

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 26 November 2012

Fukushima Prefecture		Restriction of distribution				
Raw milk	<p>2011/3/21 ~: (excluding areas listed on the cells below) 2011/3/21 ~ 4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi 2011/3/21 ~ 4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi 2011/3/21 ~ 4/21 Soma-shi, Shinchi-machi 2011/3/21 ~ 5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area) 2011/3/21 ~ 6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/21 ~ 10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>					
	Non-head type leafy Vegetables, e.g. Spinach, Komatsuna	Spinach, Kakina	<p>2011/3/21 ~: (excluding areas listed on the cells below) 2011/3/21 ~ 5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/21 ~ 5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanevama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/21 ~ 5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone) 2011/3/21 ~ 6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/21 ~ 6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura 2011/3/21 ~ 11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>			
			All the other	<p>2011/3/23 ~: (excluding areas listed on the cells below) 2011/3/23 ~ 5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23 ~ 5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanevama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23 ~ 5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone) 2011/3/23 ~ 6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/23 ~ 6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura 2011/3/23 ~ 11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>		
				<p>2011/3/23 ~: (excluding areas listed on the cells below) 2011/3/23 ~ 4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanevama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23 ~ 5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/23 ~ 5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23 ~ 5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23 ~ 10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p>		
		<p>2011/3/23 ~: (excluding areas listed on the cells below) 2011/3/23 ~ 4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanevama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23 ~ 5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/23 ~ 5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23 ~ 5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23 ~ 10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p>				
		Head type leafy vegetables, e.g. Cabbage	<p>2011/3/23 ~: (excluding areas listed on the cells below) 2011/3/23 ~ 4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanevama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23 ~ 5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/23 ~ 5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23 ~ 5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23 ~ 10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p>			
Flowerhead brassicas, e.g. Broccoli, Cauliflower			<p>2011/3/23 ~: (excluding areas listed on the cells below) 2011/3/23 ~ 4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura 2011/3/23 ~ 5/4 Iwaki-shi 2011/3/23 ~ 5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tanagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi 2011/3/23 ~ 5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaizu-machi, Mishima-machi, Kanevama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23 ~ 6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura 2011/3/23 ~ 10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p>			
	Turnip		<p>2011/3/23 ~: (excluding areas listed on the cells below) 2011/3/23 ~ 5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/23 ~ 5/18 Shirakawa-shi, Yabuki-machi, Nishigo-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23 ~ 6/23 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone) 2011/3/23 ~ 11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>			
			Log-grown shiitake (grown outdoor)	<p>2011/4/13 ~: (excluding areas listed on the cells below) Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/4/18 ~: Fukushima-shi 2011/4/13 ~ 4/25 Iwaki-shi 2011/4/25 ~: Motomiya-shi 2011/4/13 ~ 5/18 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/4/13 ~ 5/23 Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>		
				Vegetable (hothouse cultivation)	<p>2011/10/18 ~: Nihonmatsu-shi 2011/7/19 ~: Date-shi 2011/7/22 ~: Shinchi-machi 2011/7/19 ~ 9/7 Motomiya-shi 2011/11/14 ~: Kawamata-machi 2011/10/31 ~: Soma-shi, Iwaki-shi</p>	
					Log-grown pholiota nameko	<p>2011/10/31 ~: Soma-shi, Iwaki-shi</p>

