

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 10 March 2015

Fukushima Prefecture		Restriction of distribution										
Raw milk		2011/3/21~: (excluding areas listed on the cells below) 2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi 2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding Miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi 2011/3/21~4/21 Soma-shi, Shinchi-machi 2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area) 2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)										
	Spinach, Kakina		2011/3/21~: (excluding areas listed on the cells below) 2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura 2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/21~ Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2013/3/29 2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2015/2/18									
		Non-head type leafy Vegetables, e.g. Spinach, Komatsuna		2011/3/23~: (excluding areas listed on the cells below) 2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura 2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~ Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2013/3/29 2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2015/2/18								
			All the other		2011/3/23~: (excluding areas listed on the cells below) 2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2015/2/18							
				Head type leafy vegetables, e.g. Cabbage		2011/3/23~: (excluding areas listed on the cells below) 2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2015/2/18						
					Flowerhead brassicas, e.g. Broccoli, Cauliflower		2011/3/23~: (excluding areas listed on the cells below) 2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura 2011/3/23~5/4 Iwaki-shi 2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi 2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura 2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2015/2/18					
						Turnip		2011/3/23~: (excluding areas listed on the cells below) 2011/3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/23~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23~6/23 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~ Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2013/3/29 2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2015/2/18				
							Log-grown shiitake (grown outdoor)		2011/4/13~: Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/4/18~: Fukushima-shi 2011/4/13~4/25 Iwaki-shi 2011/4/25~: Motomiya-shi 2011/4/13~5/16 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/4/13~5/23 Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/10/18~: Nihonmatsu-shi			
								Log-grown shiitake (indoor cultivation)		2011/7/19~: Date-shi 2011/7/19~ excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture. 2014/7/11~ 2011/7/22~ Shinchi-machi 2014/7/11~ 2011/7/19~9/7 Motomiya-shi 2011/11/14~: Kawamata-machi		
									Log-grown pholiota nameko (outdoor cultivation)		2011/10/31~: Soma-shi, Iwaki-shi	
										Wild mushroom		2011/9/8~: Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi) 2011/9/15~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura 2011/10/18~: Kitakata-shi 2012/8/15~: Showa-mura 2012/10/11~: Bandai-machi 2012/10/18~: Aizubange-machi, Kitashiobara-mura 2013/9/26~: Shimogo-machi 2013/10/1~: Aizuwakamatsu-shi 2013/10/3~: Tadami-machi 2013/11/12~: Aizumisato-machi 2014/8/25~: Nishiaizu-machi 2014/9/22~: Mishima-machi 2014/10/2~: Yanaizu-machi
											Vegetable	
Bamboo shoot												
	Hatakewasabi											

Wild Aralia cordata	2014/5/14~: Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura 2014/5/19~: Kawauchi-mura
Ostrich fern	2011/5/9~: Fukushima-shi, Kori-machi 2012/5/1~: Soma-shi, Date-shi, Kunimi-machi, Miheru-machi 2012/5/2~: Kawamata-machi 2012/5/7~: Tamura-shi, Furudono-machi 2012/5/10~: Nihonmatsu-shi, Otama-mura 2013/4/30~: Koriyama-shi 2013/5/14~: Naraha-machi, Katsurao-mura
Wild ostrich fern	2014/4/24~: Aizumisato-machi
Koshiabura	2012/5/2~: Fukushima-shi, Nihonmatsu-shi 2012/5/7~: Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanagura-machi, Hanawa-machi 2012/5/10~: Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samegawa-mura 2012/5/14~: Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura 2012/5/17~: Kori-machi, Inawashiro-machi 2013/5/7~: Yanaizu-machi, Kitashiobara-mura 2013/5/14~: Katsurao-mura 2013/5/16~: Soma-shi, Minamisoma-shi, Furudono-machi, Minamiaizu-machi, Shinchi-machi, Izumizaki-mura 2013/5/20~: Mishima-machi, Kawauchi-mura 2013/5/22~: Asakawa-machi, Hirono-machi 2013/5/28~: Motomiya-shi, Tamura-shi, Ono-machi, Yabuki-machi, Aizubange-machi, Tamakawa-mura, Hirata-mura, Nakajima-mura 2013/5/29~: Miheru-machi 2013/6/3~: Aizuwakamatsu-shi, Kagamiishi-machi 2013/6/9~: Kanayama-machi 2013/6/10~: Showa-mura
