

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 9 May 2013

Fukushima Prefecture		Restriction of distribution
Raw milk	2011/3/21~: (excluding areas listed on the cells below)	
	2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi	
	2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding Miyakoji area), Miharū-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi	
	2011/3/21~4/21 Soma-shi, Shinchi-machi	
	2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku, excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)	
Non-head type leafy Vegetables, e.g. Spinach, Komatsuna	Spinach, Kakina	2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~: (excluding areas listed on the cells below)
		2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanevama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
All the other	2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharū-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura	
	2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura	
	2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	2011/3/21~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	2011/3/23~: (excluding areas listed on the cells below)	
Head type leafy vegetables, e.g. Cabbage	All the other	2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanevama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharū-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
Flowerhead brassicas, e.g. Broccoli, Cauliflower	All the other	2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~: (excluding areas listed on the cells below)
		2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
		2011/3/23~5/4 Iwaki-shi
Turnip	All the other	2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharū-machi, Ono-machi
		2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaizu-machi, Mishima-machi, Kanevama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura
		2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Turnip	All the other	2011/3/23~: (excluding areas listed on the cells below)
		2011/3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharū-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~6/23 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		

Vegetable	Log-grown shiitake (grown outdoor)	2011/4/13~ : Date-shi, litate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/4/18~ : Fukushima-shi 2011/4/13~4/25 : Iwaki-shi 2011/4/25~ : Motomiya-shi 2011/4/13~5/16 : Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/4/13~5/23 : Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/10/18~ : Nihonmatsu-shi
	Log-grown shiitake (hothouse cultivation)	2011/7/19~ : Date-shi 2011/7/22~ : Shinchi-machi 2011/7/19~9/7 : Motomiya-shi 2011/11/14~ : Kawamata-machi
	Log-grown pholiota nameko	2011/10/31~ : Soma-shi, Iwaki-shi
	Wild mushroom	2011/9/6~ : Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi) 2011/9/15~ : Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishiko-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Kawauchi-mura, Katsurao-mura, litate-mura 2011/10/16~ : Kitakata-shi 2012/8/15~ : Showa-mura 2012/10/11~ : Bandai-machi 2012/10/18~ : Aizubange-machi, Kitashiobara-mura
	Bamboo shoot	2011/5/9~ : Date-shi, Soma-shi, Miharu-machi 2011/5/12~ : Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishiko-mura 2011/5/9~9/30 : Hirata-mura 2011/5/9~6/8 : Iwaki-shi 2011/5/9~6/21 : Tenei-mura 2011/5/13~6/21 : Kunimi-machi 2012/4/9~ : Iwaki-shi 2012/4/16~ : Fukushima-shi, Shinchi-machi 2012/4/23~ : Hirono-machi 2012/5/2~ : Nihonmatsu-shi, Otama-mura 2012/5/7~ : Sukagawa-shi 2012/6/25~ : Koriyama-shi
	Hatakewasabi	2012/4/16~ : Date-shi, Kawamata-machi
	Ostrich fern	2011/5/9~ : Fukushima-shi, Kori-machi 2012/5/1~ : Soma-shi, Date-shi, Kunimi-machi, Miharu-machi 2012/5/2~ : Kawamata-machi 2012/9/7~ : Tamura-shi, Furudono-machi 2012/5/10~ : Nihonmatsu-shi, Otama-mura 2013/4/30~ : Koriyama-shi
	Wild Aralia sprout	2012/5/1~ : Iwaki-shi, Soma-shi, Date-shi, Kori-machi 2012/5/2~ : Fukushima-shi 2012/5/7~ : Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi 2012/5/10~ : Otama-mura, Nishiko-mura 2012/5/14~ : Kawamata-machi 2013/4/25~ : Minamisoma-shi
	Wild Japanese butterbur scape	2012/4/9~ : Fukushima-shi, Kawamata-machi, Tamura-shi, Soma-shi and Hirono-machi 2012/4/16~ : Date-shi, Kori-machi and Kunimi-machi
	Koshiabura	2012/5/2~ : Fukushima-shi, Nihonmatsu-shi 2012/5/7~ : Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanagura-machi, Hanawa-machi 2012/5/10~ : Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Shimogo-machi, Otama-mura, Nishiko-mura, Samekawa-mura 2012/5/14~ : Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura 2012/5/17~ : Kori-machi, Inawashiro-machi 2013/5/7~ : Yanaizu-machi, Kitashiobara-mura
	Japanese royal fern	2012/5/2~ : Iwaki-shi, Nihonmatsu-shi 2012/5/10~ : Soma-shi 2012/5/24~ : Kawamata-machi