Wild mushroom	2011/9/8~: Tanoura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi)
	2011/9/15~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Kawauchi-mura, Katsurao-mura, Itata-mura
	2011/10/18~: Kitakata-shi
	2012/8/15~: Showa-mura 2012/10/11~: Bantai-machi 2012/10/18~: Aizubange-machi, Kitashiobara-mura
Bamboo shoot	2011/5/8~: Date-shi, Soma-shi, Miharu-machi
	2011/5/13~: Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura
	2011/5/9~5/30: Hirata-mura
	2011/5/9~9/5: Iwaki-shi
	2011/5/9~9/21: Tenei-mura
	2011/5/13~9/21: Kunimi-machi
	2012/4/9~: Iwaki-shi
	2012/4/16~: Fukushima-shi, Shiobuchi-machi
	2012/4/23~: Hirono-machi
	2012/5/2~: Nihonmatsu-shi, Otama-mura
2012/5/7~: Sukagawa-shi	
2012/6/25~: Koriyama-shi	
Hatakewasabi	2012/4/16~: Date-shi, Kawamata-machi
Ostrich fern	2011/3/8~: Fukushima-shi, Kori-machi
	2012/3/1~: Soma-shi, Date-shi, Kunimi-machi, Miharu-machi
	2012/5/2~: Kawamata-machi
	2012/3/7~: Tanoura-shi, Furudono-machi
2012/5/10~: Nihonmatsu-shi, Otama-mura	
Wild Aralia sprout	2012/5/1~: Iwaki-shi, Soma-shi, Date-shi, Kori-machi
	2012/5/2~: Fukushima-shi
	2012/5/7~: Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi
	2012/5/10~: Otama-mura, Nishigo-mura
	2012/5/14~: Kawamata-machi
Wild Japanese butterbur scape	2012/4/9~: Fukushima-shi, Kawamata-machi, Tanoura-shi, Soma-shi and Hirono-machi
	2012/4/16~: Date-shi, Kori-machi and Kunimi-machi
Koshiabura	2012/5/2~: Fukushima-shi, Nihonmatsu-shi
	2012/3/7~: Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizubange-machi, Tanoura-machi, Hanawa-machi
	2012/5/10~: Date-shi, Kunimi-machi, Yamatsuri-machi, Bantai-machi, Shimoko-machi, Otama-mura, Nishigo-mura, Samekawa-mura
	2012/5/14~: Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura
	2012/5/17~: Kori-machi, Inawashiro-machi
Japanese royal fern	2012/5/2~: Iwaki-shi, Nihonmatsu-shi
	2012/5/10~: Soma-shi
	2012/5/24~: Kawamata-machi
Pteridium aquilinum	2012/5/10~: Iwaki-shi, Date-shi
	2012/5/17~: Fukushima-shi, Kitakata-shi, Kawamata-machi
Ume	2011/6/2~: Fukushima-shi, Date-shi, Kori-machi
	2011/6/8~: Minamisoma-shi
	2011/6/6~2012/7/12: Soma-shi 2012/6/6~: Kunimi-machi
Yuzu	2011/9/29~: Fukushima-shi, Minamisoma-shi
	2011/10/14~: Date-shi, Kori-machi
	2012/1/10~: Iwaki-shi
Chestnut	2011/9/20~: Date-shi, Minamisoma-shi
	2012/9/26~: Nihonmatsu-shi
Kiwi fruit	2012/10/12~: Iwaki-shi
	2011/12/9~: Soma-shi, Minamisoma-shi
Cereal	Soybean
Rice (produced in 2011)	2012/11/15~: Minamisoma-shi (limiting to former Ishikami-mura)
	2011/11/17~: Fukushima-shi (limiting former Oguni-mura area)
	2011/11/29~: Date-shi (limiting former Oguni-mura and former Tsukidate-machi area)
	2011/12/5~: Fukushima-shi (limiting former Fukushima-shi area)
	2011/12/8~: Nihonmatsu-shi (limiting former Shibukawa-mura area)
	2011/12/9~: Date-shi (limiting former Hashirazawa-mura and former Tominari-mura area)
	2011/12/19~: Date-shi (limiting former Kakeda-machi area)
2012/1/4~: Date-shi (limiting former Sekimoto-mura area)	
Grain	2012/4/5~: Areas subjected to restriction of distribution in advance
	2012/4/5~2012/7/26: excluding rice controlled under the concept of management of Fukushima prefecture
	2012/10/25~: Sukagawa-shi (limiting former Nishifukuro-mura)
	2012/10/25~2012/10/29: excluding rice controlled under the concept of management of Fukushima prefecture
	2012/11/5~: Otama-mura (limiting to former Tamanoi-mura)
	2012/11/5~2012/11/6: excluding rice controlled under the concept of management of Fukushima prefecture
	2012/11/5~: Koriyama-shi (limiting to former Fukuyama-machi)
	2012/11/5~2012/11/6: excluding rice controlled under the concept of management of Fukushima prefecture
	2012/11/7~: Fukushima-shi (limiting to former Mizuhara-mura)
	2012/11/7~2012/11/12: excluding rice controlled under the concept of management of Fukushima prefecture
	2012/11/15~: Miharu-machi (limiting to former Sawaishi-mura)
	2012/11/15~2012/11/16: excluding rice controlled under the concept of management of Fukushima prefecture
2012/11/26~: Fukushima-shi (limiting to former Tatsugoyama-mura, Kawamata-machi (limiting to former Iizaka-mura)	