Japanese royal fern	2012/5/2~: Iwaki-shi, Nihonmatsu-shi 2012/5/10~: Soma-shi 2012/5/24~: Kawamata-machi 2013/5/1~: Minamisoma-shi 2013/5/14~: Naraha-machi, Katsurao-mura 2013/5/18~: Sukagawa-shi 2013/5/20~: Kawauchi-mura 2013/6/10~: Koriyama-shi
Wild Japanese royal fern	2014/5/14~: Hirono-machi, Otama-mura
Wild Uwabamisu	2013/6/10~: Sukagawa-shi, Kunimi-machi
Wild Aralia sprout	2012/5/1~: Iwaki-shi, Soma-shi, Date-shi, Kori-machi 2012/5/2~: Fukushima-shi 2012/5/7~: Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi 2012/5/10~: Otama-mura, Nishigo-mura 2012/5/14~: Kawamata-machi 2013/4/25~: Minamisoma-shi 2013/5/14~: Hirono-machi, Samegawa-mura, Katsurao-mura 2013/5/16~: Nihonmatsu-shi, Furudono-machi, Izumizaki-mura 2013/5/20~: Kawauchi-mura 2013/5/28~: Motomiya-shi, Sukagawa-shi 2013/6/3~: Kagamiishi-machi 2013/6/10~: Tamura-shi 2014/5/14~: Inawashiro-machi
Wild Giant butterbur	2013/6/19~: Kori-machi, Naraha-machi 2014/6/16~: Tenei-mura
Wild Japanese butterbur scape	2012/4/9~: Fukushima-shi, Kawamata-machi, Tamura-shi, Soma-shi, Hirono-machi 2012/4/16~: Date-shi, Kori-machi and Kunimi-machi 2014/4/11~: Naraha-machi and Katsurao-mura 2015/2/25~: Minamisoma-shi
Pteridium aquilinum	2012/5/10~: Iwaki-shi, Date-shi 2012/5/17~: Fukushima-shi, Kitakata-shi, Kawamata-machi 2013/4/25~: Minamisoma-shi 2013/6/11~: Samegawa-mura 2014/4/30~: Naraha-machi 2014/5/14~: Katsurao-mura
Wild Pteridium aquilinum	2013/6/24~: Nihonmatsu-shi 2014/5/14~: Hirono-machi
Japanese apricot (Ume)	2011/6/2~ Fukushima-shi, Date-shi, Kori-machi 2013/10/21 2011/6/8~: Minamisoma-shi 2011/6/6~2012/7/11: Soma-shi 2012/6/6~ Kunimi-machi 2013/10/21
Yuzu	2011/9/29~: Fukushima-shi, Minamisoma-shi 2011/10/14~: Date-shi, Kori-machi 2012/1/10~ Iwaki-shi 2015/1/29
Chestnut	2011/9/20~: Date-shi, Minamisoma-shi 2012/9/26~: Nihonmatsu-shi 2012/10/12~ Iwaki-shi 2014/11/17
Kiwi fruit	2011/12/9~: Minamisoma-shi 2011/12/9~ Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone) 2013/12/25 2011/12/9~ Soma-shi 2014/11/17
Azuki bean	2013/1/4~: Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura) 2013/1/4~ excluding Azuki bean controlled under the concept of management of Fukushima prefecture. 2014/3/13
Soybean	2012/11/15~: Minamisoma-shi (limiting to former Ishigami-mura) 2012/11/15~ excluding Soybean controlled under the concept of management of Fukushima prefecture. 2013/11/7 2012/12/25~: Sukagawa-shi (limiting to former Naganuma-machi) 2012/12/25~ excluding Soybean controlled under the concept of management of Fukushima prefecture. 2014/3/13 2013/1/4~ Koriyama-shi (limiting to former Takano-mura) 2014/10/7 2013/1/4~: Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura) and Otama-mura (limiting to former Tama-no-mura) 2013/1/4~ Kori-machi (limiting to former Danzaki-mura) 2014/10/7 2013/1/4~8/9 excluding Soybean controlled under the concept of management of Fukushima prefecture. 2013/2/18~: Fukushima-shi (limiting to former Tatsugoyama-mura) 2013/2/18~7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture. 2013/3/5~: Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura) 2013/3/5~7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture. 2013/3/25~: Fukushima-shi (limiting to former Niwatsuka-mura) 2013/3/25~7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture. 2013/1/4~ Date-shi (limiting to former Tomino-mura and Sekimoto-mura) 2014/10/7 2013/1/4~: Fukushima-shi (limiting to former Noda-mura and Hirano-mura) 2013/1/4~7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture. 2013/1/4~: Motomiya-shi (limiting to former Wakisawa-mura (Shirasawa-mura)) 2013/1/4~11/7 excluding Soybean controlled under the concept of management of Fukushima prefecture. 2013/12/18~: Minamisoma-shi (limiting to former Ota-mura) (excluding Soybean controlled under the concept of management of Fukushima prefecture) 2014/12/17~: Motomiya-shi (limiting to former Shirolwa-mura) 2014/12/17~: Otama-mura (limiting to former Oyama-mura)
Rice (produced in 2011)	2011/11/17~: Fukushima-shi (limiting to former Oguni-mura area) 2011/11/29~: Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area) 2011/12/5~: Fukushima-shi (limiting to former Fukushima-shi area) 2011/12/8~: Nihonmatsu-shi (limiting to former Shibukawa-mura area) 2011/12/9~: Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area) 2011/12/19~: Date-shi (limiting to former Kakada-machi area) 2012/1/4~: Date-shi (limiting to former Sekimoto-mura area)