	Pteridium aquilinum	2012/5/10~ : Iwaki-shi, Date-shi 2012/5/17~ : Fukushima-shi, Kitakata-shi, Kawamata-machi 2013/4/25~ : Minamisoma-shi
	Ume	2011/6/2~ : Fukushima-shi, Date-shi, Kori-machi 2011/6/6~ : Minamisoma-shi 2011/6/6~2012/7/12 : Soma-shi 2012/6/6~ : Kunimi-machi
	Yuzu	2011/8/29~ : Fukushima-shi, Minamisoma-shi 2011/10/14~ : Date-shi, Kori-machi 2012/1/10~ : Iwaki-shi
	Chestnut	2011/9/20~ : Date-shi, Minamisoma-shi 2012/9/26~ : Nihonmatsu-shi 2012/10/12~ : Iwaki-shi
	Kiwi fruit	2011/12/9~ : Soma-shi, Minamisoma-shi

Cereal	Azuki bean	2013/1/4~: Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)
	Soybean	2012/11/15~: Minamisoma-shi (limiting to former Ishigami-mura)
		2012/12/25~: Sukagawa-shi (limiting to former Naganuma-machi)
		2013/1/4~: Fukushima-shi (limiting to former Noda-mura and Hirano-mura), Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura), Date-shi (limiting to former Tomino-mura and Sekimoto-mura), Motomiya-shi (limiting to former Wagisawa-mura (Shirasawa-mura)), Koriyama-shi (limiting to former Takano-mura), Kori-machi (limiting to former Danzaki-mura) and Otama-mura (limiting to former Tamanoi-mura)
Grain	Rice (produced in 2011)	2013/2/18~: Fukushima-shi (limiting to former Tatsugoyama-mura)
		2013/3/5~: Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura)
		2013/3/25~: Fukushima-shi (limiting to former Niwatsuka-mura)
		2011/11/17~: Fukushima-shi (limiting to former Oguni-mura area)
		2011/11/29~: Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area)
		2011/12/5~: Fukushima-shi (limiting to former Fukushima-shi area)
	Rice (produced in 2012)	2011/12/8~: Nihonmatsu-shi (limiting to former Shibukawa-mura area)
		2011/12/9~: Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area)
		2011/12/19~: Date-shi (limiting to former Kakeda-machi area)
		2012/1/4~: Date-shi (limiting to former Sekimoto-mura area)
		2012/4/5~: Areas subjected to restriction of distribution in advance
		2012/4/5~7/26 excluding rice controlled under the concept of management of Fukushima prefecture.
2012/10/25~10/29 excluding rice controlled under the concept of management of Fukushima prefecture.		
2012/11/5~: Otama-mura (limiting to former Tamanoi-mura)		
2012/11/5~11/6 excluding rice controlled under the concept of management of Fukushima prefecture.		
2012/11/5~: Koriyama-shi (limiting to former Fukuyama-machi)		
Rice (produced in 2013)	2012/11/5~11/8 excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/7~: Fukushima-shi (limiting to former Mizuhara-mura)	
	2012/11/7~11/12 excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/15~: Miharu-machi (limiting to former Sawaishi-mura)	
	2012/11/15~11/19 excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/26~: Fukushima-shi (limiting to former Tatsugoyama-mura, Kawamata-machi (limiting to former Iizaka-mura))	
	2012/11/26~11/29 excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/28~: Iwaki-shi (limiting to former Yamada-mura)	
	2012/11/28~12/4 excluding rice controlled under the concept of management of Fukushima prefecture.	
	2013/3/19~: Areas preparing for resumption of rice farming and areas where all rice farming and shipment are managed by local governments (excluding rice controlled under the management policy of Fukushima prefecture)	
Japanese sandlance (juvenile)	2011/4/20~2012/6/22 whole area	
Land-locked salmon (excluding farmed fish)	2011/6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River), Abukuma River (including its branches).	
	2011/6/17~: Mano River (including its branches)	
	2012/3/29~: Niida River (including its branches) and Ota River (including its branches)	
	2012/4/5~: Sukawa River (limiting its branches)	
Japanese dace	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting upper reaches from Tokyo electric power)	
	2012/6/7~: Kuii river in Fukushima prefecture (including its branches)	
	2011/6/17~: Mano River (including its branches)	
	2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches)	
	2012/3/29~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River)	
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)	
2012/5/25~: Tadami river (limiting upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam))		
2012/5/31~: Abukuma river (limiting upper reaches from Shinobu dam and including its branches)		
Japanese eel	2012/8/2~: Abukuma River in Fukushima prefecture (including its branches)	
Ayu sweetfish (excluding farmed fish)	2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)	
Whitespotted char (excluding farmed fish)	2012/4/5~: Abukuma River (including its branches)	
	2012/4/12~: Sukawa River (limiting its branches)	
	2012/4/24~: Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Tadami river (limiting lower reaches from Honna dam, but including its branches), Nagase River (limiting upper reaches from the junction with Sukawa River), Nippashi river (limiting lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches and excluding upper reaches from Hizashiyama dam).	