Japanese sandlance (juvenile)	2011/4/20~2012/6/22 whole area	
Land-locked salmon (excluding farmed fish)	2011/6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River), Abukuma River (including its branches)	
	2011/6/17~: Mano River (including its branches)	
	2012/3/29~: Niida River (including its branches) and Ota River (including its branches)	
	2012/4/5~: Sukawa River (limiting its branches)	
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting upper reaches from Tokyo electric power	
Japanese dace	2012/6/7~: Kuli river in Fukushima prefecture (including its branches)	
	2011/6/17~: Mano River (including its branches)	
	2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches)	
	2012/3/29~: Akimoto Lake, Hibara Lake, Onogawa Lake, and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River)	
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)	
Japanese eel	2012/5/28~: Tadami river (limiting upper reaches from Taki dam, including its branches, but excluding upper reaches from Tadami dam)	
Ayu sweetfish (excluding farmed fish)	2012/5/31~: Abukuma river (limiting upper reaches from Shinobu dam and including its branches)	
2012/8/2~: Abukuma River in Fukushima prefecture (including its branches)		
White-spotted char (excluding farmed fish)	2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)	
Whitespotted char (excluding farmed fish)	2012/4/5~: Abukuma River (including its branches)	
	2012/4/12~: Sukawa River (limiting its branches)	
Common carp (excluding farmed fish)	2012/4/24~: Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Tadami river (limiting lower reaches from Honna dam, but including its branches), Nagase River (limiting upper reaches from the junction with Sukawa River), Nippashi river (limiting lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches and excluding upper reaches from Hisashivama dam)	
	2012/5/31~9/19 Tateiwa river (including its branches)	
Any crucian carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river)	
Fishery product	2012/5/10~: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)	
	2012/4/27~: Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river) and Mano river (including its branches)	
	2012/5/10~: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)	
	Fat greenling	
	Flathead flounder	
	Red tongue sole	
	Japanese sandlance (excluding juvenile)	
	Stone flounder	
	Goldeye rockfish	
	Surfperch	
	Brown hake/ling	
	Fox jacopever	
	Black cow-tongue	
	Black rockfish	
	Japanese black porgy	
	Sea raven	
	Ocellate spot skate	
	Cherry salmon	
	Poacher	
	Rockfish (Sebastes cheni)	
	Alaska Pollack	2012/6/22~: Fukushima offshore
	Japanese seabass	
	Nibe croaker	
	Starry flounder	
	Slime flounder	
	Panther puffer	
	Olive flounder	
	Gurnard	
	Spotted halibut	
	Conger eel	
	Littlemouth flounder	
	Marbled flounder	
	Flathead	
Pacific cod		
Shotted halibut		
Brassblotched rockfish		
Ridged-eye flounder		
Venus clam		
Northern sea urchin		
Long shanny	2012/7/12~: Fukushima offshore	
Barfin flounder		
Starspotted smooth-hound	2012/7/26~: Fukushima offshore	
Vermiculated puffer	2012/8/23~: Fukushima offshore	