Grain		2012/4/5~: Areas subjected to restriction of distribution in advance 2012/4/5~7/26 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/10/25~10/29: Sukagawa-shi (limiting to former Nishifukuro-mura) excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/5~: Otama-mura (limiting to former Tamanoi-mura) excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/5~11/6: Koriyama-shi (limiting to former Fukuyama-machi) excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/5~11/8: Fukushima-shi (limiting to former Mizuhara-mura) excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/7~11/12: Miharu-machi (limiting to former Sawaishi-mura) excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/15~11/19: Fukushima-shi (limiting to former Tatsugoyama-mura), Kawamata-machi (limiting to former Iizaka-mura) excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/26~11/29: Iwaki-shi (limiting to former Yamada-mura) excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/28~12/4	
	Rice (produced in 2012)		
	Rice (produced in 2013)	2013/3/19~: Areas preparing for resumption of rice farming and areas where all rice farming and shipment are managed by local governments (excluding rice controlled under the management policy of Fukushima prefecture)	
	Rice (produced in 2014)	Minamisoma-shi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012), Kawamata-machi (limiting areas except "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting areas except "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)	
	Japanese sandlance (juvenile)	2011/4/20~ 2012/6/22 whole area	
	Cherry salmon (excluding farmed fish)	2011/6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River), Abukuma River (including its branches) 2011/6/17~: Mano River (including its branches) 2012/3/29~: Niida River (including its branches) and Ota River (including its branches) 2012/4/5~: Sukawa River (limiting its branches) 2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches) 2012/6/7~ 2013/7/30 Kuji river in Fukushima prefecture (including its branches)	
	Japanese dace	2011/6/17~: Mano River (including its branches) 2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches) 2012/3/29~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River), Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches) 2012/5/31~: Abukuma river (limiting upper reaches from Shinobu dam and including its branches) 2012/5/25~ 2014/10/24 Tadami river limiting upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam)	
	Japanese eel	2012/8/2~: Abukuma River in Fukushima prefecture (including its branches)	
	Ayu sweetfish (excluding farmed fish)	2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)	
	Whitespotted char (excluding farmed fish)	2012/4/5~: Abukuma River (including its branches) 2012/4/12~: Sukawa River (limiting its branches) 2012/4/24~: Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Nagase River (limiting upper reaches from the junction with Sukawa River), Tateiwa river (including its branches) 2012/5/31~9/19 2012/4/24~ 2014/8/25: Tadami river (limiting between Honna dam and Uwada dam, but including its branches) 2012/4/24~ 2014/12/11: Tadami river (limiting lower reaches from Uwada dam, but including its branches) 2012/4/24~ 2015/1/14: Nippashi river (limiting lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches and excluding upper reaches from Higashiyama dam)	
	Common carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river) 2014/9/16~: Abukuma river in Fukushima prefecture (including its branches) 2012/5/10~2014/9/16: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)	
	Any crucian carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river) and Mano river (including its branches) 2012/5/10~: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)	
	Fishery product	Fat greenling	
		Red tongue sole	
Japanese sandlance (excluding juvenile)			
Stone flounder			
Goldeye rockfish			
Surfperch			
Brown hake			
Fox jacopever			
Black cow-tongue			
Black rockfish			
Japanese black porgy		2012/6/22~: Fukushima offshore	
Sea raven			
Ocellate spot skate			
Cherry salmon (Sakuramasu)			
Poacher			
Rockfish (Sebastes cheni)			
Japanese seabass			
Nibe croaker			
Starry flounder			
Slime flounder			
Panther puffer			
Olive flounder			
Gurnard		2012/6/22~ 2014/7/9 Fukushima offshore	
Spotted halibut			
Conger eel		2012/6/22~: Fukushima offshore	
Marbled flounder			
Flathead			
Pacific cod		2012/6/22~ 2015/2/24 Fukushima offshore	
Shotted halibut		2012/6/22~ 2015/2/24 Fukushima offshore	
Brassblotched rockfish			
Ridged-eye flounder		2012/6/22~: Fukushima offshore	
Venus clam			
Northern sea urchin		2012/6/22~ 2014/7/9 Fukushima offshore	
Flathead flounder		2012/6/22~ 2013/10/9 Fukushima offshore	
Alaska Pollock		2012/6/22~ 2013/12/17 Fukushima offshore	
