and including its branches)</p> <p>2012/6/22~ Iohasama river (limiting upper reaches from Hanayama dam and including its branches) and Goleki river (limiting upper reaches from Kamefusa dam and including its branches)</p> <p>2012/12/8~ Hirosue river (including its branches)</p>	-	-	<p>2012/6/20~2013/12/17 Watarase river in Tochigi prefecture (limiting area within Ashio-machi, Nikko-shi and including its branches)</p>	<p>2012/8/8~ Agatsuma river (limiting area from Iwashima bridge to TEPOO's Saku power plant/Agatsumayama water intake facility but including its branches)</p>	-	-	-	-	-	-	-
Japanese dace	-	<p>2012/6/12~2014/7/31 Kesan river (including its branches)</p> <p>2012/5/11~2014/8/25 Okawa river (including its branches)</p>	<p>2012/4/20~ Abukuma river (including its branches but excluding upper reaches from Shikigashuku dam)</p> <p>2012/5/28~ Kitakami river in Miyagi prefecture (including its branches)</p>	-	-	<p>2012/5/7~2013/1/23 Muro river (including its branches) and Naka river (limiting in Tochigi prefecture and limiting to upper reaches from junction with Muro river (including its branches but excluding upper reaches from Shiobara dam and its branches))</p> <p>2012/5/7~9/28 Oashi river (including its branches but excluding Arai river and its branches)</p> <p>2012/5/30~9/28 Arai river (including its branches)</p>	-	-	-	-	-	-	-	-
Beef	-	<p>2011/8/1~ Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Iwata prefecture)</p>	<p>2011/7/28~ Whole area (2011/8/18~: Excluding cattle which are managed based on shipment and inspection policy set by Miyagi prefecture)</p>	-	-	-	<p>2011/8/2~ Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Tochigi prefecture)</p>	-	-	-	-	-	-	-
Meat	-	-	<p>2012/8/22~ Kakuda-shi, Murumori-machi, Yamamoto-cho</p> <p>2012/8/25~ Whole area (excluding areas above)</p>	-	-	<p>2011/12/2~ Whole area (2011/12/21~: Excluding boer meat which are managed based on shipment and inspection policy set by Ibaraki prefecture)</p>	<p>2011/12/2~ Whole area (2011/8/25~: Excluding boer meat which are managed based on shipment and inspection policy set by Tochigi prefecture)</p>	<p>2012/10/10~ Whole area</p>	-	-	<p>2012/11/5~ Whole area (2013/1/18~: Excluding boer meat which are managed based on shipment and inspection policy set by Chiba prefecture)</p>	-	-	-
Bear meat	-	<p>2012/8/10~ Whole area</p>	<p>2012/8/25~ Whole area</p>	<p>2012/9/10~ Whole area</p>	-	-	-	<p>2012/8/10~ Whole area</p>	-	-	-	<p>2012/11/5~ Whole area (excluding Sado-shi and Awashimura-mura)</p>	-	-
Deer meat	-	<p>2012/7/28~ Whole area</p>	-	-	-	-	<p>2011/12/2~ Whole area</p>	<p>2012/11/14~ Whole area</p>	-	-	-	-	-	-
Copper pheasant meat	-	<p>2012/10/22~ Whole area</p>	-	-	-	-	-	<p>2013/1/23~ Whole area</p>	-	-	-	-	-	-
Others	-	-	-	-	-	<p>2012/6/2~10/18 Koga-shi, Joso-shi, Bando-shi, Yachiyo-shi, Sakai-machi</p> <p>2011/6/2~2012/4/9 Daigo-machi</p> <p>2011/6/2~2012/5/23 Hitachiota-shi, Utsunomiya-shi, Utsunomiya-shi, Ishioka-shi, Naka-shi, Shirosato-machi</p> <p>2011/6/2~2012/6/5 Hokota-shi</p> <p>2011/6/2~2012/7/24 Mito-shi</p> <p>2011/6/2~2012/8/20 Tatebayashi-shi</p> <p>2011/6/2~2012/9/12 Hitachi-shi</p> <p>2011/6/2~2012/10/5 Ibaraki-machi</p> <p>2011/6/2~2012/10/11 Tsukuba-shi</p> <p>2011/6/2~2013/4/3 Utsunomiya-shi</p> <p>2011/6/2~2013/5/29 Tsuchiura-shi, Kitabaraki-shi, Sakuragawa-shi</p> <p>2011/6/2~2013/6/17 Omitama-shi</p> <p>2011/6/2~2013/11/1 Yuki-shi, Ryugasaki-shi, Shimotsuna-shi, Toride-shi, Hitachinaka-shi, Kashima-shi, Itako-shi, Moriya-shi, Chikusei-shi, Inashiki-shi, Kasumigaura-shi, Sakuragawa-shi, Kamisu-shi, Namegata-shi, Tsukubamirai-shi, Oarai-machi, Ami-machi, Kawachi-machi, Goka-machi, Tone-machi, Tokai-mura and Miho-mura.</p>	<p>2011/7/8~2012/6/1 Tochigi-shi</p> <p>2011/6/2~2013/3/26 Ota-wara-shi</p> <p>2011/6/2~2013/5/31 Kanuma-shi</p>	<p>2011/6/30~2012/5/28 Kiryu-shi</p> <p>2011/6/30~2013/6/7 Shibukawa-shi</p>	<p>2011/6/2~9/7 Oamishirasato-machi</p> <p>2011/7/4~2012/5/21 Katsuragi-shi</p> <p>2011/6/2~2012/5/25 Yachimata-shi</p> <p>2011/6/2~2012/5/28 Noda-shi, Tomisato-shi, Sannur-shi</p> <p>2011/6/2~2013/5/13 Narita-shi</p>	<p>2011/6/2~9/29 Minamishige-shi</p> <p>2011/6/23~9/12 Matsuda-machi, Yamakita-machi</p> <p>2011/6/2~10/14 Akawa-machi, Kiyokawa-mura</p> <p>2011/6/23~10/26 Sagamihara-shi</p> <p>2011/6/27~10/26 Nakai-machi</p> <p>2011/6/2~11/1 Odawara-shi</p> <p>2011/6/2~11/10 Manazuru-machi</p> <p>2011/6/2~2012/10/19 Yugawara-machi</p>	-	-	-	-

\* Instructions still imposed are expressed in *italics*.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of consumption in Fukushima Prefecture)

As of 15 October 2014

Fukushima Prefecture		Restriction of consumption
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	2011/3/23~ (excluding areas listed on the cells below) 2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	Head type leafy vegetables, e.g. Cabbage	2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ (excluding areas listed on the cells below) 2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23~ (excluding areas listed on the cells below) 2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	
	2011/3/23~5/4 Iwaki-shi	
	2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi	
	2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	
	2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
	2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	2011/4/13~ Iitate-mura	
	2011/9/6~ Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)	
	2011/9/15~ Iwaki-shi, Tanagura-machi	
Fishery product	Japanese sand lance (juvenile)	2011/4/20~2012/6/22 Whole area
	Cherry salmon (excluding farmed fish)	2012/3/29~ Niida river (including its branches)
Meat	Boar meat	2011/11/9~ Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura
		2011/11/25~ Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura

\* Instructions still imposed are expressed in *italic type*.