2012/5/31~9/19 Tateiwa river (including its branches)		
Common carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river)	
	2012/5/10~: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)	
Any crucian carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river) and Mano river (including its branches)	
	2012/5/10~: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)	

Fishery product	Fat greenling	
	Flathead flounder	
	Red tongue sole	
	Japanese sand lance (excluding juvenile)	
	Stone flounder	
	Goldeve rockfish	
	Surfperch	
	Brown hake/ling	
	Fox jacopever	
	Black cow-tongue	
	Black rockfish	
	Japanese black porgy	
	Sea raven	
	Ocellate spot skate	
	Cherry salmon	
	Poacher	
	Rockfish (Sebastes cheni)	
	Alaska Pollack	<i>2012/6/22~: Fukushima offshore</i>
	Japanese seabass	
	Nibe croaker	
	Starry flounder	
	Slime flounder	
	Panther puffer	
	Olive flounder	
	Gurnard	
	Spotted halibut	
	Conger eel	
	Littlemouth flounder	
	Marbled flounder	
	Flathead	
	Pacific cod	
	Shotted halibut	
	Brassblotched rockfish	
Ridged-eye flounder		
Venus clam		
Northern sea urchin		
Long shanny		
Barfin flounder	<i>2012/7/12~: Fukushima offshore</i>	
Starspotted smooth-hound	<i>2012/7/26~: Fukushima offshore</i>	
Vermiculated puffer	<i>2012/8/23~: Fukushima offshore</i>	
Halfbeak	<i>2013/2/14~: Fukushima offshore</i>	
Beef	<i>2011/7/19~: Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)</i>	
Boar meat	<i>2011/11/9~: Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i> <i>2011/11/25~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i> <i>2011/12/2~: Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>	
Spot-billed duck meat	<i>2013/1/30~: Whole area</i>	
Green pheasant meat	<i>2013/1/30~: Whole area</i>	
Bear meat	<i>2011/12/2~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i> <i>2012/7/27~: Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura</i>	
Hare meat	<i>2013/1/30~: Whole area</i>	
Copper pheasant meat	<i>2012/11/13~: Whole area</i>	

* Instructions still imposed are expressed in *italic type*.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 8 May 2013

		Aomori prefecture	Iwate prefecture	Miyagi prefecture	Yamagata prefecture	Ibaraki prefecture	Tochigi prefecture	Gunma prefecture	Saitama prefecture	Chiba prefecture	Kanagawa prefecture	Niigata prefecture	Yamanashi prefecture	Nagano prefecture	Shizuoka prefecture	
Raw milk		-	-	-	-	2011/3/23~4/10 Whole area	-	-	-	-	-	-	-	-	-	
	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	Spinach	-	-	-	-	2011/3/21~4/17 (excluding areas listed on the table below)	2011/3/21~4/21 Naomikawa-shi, Otsumachi	2011/3/21~4/8 Whole area	-	2011/4/4~4/22 Asahi-shi, Katori-shi, Tama-shi	-	-	-	-	-
		Kakina	-	-	-	-	2011/3/21~4/17 Whole area	2011/3/21~4/27 Whole area	2011/3/21~4/8 Whole area	-	-	-	-	-	-	-
		Garland chrysanthemum (Shirayuki), Bancho asari lettuce	-	-	-	-	-	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-	-