Littlemouth flounder		2012/6/22~ 2014/4/16 Fukushima offshore	
Long shanny			
Barfin flounder	2012/7/12~: Fukushima offshore		
Starspotted smooth-hound	2012/7/26~ 2015/2/18 Fukushima offshore		
Vermiculated puffer	2012/8/23~ 2014/10/15 Fukushima offshore		
Halfbeak	2013/2/14~ 2014/7/9 Fukushima offshore		
Scorpion fish	2013/8/8~: Fukushima offshore		
Hilgendorf saucard	2014/3/25~ 2014/5/28 Fukushima offshore		

Meat・Egg	Beef	<i>2011/7/19～: Whole area (2011/8/25～: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)</i>
	Boar meat	<i>2011/11/9～: Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>
		<i>2011/11/25～: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>
		<i>2011/12/2～: Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharuru-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
	Spot-billed duck meat	<i>2013/1/30～: Whole area</i>
	Green pheasant meat	<i>2013/1/30～: Whole area</i>
	Bear meat	<i>2011/12/2～: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharuru-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
		<i>2012/7/27～: Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura</i>
Hare meat	<i>2013/1/30～: Whole area</i>	
Copper pheasant meat	<i>2012/11/13～: Whole area</i>	

* Instructions still imposed are expressed in italic type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 10 March 2015

		Aomori prefecture	Iwate prefecture	Miyagi prefecture	Yamagata prefecture	Ibaraki prefecture	Tochigi prefecture	Gunma prefecture	Saitama prefecture	Chiba prefecture	Kanagawa prefecture	Niigata prefecture	Yamanashi prefecture	Nagano prefecture	Shizuoka prefecture	
Raw milk		-	-	-	-	2011/3/23~4/10 Whole area	-	-	-	-	-	-	-	-	-	
Non-head type leafy vegetables, e.g. Spinach, Komatsuna	Spinach	-	-	-	-	2011/3/21~4/17 (excluding areas listed on the cells below) 2011/3/21~8/1 Kitabaraki-shi, Takahagi-shi	2011/3/21~4/21 Nasuhiobara-shi, Shioya-machi 2011/3/21~4/27 Whole area	2011/3/21~4/8 Whole area	-	2011/4/4~4/22 Asahi-shi, Katori-shi, Takomachi	-	-	-	-	-	
	Kakina	-	-	-	-	2011/3/21~4/17 Whole area	2011/3/21~4/14 Whole area	2011/3/21~4/8 Whole area	-	-	-	-	-	-	-	-
	Garland chrysanthemum, Qing-geng-cal, Sanchu asian lettuce	-	-	-	-	-	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-	-	
	Parsley	-	-	-	-	2011/3/23~4/17 Whole area	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-	-	
Celery		-	-	-	-	-	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-	-	
Wild mushrooms		2012/10/28~ Towada-shi, Hashikami-cho	2012/10/11~ Ishinoaki-shi, Rikuzentakata-shi, Hiraiyama-cho 2012/10/18~ Kamishihashi-shi 2012/10/18~ Otsu-shi	-	-	2012/10/18~ Kurihara-shi, Otsuki-shi	2012/9/2~ Nikko-shi, Maki-shi, Nasuhiobara-shi, Maeshiko-machi, Nakagawa-machi 2012/9/7~ Kanuma-shi 2012/9/9~ Yaita-shi	2012/9/25~ Numata-shi, Higashitagatsuma-machi, Taumagori-mura 2012/10/10~ Takayama-mura 2012/10/16~ Annaka-shi	2012/10/18~ Yokozumi-machi, Minano-machi	-	-	-	2012/9/20~ Karuzawa-machi, Myotomachi 2012/10/1~ Koumi-machi, Minamimaki-mura	2012/11/8~ Gotemba-shi, Oyama-cho	-	
		2012/10/30~ Aomori-shi	2012/10/29~ Ofunato-shi, Kanagasaki-cho 2012/11/7~ Tono-shi	-	-	2012/8/15~ Nasu-machi 2012/8/28~ Ohtawara-shi 2012/10/10~ Shioyama-machi	2012/10/23~ Naganohara-machi 2012/10/10~ Annaka-shi	2012/10/29~ Tokigawa-machi	-	-	-	2012/10/28~ Fujioyohide-shi, Fujikawaguchiko-machi, Neruwa-mura	2012/10/11~ Saku-shi 2013/10/1~ Komoro-shi	2013/10/3~ Fujinomiya-shi, Fuji-shi	-	
		2013/10/1~ Aizawa-machi	2013/10/9~ Sumita-cho	2014/9/24~ Sendai-shi	-	-	2012/10/12~ Nasukarasuyama-shi	2012/11/13~ Minakami-machi	2012/11/5~ Hetoyama-machi	-	-	-	-	2013/10/21~ Sakuno-machi	2014/10/7~ Susono-shi	-
							2012/4/7~ Motagi-machi									
Bamboo shoot		Bamboo shoot	2012/5/1~ Shiroishi-shi, Marumori-machi 2012/5/31~ Ishinoaki-shi, Otsu-shi	2012/5/1~ Shiroishi-shi, Marumori-machi 2012/5/1~2014/4/17 Marumori-machi (limiting to former Koya-mura)	2012/4/9~ Itako-shi, Tsukubamirai-shi, Onitama-shi 2012/4/13~ Ishinoaki-shi, Ryugasaki-shi, Toride-shi, Moriya-shi, Ibaraki-machi, Tono-machi 2012/4/19~ Hitaohinata-shi, Hokota-shi, Tokai-mura 2012/4/26~ Kitabaraki-shi, Otsu-machi	2012/5/1~ Nasukarasuyama-shi, Nasu-machi 2012/5/7~ Nikko-shi, Otawara-shi	-	-	-	2012/4/5~2013/10/23 Ichihara-shi, Kasarazu-shi 2012/4/9~ Abiko-shi, Sakae-machi 2012/4/11~2013/10/23 Yachiyo-shi 2012/4/12~2013/10/23 Funabashi-shi 2012/4/18~2013/10/23 Shibayama-machi 2012/4/11~2015/1/22 Kashiwa-shi, Shiroi-shi	-	-	-	-	-	-