Meat·Egg	Beef	<i>2011/7/19~: Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)</i>
	Boar meat	<i>2011/11/9~: Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>
		<i>2011/11/25~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i> <i>2011/12/2~: Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharuru-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
	Bear meat	<i>2011/12/2~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharuru-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i> <i>2012/7/27~: Aizuwakamatsu-shi, Kitakata-shi, Nishiazumi-machi, Bandai-machi, Inawashiro-machi, Aizubango-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura</i>
Copper pheasant meat	<i>2012/11/13~: Whole area</i>	

* Instructions still imposed are expressed in *italic type*.

	Beef	-	2011/1/1~ 2011/3/28~ Excluding cattle which are managed based on alignment and inspection policy set by Korea producers	2011/7/28~ 2011/9/1~ Excluding cattle which are managed based on alignment and inspection policy set by Korea producers	-	-	2011/9/2~ 2011/10/28~ Excluding cattle which are managed based on alignment and inspection policy set by Turkey producers	-	-	-	-	-	-	-
Meat	Deer meat	-	-	2011/6/28~ Khabul-uk, Yonamun-cho 2011/9/28~ Mulsu area (excluding area above)	-	2011/12/2~ 2011/12/21~ Excluding deer meat which are managed based on alignment and inspection policy set by Israeli producers	2011/12/2~ 2011/12/5~ Excluding deer meat which are managed based on alignment and inspection policy set by Turkey producers	2012/10/10~ Mulsu area	-	2012/11/8~ Mulsu area	-	-	-	-
	Deer meat	-	2012/6/10~ Mulsu area	2012/6/28~ Mulsu area	2012/3/19~ Mulsu area	-	-	2012/9/10~ Mulsu area	-	-	-	2012/11/2~ Mulsu area (excluding sub-uk and Anshiksan-mun)	-	-
	Deer meat	-	2012/7/28~ Mulsu area	-	-	-	2011/12/2~ Mulsu area	2012/11/11~ Mulsu area	-	-	-	-	-	-
	Copper pheasant meat	-	2012/10/28~ Mulsu area	-	-	-	-	-	-	-	-	-	-	-
Others	Flea leaf	-	-	-	-	2011/6/2~ Excluding areas listed on the table below	2011/6/2~ Famara-uk, Chimsaeng-uk	2011/6/20~2012/5/28 Kapsu-uk	2011/6/20~2012/5/28 Kapsu-uk	2011/6/2~2012/5/21 Hakaru-uk, Kiyokawa-mura	2011/6/2~2012/5/21 Katsuragi-uk	2011/6/2~2012/5/21 Yakuhira-uk	2011/6/2~2012/5/21 Miyakono-uk	2011/6/2~2012/5/21 Miyakono-uk
						2012/6/3~10/18 Kapsu-uk, Joosu-uk, Bando-uk, Yachyo-uk, Sakamachi	2011/6/2~2012/5/21 Daegu-machi			2011/6/2~2012/5/21 Matsuda-machi, Yamakita-machi	2011/6/2~2012/5/21 Aikawa-machi, Kiyokawa-mura	2011/6/2~2012/5/21 Sagamihara-uk		
						2011/6/2~2012/4/9 Daegu-machi	2011/6/2~2012/5/21 Hakaru-uk, Kiyokawa-mura			2011/6/2~2012/5/21 Yakuhira-uk	2011/6/2~2012/5/21 Miyakono-uk	2011/6/2~2012/5/21 Miyakono-uk		
						2011/6/2~2012/5/22 Hakaru-uk, Kiyokawa-mura	2011/6/2~2012/5/21 Miyakono-uk			2011/6/2~2012/5/21 Yakuhira-uk	2011/6/2~2012/5/21 Miyakono-uk	2011/6/2~2012/5/21 Miyakono-uk		
						2011/6/2~2012/5/22 Hakaru-uk, Kiyokawa-mura	2011/6/2~2012/5/21 Miyakono-uk			2011/6/2~2012/5/21 Yakuhira-uk	2011/6/2~2012/5/21 Miyakono-uk	2011/6/2~2012/5/21 Miyakono-uk		