Flaxseed	-	-	-	-	2011/3/23~4/17 Whole area	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-	-		
Onion	-	-	-	-	-	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-	-		
Wild mushrooms	2012/10/28~ Tama-shi Hakuba-shi	2012/10/11~ Akahara-shi Hakuba-shi	2012/10/18~ Hakuba-shi	2012/10/18~ Hakuba-shi, Otsuki-shi	-	-	2012/9/2~ Hakuba-shi Hakuba-shi Hakuba-shi Hakuba-shi	2012/9/28~ Hakuba-shi Hakuba-shi Hakuba-shi	2012/10/18~ Yabusi-machi, Iitama-machi	-	-	-	2012/9/28~ Koromaru-machi, Mito-machi	2012/10/11~ Kumamoto-machi, Mito-machi	2012/11/2~ Otsuki-shi, Otsuki-shi	
	2012/10/18~ Otsuki-shi	2012/10/18~ Hakuba-shi	-	-	-	2012/9/2~ Hakuba-shi	2012/9/28~ Hakuba-shi	2012/10/18~ Tajima-machi	-	-	-	-	-	-	-	
	2012/10/28~ Asahi-shi	2012/10/28~ Otsuki-shi Koganei-shi	-	-	-	2012/9/2~ Hakuba-shi	2012/9/28~ Hakuba-shi	2012/10/18~ Asahi-shi Hakuba-shi	-	-	-	-	-	-	-	
	2012/11/7~ Tama-shi	-	-	-	-	2012/9/2~ Hakuba-shi	2012/9/28~ Hakuba-shi	2012/10/18~ Hakuba-shi	2012/11/7~ Hakuba-shi	-	-	-	-	-	-	
Bamboo shoot	-	2012/6/21~ Akahara-shi Otsuki-shi	2012/6/1~ Shibukawa-shi Morioka-machi	-	-	2012/4/9~ Asahi-shi Tatebayashi-shi Otsuki-shi	2012/6/1~ Hakuba-shi Hakuba-shi	2012/6/1~ Hakuba-shi Hakuba-shi	-	2012/4/6~ Akahara-shi, Otsuki-shi	-	-	-	-	-	
	-	2012/4/29~ Hakuba-shi	2012/4/28~ Hakuba-shi	-	-	2012/4/18~ Akahara-shi Hakuba-shi Tatebayashi-shi Asahi-shi Morioka-machi Otsuki-shi	2012/6/1~ Hakuba-shi	2012/6/1~ Hakuba-shi	-	2012/4/11~ Akahara-shi, Otsuki-shi, Tatebayashi-shi	-	-	-	-	-	
	-	2012/4/13~ Hakuba-shi Otsuki-shi	2012/4/11~ Morioka-machi	2012/4/11~ Morioka-machi	2012/4/11~ Morioka-machi	2012/4/18~ Akahara-shi Hakuba-shi Tatebayashi-shi Asahi-shi Morioka-machi Otsuki-shi	2012/6/1~ Hakuba-shi	2012/6/1~ Hakuba-shi	-	2012/4/18~ Fukushima-shi	-	-	-	-	-	
	-	2012/4/20~ Otsuki-shi	2012/4/18~ Hakuba-shi	2012/4/18~ Hakuba-shi	2012/4/18~ Hakuba-shi	2012/4/18~ Akahara-shi Hakuba-shi Tatebayashi-shi Asahi-shi Morioka-machi Otsuki-shi	2012/6/1~ Hakuba-shi	2012/6/1~ Hakuba-shi	-	2012/4/18~ Otsuki-shi, Tatebayashi-shi	-	-	-	-	-	
Log-grown shiitake (outdoor cultivation)	-	2012/4/7~ Hakuba-shi Hakuba-shi, Otsuki-shi, Koganei-machi, Tama-shi	2012/4/20~ Otsuki-shi	2012/4/20~ Otsuki-shi	2012/4/20~ Otsuki-shi	2012/4/18~ Hakuba-shi Tatebayashi-shi Asahi-shi Morioka-machi Otsuki-shi	2012/4/18~ Hakuba-shi	2012/4/18~ Hakuba-shi	-	2012/4/18~ Otsuki-shi, Tatebayashi-shi	-	-	-	-	-	
	-	2012/4/28~ Otsuki-shi	2012/4/28~ Otsuki-shi	2012/4/28~ Otsuki-shi	2012/4/28~ Otsuki-shi	2012/4/18~ Hakuba-shi Tatebayashi-shi Asahi-shi Morioka-machi Otsuki-shi	2012/4/18~ Hakuba-shi	2012/4/18~ Hakuba-shi	-	2012/4/18~ Otsuki-shi, Tatebayashi-shi	-	-	-	-	-	
	-	2012/4/28~ Otsuki-shi	2012/4/28~ Otsuki-shi	2012/4/28~ Otsuki-shi	2012/4/28~ Otsuki-shi	2012/4/18~ Hakuba-shi Tatebayashi-shi Asahi-shi Morioka-machi Otsuki-shi	2012/4/18~ Hakuba-shi	2012/4/18~ Hakuba-shi	-	2012/4/18~ Otsuki-shi, Tatebayashi-shi	-	-	-	-	-	