Log-grown shitake (outdoor cultivation)			2012/1/18~ Shiroishi-shi, Kakuda-shi 2012/2/9~ Marumori-machi	2011/10/14~ Tsuchiura-shi, Namegata-shi, Hokota-shi, Onitama-shi	2012/2/15~ Nasuhiobara-shi, Yaita-shi	2011/10/11~ Abiko-shi 2011/10/11 Kimitsu-shi 2011/10/11~2014/10/14 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture 2011/11/18~ Nagayama-shi 2011/12/22~ Sakura-shi 2011/12/22~2014/10/14 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture	2012/4/10~ Utsunomiya-shi, Sakura-shi, Haga-machi, Shioya-machi, Takazawa-machi, Nasu-machi 2012/4/10~ Haga-machi 2012/4/10~2014/7/9 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture 2012/4/11~ Maeshiko-machi 2012/4/11~ Otsu-machi, Nikko-shi 2012/4/9~ Moriya-shi, Hitaohinata-shi, Tsukubamirai-shi 2012/4/12~ Ashikaga-shi, Kanuma-shi, Maeta-shi, Nasukarasuyama-shi, Kamohokawa-machi, Ichikawa-machi 2012/4/12~ Motagi-machi, Nakagawa-machi 2012/4/12~2015/2/20 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture	2011/10/11~ Abiko-shi 2011/10/11 Kimitsu-shi 2011/10/11~2014/10/14 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture 2011/11/18~ Nagayama-shi 2011/12/22~ Sakura-shi 2011/12/22~2014/10/14 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture	2012/2/23~ Inzai-shi 2012/4/10~ Shirai-shi 2012/4/18~ Chiba-shi, Yachyo-shi 2012/5/18~ Senmu-shi 2012/5/16~2014/3/19 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture 2012/11/14~ Futaba-shi	-	-	-	-	-		
			2012/4/13~ Rikuzentakata-shi, Sumita-cho	2012/3/15~ Zao-machi	2011/11/10~ Ibaraki-machi, Ami-machi	2012/4/10~ Haga-machi										
		2012/4/20~ Ofunato-shi	2012/4/5~ Murata-machi	2012/4/11~ Kawanuma-shi, Minamiasahi-cho	2012/4/9~ Moriya-shi, Hitaohinata-shi, Tsukubamirai-shi	2012/4/12~ Ashikaga-shi, Kanuma-shi, Maeta-shi, Nasukarasuyama-shi, Kamohokawa-machi, Ichikawa-machi										
		2012/4/28~ Ishinoaki-shi, Kamishihashi-shi, Otsu-shi, Hiraiyama-cho, Otsu-cho	2012/4/11~ Kawanuma-shi, Minamiasahi-cho	2012/4/28~ Ishinoaki-shi, Kamishihashi-shi, Otsu-shi, Hiraiyama-cho, Otsu-cho	2012/4/12~ Kurihara-shi	2012/4/12~ Ashikaga-shi, Kanuma-shi, Maeta-shi, Nasukarasuyama-shi, Kamohokawa-machi, Ichikawa-machi										
		2012/5/7~ Tono-shi, Kanagasaki-machi	2012/4/19~ Ishinomaki-shi	2012/4/12~ Kurihara-shi	2012/5/7~ Tono-shi, Kanagasaki-machi	2012/4/12~ Ashikaga-shi, Kanuma-shi, Maeta-shi, Nasukarasuyama-shi, Kamohokawa-machi, Ichikawa-machi										
		2012/5/7~ Hanamaki-shi, Kitakami-shi, Yamada-machi	2012/4/20~ Otsuki-shi	2012/4/20~ Otsuki-shi	2012/5/7~ Hanamaki-shi, Kitakami-shi, Yamada-machi	2012/4/12~ Ashikaga-shi, Kanuma-shi, Maeta-shi, Nasukarasuyama-shi, Kamohokawa-machi, Ichikawa-machi										
		2012/5/7~2014/10/7 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture	2012/4/25~ Higashimatsushima-shi 2012/4/28~ Tama-shi	2012/4/25~ Higashimatsushima-shi 2012/4/28~ Tama-shi	2012/4/25~ Higashimatsushima-shi 2012/4/28~ Tama-shi	2012/4/12~ Ashikaga-shi, Kanuma-shi, Maeta-shi, Nasukarasuyama-shi, Kamohokawa-machi, Ichikawa-machi										
		2012/4/25~2014/8/26 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture	2012/4/27~ Natori-shi, Kami-machi 2012/4/27~ Sendai-shi	2012/4/27~ Natori-shi, Kami-machi 2012/4/27~ Sendai-shi	2012/4/27~ Natori-shi, Kami-machi 2012/4/27~ Sendai-shi	2012/4/12~ Ashikaga-shi, Kanuma-shi, Maeta-shi, Nasukarasuyama-shi, Kamohokawa-machi, Ichikawa-machi										
		2012/4/27~2015/2/18 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture	2012/5/7~ Kawasaki-machi, Tomiya-machi 2012/5/7~ Tama-cho	2012/5/7~ Kawasaki-machi, Tomiya-machi 2012/5/7~ Tama-cho	2012/5/7~ Kawasaki-machi, Tomiya-machi 2012/5/7~ Tama-cho	2012/4/12~ Ashikaga-shi, Kanuma-shi, Maeta-shi, Nasukarasuyama-shi, Kamohokawa-machi, Ichikawa-machi										
		2012/5/10~2013/4/8 Morioka-shi	2012/5/10~2013/4/8 Morioka-shi	2012/5/10~2013/4/8 Morioka-shi	2012/5/10~2013/4/8 Morioka-shi	2012/4/12~ Ashikaga-shi, Kanuma-shi, Maeta-shi, Nasukarasuyama-shi, Kamohokawa-machi, Ichikawa-machi										

			2012/5/10~ Shiohshaku-machi					2012/11/14~2014/10/14 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture							
			2012/5/18~ Ohira-mura												
Vegetable	Log-grown shitake (indoor cultivation)				2011/10/14~ Tsuohkura-shi, Hokota-shi	2012/2/15~ Nasuohbara-shi 2012/2/16~2014/10/24 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture 2012/2/15~ Yata-shi 2012/2/15~2013/10/23 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture 2012/4/10~ Haga-machi 2012/4/10~2014/8/28 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture 2012/4/10~ Nasu-machi 2012/4/12~ Otagawa-shi 2012/4/12~2015/2/20 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture 2012/5/28~ Sakura-shi 2012/5/28~2014/8/28 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture 2012/6/4~ Kanuma-shi 2012/6/4~2014/4/17 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture 2012/6/28~ Mibu-machi 2012/11/28~ Nikko-shi 2012/11/28~2014/10/24 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture					2012/5/16~ Sannu-shi 2012/5/16~2014/3/19 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Chiba prefecture 2012/11/14~ Futtai-shi 2012/12/14~2014/11/20 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Chiba prefecture 2012/12/14~ Kimita-shi 2012/12/14~2014/10/14 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Chiba prefecture				