						2011/6/2~2012/5/22 Hakaru-uk, Kiyokawa-mura	2011/6/2~2012/5/21 Miyakono-uk			2011/6/2~2012/5/21 Yakuhira-uk	2011/6/2~2012/5/21 Miyakono-uk	2011/6/2~2012/5/21 Miyakono-uk		
						2011/6/2~2012/5/22 Hakaru-uk, Kiyokawa-mura	2011/6/2~2012/5/21 Miyakono-uk			2011/6/2~2012/5/21 Yakuhira-uk	2011/6/2~2012/5/21 Miyakono-uk	2011/6/2~2012/5/21 Miyakono-uk		
						2011/6/2~2012/5/22 Hakaru-uk, Kiyokawa-mura	2011/6/2~2012/5/21 Miyakono-uk			2011/6/2~2012/5/21 Yakuhira-uk	2011/6/2~2012/5/21 Miyakono-uk	2011/6/2~2012/5/21 Miyakono-uk		
						2011/6/2~2012/5/22 Hakaru-uk, Kiyokawa-mura	2011/6/2~2012/5/21 Miyakono-uk			2011/6/2~2012/5/21 Yakuhira-uk	2011/6/2~2012/5/21 Miyakono-uk	2011/6/2~2012/5/21 Miyakono-uk		
						2011/6/2~2012/5/22 Hakaru-uk, Kiyokawa-mura	2011/6/2~2012/5/21 Miyakono-uk			2011/6/2~2012/5/21 Yakuhira-uk	2011/6/2~2012/5/21 Miyakono-uk	2011/6/2~2012/5/21 Miyakono-uk		
						2011/6/2~2012/5/22 Hakaru-uk, Kiyokawa-mura	2011/6/2~2012/5/21 Miyakono-uk			2011/6/2~2012/5/21 Yakuhira-uk	2011/6/2~2012/5/21 Miyakono-uk	2011/6/2~2012/5/21 Miyakono-uk		
						2011/6/2~2012/5/22 Hakaru-uk, Kiyokawa-mura	2011/6/2~2012/5/21 Miyakono-uk			2011/6/2~2012/5/21 Yakuhira-uk	2011/6/2~2012/5/21 Miyakono-uk	2011/6/2~2012/5/21 Miyakono-uk		

* Instructions still imposed are expressed in bold type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 26 November 2012

Fukushima Prefecture		Restriction of consumption
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	2011/3/23~ <i>(excluding areas listed on the cells below)</i>
		2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Mihar-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	Head type leafy vegetables, e.g. Cabbage	2011/3/23~ <i>(excluding areas listed on the cells below)</i>
		2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Mihar-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		Flowerhead brassicas, e.g. Broccoli, Cauliflower
	2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	
	2011/3/23~5/4 Iwaki-shi	
	2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Mihar-machi, Ono-machi	
	2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	
	2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
	2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
Log-grown shiitake (grown outdoor)	2011/4/13~ <i>Iitate-mura</i>	
Wild mushroom	2011/9/6~ <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>	
	2011/9/15~ <i>Iwaki-shi, Tanagura-machi</i>	
	2011/9/20~ <i>Minamisoma-shi</i>	
Fishery product	Japanese sand lance (juvenile)	2011/4/20~2012/6/22 Whole area
	Land-locked salmon (excluding farmed fish)	2012/3/29~ <i>Niida river (including its branches)</i>
Meat	Boar meat	2011/11/9~ <i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>
		2011/11/25~ <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>

* Instructions still imposed are expressed in italic type.