	-	2012/5/10~2012/4/8 Morioka-shi	2012/4/28~ Otsuki-shi	2012/4/28~ Otsuki-shi	2012/4/28~ Otsuki-shi	2012/4/18~ Hakuba-shi Tatebayashi-shi Asahi-shi Morioka-machi Otsuki-shi	2012/4/18~ Hakuba-shi	2012/4/18~ Hakuba-shi	-	2012/4/18~ Otsuki-shi, Tatebayashi-shi	-	-	-	-	-	
Log-grown shiitake (indoor cultivation)	-	-	-	-	-	2011/10/14~ Tatebayashi-shi Hakuba-shi	2012/2/18~ Hakuba-shi Hakuba-shi	-	-	2012/2/18~ Hakuba-shi	-	-	-	-	-	
	-	-	-	-	-	2011/11/19~ Hakuba-shi	2012/4/18~ Hakuba-shi	-	-	2012/4/18~ Hakuba-shi	-	-	-	-	-	
	-	-	-	-	-	2012/11/28~ Hakuba-shi	2012/4/18~ Hakuba-shi	-	-	2012/4/18~ Hakuba-shi	-	-	-	-	-	
	-	-	-	-	-	2012/11/28~ Hakuba-shi	2012/4/18~ Hakuba-shi	-	-	2012/4/18~ Hakuba-shi	-	-	-	-	-	
Vegetable	Log-grown brick-cup (outdoor)	2012/11/2~ Akahara-shi Otsuki-shi	-	-	-	2011/11/7~ Hakuba-shi Otsuki-shi Hakuba-shi	2011/11/14~ Akahara-shi, Otsuki-shi, Hakuba-shi, Tatebayashi-shi, Asahi-shi, Morioka-machi, Koganei-machi, Hama-machi, Tama-machi	2011/11/7~ Hakuba-shi Otsuki-shi Hakuba-shi	-	-	-	-	-	-	-	-
		-	-	-	-	2011/11/7~ Hakuba-shi Otsuki-shi Hakuba-shi	2011/11/14~ Akahara-shi, Otsuki-shi, Hakuba-shi, Tatebayashi-shi, Asahi-shi, Morioka-machi, Koganei-machi, Hama-machi, Tama-machi	2011/11/7~ Hakuba-shi Otsuki-shi Hakuba-shi	-	-	-	-	-	-		
		-	-	-	-	2011/11/7~ Hakuba-shi Otsuki-shi Hakuba-shi	2011/11/14~ Akahara-shi, Otsuki-shi, Hakuba-shi, Tatebayashi-shi, Asahi-shi, Morioka-machi, Koganei-machi, Hama-machi, Tama-machi	2011/11/7~ Hakuba-shi Otsuki-shi Hakuba-shi	-	-	-	-	-	-		
		-	-	-	-	2011/11/7~ Hakuba-shi Otsuki-shi Hakuba-shi	2011/11/14~ Akahara-shi, Otsuki-shi, Hakuba-shi, Tatebayashi-shi, Asahi-shi, Morioka-machi, Koganei-machi, Hama-machi, Tama-machi	2011/11/7~ Hakuba-shi Otsuki-shi Hakuba-shi	-	-	-	-	-	-	-	

Luz green aphid (outdoor)	2012/10/18~ Oshu-shi Kamaki-shi					2011/11/14~ Nanashibara-shi Mito-shi													
	2012/10/23~ Mitsuribara-shi					2012/10/4~ Tate-shi													
Ostrich fern	2012/11/2~ Ishikawa-shi Otsu-shi					2012/10/18~ Nara-shi													
	2012/11/23~ Kamae-shi					2012/10/20~ Otsu-shi													
Koshihara	2012/11/2~ Ishikawa-shi Otsu-shi	2012/4/27~ Otsu-shi, Kofu-shi				2012/11/2~ Kamae-shi													
	2012/11/23~ Kamae-shi	2012/6/7~ Tama-shi, Kofu-shi				2012/11/2~ Mito-shi													
Japanese pepper (limbing wild plant)	2012/12/18~ Otsu-shi, Kamakura-shi	2012/6/7~ Tama-shi, Kofu-shi				2012/11/2~ Mito-shi													
	2012/12/14~ Mito-shi	2012/6/7~ Tama-shi, Kofu-shi				2012/11/2~ Mito-shi													
Japanese celery (limbing wild plant)	2012/12/18~ Otsu-shi, Kamakura-shi	2012/6/7~ Tama-shi, Kofu-shi				2012/11/2~ Mito-shi													
	2012/12/14~ Mito-shi	2012/6/7~ Tama-shi, Kofu-shi				2012/11/2~ Mito-shi													
Japanese royal fern	2012/12/18~ Otsu-shi, Kamakura-shi	2012/6/7~ Tama-shi, Kofu-shi				2012/11/2~ Mito-shi													
	2012/12/14~ Mito-shi	2012/6/7~ Tama-shi, Kofu-shi				2012/11/2~ Mito-shi													
Aralia sprout (limbing wild plant)	2012/12/18~ Otsu-shi, Kamakura-shi	2012/6/7~ Tama-shi, Kofu-shi				2012/11/2~ Mito-shi													