	Log-grown brick cap (outdoor)		2012/11/2~ Ihinoaki-shi, Oshu-shi			2011/11/7~ Kanuma-shi, Yata-shi 2011/11/8~ Otagawa-shi, Nasuohbara-shi 2011/11/14~ Ashikaga-shi, Seno-shi, Moka-shi, Sakura-shi, Nasukarasuyama-shi, Nanokawa-machi, Magi- machi, Ichikawa-machi, Haga- machi, Takanezawa-machi 2012/11/5~ Utsunomiya-shi 2012/11/8~ Shiyo-machi 2012/11/9~ Mibu-machi									
	Log-grown pholiota nameko (outdoor)		2012/10/18~ Ofunato-shi, Kametaki-shi 2012/10/23~ Rikuzentakata-shi 2012/11/2~ Ihinoaki-shi, Oshu-shi			2011/11/14~ Nasuohbara-shi, Nikko-shi 2012/10/4~ Yata-shi 2012/10/16~ Nasu-machi 2012/10/25~ Seno-shi 2012/11/2~ Kanuma-shi 2012/11/8~ Mibu-machi 2012/11/12~ Nakagawa-machi 2012/11/18~ Nasukarasuyama-shi 2012/12/11~ Otagawa-shi									
	Ostrich fern		2012/4/27~ Oaki-shi, Kurihara-shi 2012/5/2~ Kani-machi 2012/5/9~ Kasenuma-shi			2012/5/1~ Otagawa-shi, Nasu-machi (limiting wild plant) 2012/5/2~ Nasukarasuyama-shi (limiting wild plant)									
	Koshiabura		2012/5/10~ Oshu-shi, Hananaki-shi 2012/5/14~ Morioka-shi 2012/5/15 Kametaki-shi 2012/5/19~ Sumita-cho 2012/5/9~ Kitakami-shi	2012/5/7~ Tama-shi, Kurihara-shi 2012/5/9~ Oaki-shi, Minamianrku- cho 2012/5/11~ Kasenuma-shi, Shiohshaku-machi 2012/5/7~ Tama-cho	2012/5/2~ Hitaohi-shi, Hitaohiomiya-shi (limiting wild plant) 2012/5/2~ Utsunomiya-shi, Nasukarasuyama-shi (limiting wild plant) 2012/5/7~ Kanuma-shi, Nikko-shi, Yata-shi, Nasuohbara-shi, Shiyo-machi (limiting wild plant) 2012/5/15~ Sakura-shi (limiting wild plant) 2012/5/10~ Hitaohiomiya-shi (limiting wild plant) 2012/4/25~ Nakagawa-machi (limiting wild plant)							2014/5/21 Nagano-shi, Karuzawa- machi 2014/5/28 Matsunashi-mura			

		2013/5/18~ Tono-shi			2014/4/25~ Takaesawa-machi (limiting wild plant)															2012/7/18~ MURA
					2014/4/30~ Iohkai-machi (limiting wild plant)															
Japanese pepper (limiting wild plant)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Japanese celery (limiting wild plant)	-	2012/5/30~ Ishioke-shi, Oshu-shi	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Japanese royal fern	-	2012/5/18~ Ishioke-shi, Oshu-shi	2012/5/11~ Kasenuma-shi, Marumori-machi	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
					2014/5/7~ Kanuma-shi (limiting wild plant)															
Aralia sprout (limiting wild plant)	-	-	2014/4/25~ Kasenuma-shi, Kurikura-shi, Oseki-shi	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
					2012/4/27~ Otawara-shi, Yaita-shi															
					2012/5/1~ Nasu-machi															
					2012/5/2~ Iohkai-machi															
					2013/4/18~ Utsunomiya-shi															
					2013/4/18~ Shiroya-machi															
					2014/4/18~ Nikko-shi															
					2014/5/1~ NasuHobara-shi															
					2014/5/15~ Sakura-shi															
Pteridium aquilinum (limiting wild plant)	-	2012/5/18~ Oshu-shi, Hirasakata-shi			2012/5/17~ Otsu-shi															
					2013/5/17~ Ishioke-shi															
					2013/5/4~ Hiraizumi-cho															
					2014/5/7~ Kamishihashi-shi															
Chestnut	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
					2012/5/17~ Otawara-shi, Kanuma-shi															
					2013/4/18~ Utsunomiya-machi, Nikko-shi															
					2013/5/28~ Yaita-shi															
Cereal					2012/8/14~ NasuHobara-shi, Nasu-machi															
Soybean	-	2013/1/4~ Ishioke-shi (limiting to former Iwahime-mura)	2013/1/4~2014/5/18 Kurikura-shi (limiting to former Kaneda-mura)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
					2013/1/4~2013/2/4 excluding soybean controlled under the concept of management of Iwate prefecture.															
Grain																				
Rice (produced in 2013)	-	-	2013/3/18~ Kurikura-shi (limiting to former Sawabe-mura) excluding rice controlled under the management policy of Miyagi prefecture	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Buckwheat	-	2012/11/13~2014/4/11 Morikawa-shi (limiting to former Shibutani-mura), Ichinoke-shi (limiting to former Ohara-machi)	2012/11/16~2014/4/11 Kurikura-shi (limiting to former Kannari-mura)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
					2012/12/14~ Oseki-shi (limiting to former Iohkai-mura)															
					2012/12/14~2013/10/21 excluding buckwheat controlled under the concept of management of Miyagi prefecture.															