	2012/12/14~ Mito-shi	2012/6/7~ Tama-shi, Kofu-shi				2012/11/2~ Mito-shi													
Platidium equinum (limbing wild plant)	2012/12/18~ Otsu-shi, Kamakura-shi	2012/6/7~ Tama-shi, Kofu-shi				2012/11/2~ Mito-shi													
	2012/12/14~ Mito-shi	2012/6/7~ Tama-shi, Kofu-shi				2012/11/2~ Mito-shi													
Chestnut	2012/12/18~ Otsu-shi, Kamakura-shi	2012/6/7~ Tama-shi, Kofu-shi				2012/11/2~ Mito-shi													
	2012/12/14~ Mito-shi	2012/6/7~ Tama-shi, Kofu-shi				2012/11/2~ Mito-shi													
Cereal	2012/1/4~ Ishikawa-shi (limbing to former Isehara-shi-mura)	2012/1/4~ Ishikawa-shi (limbing to former Isehara-shi-mura)				2012/1/4~ Ishikawa-shi (limbing to former Isehara-shi-mura)													
	2013/1/4~2013/2/4 excluding soybean controlled under the concept of management of Isehara-shi-mura.	2013/1/4~2013/2/4 excluding soybean controlled under the concept of management of Isehara-shi-mura.				2013/1/4~2013/2/4 excluding soybean controlled under the concept of management of Isehara-shi-mura.													
Rice (produced in 2012)	2012/1/4~ Ishikawa-shi (limbing to former Isehara-shi-mura)	2012/1/4~ Ishikawa-shi (limbing to former Isehara-shi-mura)				2012/1/4~ Ishikawa-shi (limbing to former Isehara-shi-mura)													
	2012/1/4~2013/2/4 excluding soybean controlled under the concept of management of Isehara-shi-mura.	2012/1/4~2013/2/4 excluding soybean controlled under the concept of management of Isehara-shi-mura.				2012/1/4~2013/2/4 excluding soybean controlled under the concept of management of Isehara-shi-mura.													
Grain	2012/11/13~ Ishikawa-shi (limbing to former Isehara-shi-mura), Akita-shi (limbing to former Otsu-shi)	2012/11/13~ Ishikawa-shi (limbing to former Isehara-shi-mura), Akita-shi (limbing to former Otsu-shi)				2012/11/13~ Ishikawa-shi (limbing to former Isehara-shi-mura), Akita-shi (limbing to former Otsu-shi)													
	2012/11/13~ 2012/12/12 excluding buckwheat controlled under the concept of management of Isehara-shi-mura.	2012/11/13~ 2012/12/12 excluding buckwheat controlled under the concept of management of Isehara-shi-mura.				2012/11/13~ 2012/12/12 excluding buckwheat controlled under the concept of management of Isehara-shi-mura.													
Buckwheat	2012/11/13~ Ishikawa-shi (limbing to former Isehara-shi-mura), Akita-shi (limbing to former Otsu-shi)	2012/11/13~ Ishikawa-shi (limbing to former Isehara-shi-mura), Akita-shi (limbing to former Otsu-shi)				2012/11/13~ Ishikawa-shi (limbing to former Isehara-shi-mura), Akita-shi (limbing to former Otsu-shi)													
	2012/11/13~ 2012/12/12 excluding buckwheat controlled under the concept of management of Isehara-shi-mura.	2012/11/13~ 2012/12/12 excluding buckwheat controlled under the concept of management of Isehara-shi-mura.				2012/11/13~ 2012/12/12 excluding buckwheat controlled under the concept of management of Isehara-shi-mura.													