Stone flounder	-	-	-	-	2012/7/3 Ibaraki offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Japanese black porgy	-	2012/11/8~ Miyagi offshore	2012/8/28~ Sendai bay	2012/11/8~ Miyagi offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Japanese seabass	-	2012/10/25~ Miyagi offshore	2012/4/12~ Sendai bay	2012/10/25~ Miyagi offshore	2012/4/17~ Ibaraki offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Rock fish (Sebastes cheni)	-	-	-	-	2012/4/13~ Ibaraki offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Nibe croaker	-	-	-	-	2012/4/17~2014/5/14 Ibaraki offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Olive flounder	-	2013/8/4~2013/8/8/30 Miyagi offshore	2012/5/30~2013/4/1 Sendai bay	2013/8/4~2013/8/8/30 Miyagi offshore	2012/4/17~2015/2/5 Ibaraki offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Pacific cod	2012/8/27~2012/10/31 Pacific Ocean, Aomori offshore	2012/5/2~2013/1/17 Miyagi offshore	2012/5/2~2012/8/30 Miyagi offshore (limiting to fish whose weight is less than 1kg)	2012/5/2~2013/1/17 Miyagi offshore (excluding fish whose weight is less than 1kg)	2012/11/9~2014/11/20 Ibaraki offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Parther puffer	-	-	2012/5/8~2014/2/18 Sendai bay	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ocellate spot skate	-	-	-	-	2012/8/1~ Ibaraki offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Ocellate spot skate	-	-	-	-	2012/4/17~ Kasumigaura lake, Kitaura lake, Sotomasakura lake and rivers flowing into these lakes and Hitachitane river	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Silver crucian carp	-	-	-	-	2012/4/17~ Kasumigaura lake, Kitaura lake, Sotomasakura lake and rivers flowing into these lakes and Hitachitane river (excluding farmed fish)	-	-	-	-	-	-	-	-	-	-	2012/7/18~ Tage pond, rivers flow into Tage pond and Tage river (including its branches)	-	-	-	-

	Common carp	-	-	-	-	-	-	-	-	2013/7/3~ Toga pond, rivers flow into Toga pond and Toga river (including its branches)	-	-	-	-
	Japanese eel	-	-	-	-	2012/5/7~2014/1/13 Naka river (including its branches)	-	-	-	2013/11/12~ Tone river in Chiba prefecture (limiting lower reaches from Sakai Ohashi, but including its branches and excluding upper reaches from Inba drainage pump station and Inba floodgate; lower reaches from Ryosyosui-Daiichi water pumping station; Yasuji river; Yodaura lake and Yodaura river)	-	-	-	-
Fishery product	Ayu sweetfish (excluding farmed fish)	-	-	2013/8/27~ Abukuma river (including its branches but excluding upper reaches from Shohgashuku dam)	-	-	-	-	-	-	-	-	-	-
		-	-	2013/8/27~2013/12/25 Shirahata river (upper reaches from Shirahata dam) of the Abukuma river (including its branches)	-	-	-	-	-	-	-	-	-	-
	Cherry salmon (excluding farmed fish)	-	-	2012/4/20~ Abukuma river (including its branches but excluding upper reaches from Shohgashuku dam)	-	-	2012/8/10~2013/1/23 Watarase river in area of Ashio-machi, Nikko-shi (including its branches and limiting lower reaches from junction with Koushin river)	2012/4/27~ Agatsuma river (including its branches, but limiting area from Iwashima bridge to TEPOO's Saku power plant Agatsumariver water intake facility)	-	-	-	-	-	-
		-	-	-	-	2012/9/10~2013/3/26 Nagano river (including its branches)	2012/4/27~2012/11/9 Usune river (including its branches)	2012/4/27~2013/4/25 Konaka river (including its branches) and Momonoki river (including its branches)	-	-	-	-	-	-
	Whitespotted char (excluding farmed fish)	-	2012/5/8 Iwai river (including its branches), Setetsu river (including its branches)	2012/5/14~ Okura river (limiting upper reaches from Okura dam and including its branches) and Hatori river (limiting upper reaches from Akiutaki waterfall and including its branches)	-	-	2012/6/20~2013/12/17 Watarase river in Tochigi prefecture (limiting area within Ashio-machi, Nikko-shi and including its branches)	2012/9/9~ Agatsuma river (limiting area from Iwashima bridge to TEPOO's Saku power plant Agatsuma river water intake facility but including its branches)	-	-	-	-	-	-
		-	2012/8/22~ Ishihama river (limiting upper reaches from Hanayama dam and including its branches) and Golehi river (limiting upper reaches from Kametane dam and including its branches)	2012/5/24~ Sarabasa river (limiting upper reaches from Kurikoma dam (including its branches) and Matsukawa river (including its branches but excluding Nigorikawa river and its branches and upper reaches from Sumikawa No.4 dam)	-	-	2012/6/8~ Watarase river in Tochigi prefecture (limiting area within Ashio-machi, Nikko-shi and including its branches)	2012/6/8~2012/11/9 2014/3/12~ Usune river (including its branches)	-	-	-	-	-	-
		-	2012/12/8~ Hirose river (including its branches)	2012/8/28~ Eai river (limiting upper reaches from Haruko dam and including its branches), Nihesama river (limiting upper reaches from Aratozawa dam and including its branches)	-	-	2012/6/8~2012/11/9 Karasu river (limiting upper reaches from Kawada bridge and including its branches)	-	-	-	-	-	-	-
	Japanese dace	-	2012/5/11~2015/3/10 Kitakami river (limiting lower reaches from Shijuhida dam and including its branches but excluding upper reaches from Ishibane dam, Ishibuchi dam, Irihata dam, Goshu dam, Setoyama dam, Tase dam, Tsunatori dam, Toyosawa dam and Hayachino dam)	2012/4/20~ Abukuma river (including its branches but excluding upper reaches from Shohgashuku dam)	-	-	2012/5/7~2013/1/23 Muro river (including its branches) and Naka river (limiting in Tochigi prefecture and limiting to upper reaches from junction with Muro river (including its branches but excluding upper reaches from Shiobara dam and its branches)	-	-	-	-	-	-	-
		-	2012/6/12~2014/7/31 Kesan river (including its branches)	2012/5/28~ Kitakami river in Miyagi prefecture (including its branches)	-	-	2012/5/7~9/28 Oashi river (including its branches but excluding Arai river and its branches)	-	-	-	-	-	-	-
		-	2012/5/11~2014/8/25 Okawa river (including its branches)	2012/5/18~2014/8/25 Okawa river (including its branches)	-	-	2012/5/30~9/28 Arai river (including its branches)	-	-	-	-	-	-	-
Meat	Beef	-	2011/8/1~ Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Iwate prefecture)	2011/7/28~ Whole area (2011/8/18~: Excluding cattle which are managed based on shipment and inspection policy set by Miyagi prefecture)	-	-	2011/8/2~ Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Tochigi prefecture)	-	-	-	-	-	-	-
	Boar meat	-	-	2012/6/22~ Kakuda-shi, Marumori-machi, Yamamoto-cho	2011/12/2~ Whole area (2011/12/21~: Excluding boar meat which are managed based on shipment and inspection policy set by Ibaraki prefecture)	-	2011/12/2~ Whole area (2011/12/5~: Excluding boar meat which are managed based on shipment and inspection policy set by Tochigi prefecture)	2012/10/10~ Whole area	-	-	-	-	-	-
	Bear meat	-	2012/8/10~ Whole area	2012/8/25~ Whole area (excluding areas above)	2012/8/10~ Whole area	-	-	2012/8/10~ Whole area	-	-	-	2012/11/5~ Whole area (excluding Sado-shi and Awashima-mura)	-	-
	Deer meat	-	2012/7/28~ Whole area	-	-	-	2011/12/2~ Whole area	2012/11/14~ Whole area	-	-	-	-	-	-
	Copper pheasant meat	-	2012/10/22~ Whole area	-	-	-	2013/1/23~ Whole area	-	-	-	-	-	-	-

Others	Tea leaf	-	-	-	-	2012/6/2~10/18 Koga-shi, Joso-shi, Bando-shi, Yachiyo-shi, Sakai-machi	2011/7/8~2012/6/1 Tochigi-shi	2011/6/30~2012/5/28 Kiryu-shi	-	2011/6/2~8/29 Minamishigara-shi	-	-	-	-	
						2011/6/2~2012/4/9 Daigo-machi				2011/6/2~9/7 Ooamihirasato-machi					2011/6/23~9/12 Matsuda-machi, Yamakita- machi
						2011/6/2~2012/5/23 Hitachiota-shi, Utsunomiya-shi				2011/7/4~2012/5/21 Katsura-shi					2011/6/2~10/14 Akawa-machi, Kyokawa- mura
						2011/6/2~2012/5/30 Ishioke-shi, Naka-shi, Shirosato-machi				2011/6/2~2012/5/25 Yachimata-shi					2011/6/23~10/26 Sagamihara-shi
						2011/6/2~2012/6/5 Hokota-shi				2011/6/2~2012/9/12 Naka-machi					2011/6/27~10/26 Naka-machi
						2011/6/2~2012/7/24 Mito-shi				2011/6/2~2012/5/28 Noda-shi, Tomisato-shi, Sammu-shi					2011/6/2~11/1 Odawara-shi
						2011/6/2~2012/8/20 Takahagi-shi				2011/6/2~11/10 Manazuru-machi					
						2011/6/2~2012/9/12 Hitachi-shi									
						2011/6/2~2012/10/5 Baraki-machi									
						2011/6/2~2012/10/11 Tsukuba-shi									
2011/6/2~2012/10/17 Utsukuri-shi															
2011/6/2~2013/5/29 Tsuchiura-shi, Kitabaraki- shi, Kasuga-shi															
2011/6/2~2013/6/17 Omitama-shi															
2011/6/2~2013/11/1 Yuki-shi, Ryugasaki-shi, Shimotsuma-shi, Torde- shi, Hitachinaka-shi, Kashima-shi, Itako-shi, Moriya-shi, Chikusei-shi, Inashiki-shi, Kasumigaura- shi, Sakuragawa-shi, Kamisu-shi, Namegata-shi, Tsukubamirai-shi, Oarai- machi, Ami-machi, Kawachi-machi, Goka- machi, Tone-machi, Tokai- mura and Mho-mura.	2011/6/2~2013/5/31 Kanuma-shi	2011/6/30~2013/6/7 Shibukawa-shi	2011/6/2~2013/5/13 Narita-shi	2011/6/2~2012/10/19 Yugawara-machi											

* Instructions still imposed are expressed in **italio type**.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 10 March 2015

Fukushima Prefecture		Restriction of consumption
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>
		2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
	2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	Head type leafy vegetables, e.g. Cabbage	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>
		2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)		
2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
Flowerhead brassicas, e.g. Broccoli, Cauliflower	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>	
	2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	
	2011/3/23~5/4 Iwaki-shi	
	2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi	
	2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	
	2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
Log-grown shiitake (grown outdoor)	2011/4/13~ Iitate-mura	
Wild mushroom	2011/9/6~ <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>	
	2011/9/15~ Iwaki-shi, Tanagura-machi	
	2011/9/20~ Minamisoma-shi	
Fishery product	Japanese sand lance (juvenile)	2011/4/20~2012/6/22 Whole area
	Cherry salmon (excluding farmed fish)	2012/3/29~ Niida river (including its branches)
Meat	Boar meat	2011/11/9~ Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura
		2011/11/25~ Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura

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