	Stone flounder	-	-	-	-	2012/5/5 Barak offshore	-	-	-	-	-	-	-	-	-	-	-	-	-
	Japanese black sculpin	-	2012/11/8~ Miyagi offshore	2012/6/28~ Sendai bay	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Japanese seabass	-	2012/10/28~ Miyagi offshore	2012/4/18~ Sendai bay	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Rock fish (Sebastes cheni)	-	-	-	-	2012/4/17~ Barak offshore	-	-	-	-	-	-	-	-	-	-	-	-	-
	Waka croaker	-	-	-	-	2012/4/17~ Barak offshore	-	-	-	-	-	-	-	-	-	-	-	-	-
	Olive flounder	-	-	2012/5/30~2012/4/1 Sendai bay	-	2012/4/17~ Barak offshore Omita to southern area from latitude N36.20	-	-	-	-	-	-	-	-	-	-	-	-	-
	Pacific cod	2012/8/27~ 2012/10/31 Pacific Ocean, Ameron offshore	2012/5/2~2012/1/17 Miyagi offshore	2012/3/2~2012/8/30 Miyagi offshore (limiting to fish whose weight is less than 1kg)	-	2012/5/2~2012/1/17 Miyagi offshore (excluding fish whose weight is less than 1kg)	2012/11/9~ Barak offshore	-	-	-	-	-	-	-	-	-	-	-	-
	Parther puffer	-	-	2012/9/9~ Sendai bay	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Ocellate spot skate	-	-	-	-	2012/4/1~ Barak offshore	-	-	-	-	-	-	-	-	-	-	-	-	-
	Channel catfish (including farmed fish)	-	-	-	-	2012/4/17~ Kamaoka bay, Ikiura bay, Sakumakura bay and Hara Bay Ikiura bay and Mitsushima river	-	-	-	-	-	-	-	-	-	-	-	-	-
	Silver crucian carp	-	-	-	-	2012/4/17~ Kamaoka bay, Ikiura bay, Sakumakura bay and Hara Bay Ikiura bay and Mitsushima river (including farmed fish)	-	-	-	-	2012/7/19~ Tsuji pond, Hara bay Ikiura bay and Tsuji river (including its branches)	-	-	-	-	-	-	-	-
	Japanese eel	-	-	-	-	2012/8/7~ Ikiura bay, Sakumakura bay and Hara Bay Ikiura bay and Mitsushima river (including farmed fish)	-	-	-	-	-	-	-	-	-	-	-	-	-
Fishery product	Land-locked salmon (including farmed fish)	-	-	2012/4/20~ Abukuma river (including its branches but excluding upper reaches from Oshikawabata dam)	-	-	-	-	2012/8/10~2012/1/23 Watarase river in area of Ashino-machi, Nishio-shi (including its branches and including lower reaches from junction with Kouhara river)	2012/4/27~ 2012/11/9 Ikiura river (including its branches)	-	-	-	-	-	-	-	-	-
		-	-	-	-	2012/8/10~2012/3/26 Nagara river (including its branches)	2012/4/27~2012/4/26 Korabe river (including its branches) and Murotsu river (including its branches)	-	-	-	-	-	-	-	-	-	-	-	-
	Whitespotted chub (including farmed fish)	-	2012/6/9 Hara river (including its branches), Sakuma river (including its branches)	2012/6/14~ Oura river (including upper reaches from Oura dam and including its branches) and Hara river (including upper reaches from Abukawa dam) and including its branches)	2012/6/24~ Sakumakura river (including upper reaches from Kamaoka dam (including its branches) and Mitsushima river (including its branches but excluding Mitsushima river and its branches and upper reaches from Sakumakura dam)	2012/6/28~ Ebi river (including upper reaches from Nishio dam and including its branches), Mitsushima river (including upper reaches from Oshikawa dam and including its branches)	2012/6/28~ Sakumakura river (including upper reaches from Harayama dam and including its branches) and Oshikawa river (including upper reaches from Harayama dam and including its branches)	2012/12/8~ Hara river (including its branches)	2012/6/9~ Abukuma river (including upper reaches from Abukawa bridge to TEPCO's Gata power plant Agiwara river (including its branches), Oura river (including its branches)	2012/6/8~ Murotsu river in Tochigi prefecture (including area within Agiwara-shi (including and including its branches)	2012/6/8~2012/11/9 Kawasa river (including upper reaches from Kawasa bridge and including its branches)	-	-	-	-	-	-	-	-
	Japanese dace	-	2012/6/11~ Oura river (including its branches), Oshikawa river (including upper reaches from Oshikawa dam and including its branches) and Mitsushima river (including its branches)	2012/6/28~ Abukuma river (including its branches but excluding upper reaches from Oshikawabata dam)	2012/6/18~ Oura river (including its branches)	2012/5/7~2012/1/23 Murotsu river (including its branches) and Hara river (including its branches) and including its upper reaches from junction with Murotsu river (including its branches but excluding upper reaches from Oshikawa dam and its branches)	2012/5/7~9/28 Oura river (including its branches but excluding Aki river and its branches)	2012/5/28~9/28 Arae river (including its branches)	-	-	-	-	-	-	-	-	-	-	-

Meat	Beef	-	2011/8/1~ Whole area (2011/8/28~): Enabling cattle which are managed based on shipment and inspection policy set by Kyoto prefecture)	2011/7/28~ Whole area (2011/10/18~): Enabling cattle which are managed based on shipment and inspection policy set by Kyoto prefecture)	-	-	2011/8/2~ Whole area (2011/8/28~): Enabling cattle which are managed based on shipment and inspection policy set by Tokyo prefecture)	-	-	-	-	-	-	-	-		
	Deer meat	-	-	2012/9/22~ Ishikawa-shi, Iwate-shi, Niigata-shi, Yamagata-shi	2012/9/22~ Whole area (2011/10/18~): Enabling deer meat which are managed based on shipment and inspection policy set by Kyoto prefecture)	2011/10/18~ Whole area	2011/10/18~ Whole area (2011/10/28~): Enabling deer meat which are managed based on shipment and inspection policy set by Tokyo prefecture)	2012/10/10~ Whole area	-	-	2012/11/18~ Whole area (2012/11/18~): Enabling deer meat which are managed based on shipment and inspection policy set by Chiba prefecture)	-	-	-	-		
	Star meat	-	2012/8/10~ Whole area	2012/8/10~ Whole area	2012/8/10~ Whole area	-	-	2012/8/10~ Whole area	-	-	-	-	2012/11/18~ Whole area (excluding Otsu-shi and Amakura-machi)	-	-	-	
	Deer meat	-	2012/11/28~ Whole area	-	-	-	2011/12/9~ Whole area	2012/11/14~ Whole area	-	-	-	-	-	-	-	-	
Copper pheasant meat	-	2012/10/22~ Whole area	-	-	-	-	-	2012/1/22~ Whole area	-	-	-	-	-	-	-		
Others	Tee leaf	-	-	-	-	2011/6/2~ (excluding areas listed on the table below)	2011/6/2~ Kanazawa-shi	2011/6/20~ Shikama-shi	-	-	2011/6/2~ Noto-shi	2011/6/2~8/29 Miyazaki-shi	-	-	-	-	
		2012/6/2~10/18 Iga-shi, Ise-shi, Bessho-shi, Yachiyo-shi, Setai-machi	2011/7/8~2012/6/1 Teshigahara-shi	-	-	2011/6/2~9/7 Oyamashiro-machi	2011/6/23~9/12 Matsudo-machi, Yashiki-machi	-	-	-	-	-	-	-	-	-	
		2011/6/2~2012/4/9 Otsu-machi	-	-	-	2011/7/4~2012/5/21 Kikkawa-shi	2011/6/2~10/14 Akawa-machi, Kyokawa-machi	-	-	-	-	-	-	-	-	-	
		2011/6/2~2012/6/23 Hachioji-shi, Maebashi-shi	-	-	-	2011/6/2~2012/3/25 Yachiyo-machi	2011/6/23~10/28 Sagamihara-shi	-	-	-	-	-	-	-	-	-	-
		2011/6/2~2012/5/30 Ishikawa-shi, Naka-shi, Otsu-machi	-	-	-	-	2011/6/27~10/26 Naka-machi	-	-	-	-	-	-	-	-	-	-
		2011/6/2~2012/6/5 Nishio-shi	2011/6/2~2012/3/26 Oiwake-shi	-	-	-	2011/6/2~11/1 Oiwake-shi	-	-	-	-	-	-	-	-	-	-
		2011/6/2~2012/7/24 Miyagi-shi	-	-	-	-	2011/6/2~11/10 Matsuyama-shi	-	-	-	-	-	-	-	-	-	-
		2011/6/2~2012/5/20 Tajiri-shi	-	-	-	-	2011/6/2~2012/10/18 Yugawara-machi	-	-	-	-	-	-	-	-	-	-
		2011/6/2~2012/6/12 Hachioji-shi	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		2011/6/2~2012/10/5 Bessho-machi	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		2011/6/2~2012/10/11 Tsuetsuki-shi	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
		2011/6/2~2012/4/3 Utsunomiya-shi	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

* Inventions still imposed are expressed in blue type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 9 May 2013

Fukushima Prefecture		Restriction of consumption			
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	2011/3/23~ <i>(excluding areas listed on the cells below)</i> 2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi 2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura 2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura 2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)			
		Head type leafy vegetables, e.g. Cabbage	2011/3/23~ <i>(excluding areas listed on the cells below)</i> 2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi 2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura 2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
			Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23~ <i>(excluding areas listed on the cells below)</i> 2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura 2011/3/23~5/4 Iwaki-shi 2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi 2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi 2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura 2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
				Log-grown shiitake (grown outdoor)	2011/4/13~ Iidate-mura 2011/9/8~ <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i> 2011/9/15~ Iwaki-shi, Tanagura-machi 2011/9/20~ Minamisoma-shi
				Wild mushroom	2011/4/20~2012/6/22 Whole area
				Fishery product	2012/3/29~ Niida river (including its branches) 2011/11/9~
	Meat			<i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i> 2011/11/25~ <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>	

* Instructions still imposed are expressed in italic type.