

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of distribution in Fukushima Prefecture)

As of 23 August 2012

			Restriction of distribution	
			Fukushima prefecture	
Whole area			Individual areas	
Raw milk	2011/3/21~ (excluding areas listed on the right cells)		2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi	
			2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding Miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi	
Non-head type leafy Vegetables, e.g. Spinach, Komatsuna	Spinach, Kakina	2011/3/21~ (excluding areas listed on the right cells)	2011/3/21~4/21 Soma-shi, Shinchi-machi	
	All the other		2011/3/23~ (excluding areas listed on the right cells)	2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)
Head type leafy vegetables, e.g. Cabbage	2011/3/21~ (excluding areas listed on the right cells)		2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
			2011/3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23~ (excluding areas listed on the right cells)		2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
			2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
Turnip	2011/3/23~ (excluding areas listed on the right cells)		2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
			2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura	
Log-grown shiitake (grown outdoor)	-		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura	
			2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
Log-grown shiitake (hothouse cultivation)	-		2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	
			2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi	
Log-grown pholiota nameko	-		2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
			2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
			2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
			2011/3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura	
			2011/3/23~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
			2011/3/23~6/23 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
			2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
			2011/4/13~: Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
			2011/4/18~: Fukushima-shi	
			2011/4/13~4/25 Iwaki-shi	
			2011/4/23~: Motomiya-shi	
			2011/4/13~3/16 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
			2011/4/13~5/23 Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
			2011/10/18~: Nihonmatsu-shi	
			2011/7/19~: Date-shi	
			2011/7/22~: Shinchi-machi	
			2011/7/19~9/7 Motomiya-shi	
			2011/11/14~: Kawamata-machi	
			2011/10/31~: Soma-shi, Iwaki-shi	

Wild mushroom	-	<p>2011/9/8~: Tanakura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi).</p> <p>2011/9/15~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura</p> <p>2011/10/18~: Kitakata-shi</p> <p>2012/8/15~: Showa-mura</p>	
Bamboo shoot	-	<p>2011/5/9~: Date-shi, Soma-shi, Miharu-machi</p> <p>2011/5/13~: Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura</p> <p>2011/5/9~: 5/30 Hirata-mura</p> <p>2011/5/9~: 6/8 Iwaki-shi</p> <p>2011/5/9~: 6/21 Tenei-mura</p> <p>2011/5/13~: 6/21 Kunimi-machi</p> <p>2012/4/2~: Iwaki-shi</p> <p>2012/4/18~: Fukushima-shi, Shinchi-machi</p> <p>2012/4/23~: Hirono-machi</p> <p>2012/5/2~: Nihonmatsu-shi, Otama-mura</p> <p>2012/5/7~: Sukagawa-shi</p>	
Hatakewasabi	-	<p>2012/4/16~: Date-shi, Kawamata-machi</p>	
Ostrich fern	-	<p>2011/5/9~: Fukushima-shi, Kori-machi</p> <p>2012/5/1~: Soma-shi, Date-shi, Kuomi-machi, Miharu-machi</p> <p>2012/5/2~: Kawamata-machi</p> <p>2012/5/7~: Tamura-shi, Furudono-machi</p> <p>2012/5/10~: Nihonmatsu-shi, Otama-mura</p>	
Wild Aralia sprout	-	<p>2012/5/1~: Iwaki-shi, Soma-shi, Date-shi, Kori-machi</p> <p>2012/5/2~: Fukushima-shi</p> <p>2012/5/7~: Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi</p> <p>2012/5/10~: Otama-mura, Nishigo-mura</p> <p>2012/5/14~: Kawamata-machi</p>	
Wild Japanese butterbur scape	-	<p>2012/4/9~: Fukushima-shi, Kawamata-machi, Tamura-shi, Soma-shi and Hirono-machi</p> <p>2012/4/16~: Date-shi, Kori-machi and Kunimi-machi</p>	
Koshiabura	-	<p>2012/5/2~: Fukushima-shi, Nihonmatsu-shi</p> <p>2012/5/7~: Koriyama-shi, Shirakawa-shi, Kitakata-shi, Akumisato-machi, Tanakura-machi, Hanawa-machi</p> <p>2012/5/10~: Date-shi, Kunimi-machi, Yamatsuri-machi, Bantai-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samekawa-mura</p> <p>2012/5/14~: Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura</p> <p>2012/5/17~: Kori-machi, Inawashiro-machi</p>	
Japanese royal fern	-	<p>2012/5/2~: Soma-shi</p> <p>2012/5/10~: Iwaki-shi, Nihonmatsu-shi</p> <p>2012/5/24~: Kawamata-machi</p>	
Pteridium aquilinum	-	<p>2012/5/10~: Iwaki-shi, Date-shi</p> <p>2012/5/17~: Fukushima-shi, Kitakata-shi, Kawamata-machi</p>	
Ume	-	<p>2011/6/2~: Fukushima-shi, Date-shi, Kori-machi</p> <p>2011/6/6~: Minamisoma-shi</p> <p>2011/6/6~: 2012/7/12: Soma-shi</p> <p>2012/6/8~: Kunimi-machi</p>	
Yuzu	-	<p>2011/8/29~: Fukushima-shi, Minamisoma-shi</p> <p>2011/10/14~: Date-shi, Kori-machi</p> <p>2012/1/10~: Iwaki-shi</p>	
Chestnut	-	<p>2011/9/20~: Date-shi, Minamisoma-shi</p>	
Kiwi fruit	-	<p>2011/12/9~: Soma-shi, Minamisoma-shi</p>	
Grain	Rice (produced in 2011)	-	<p>2011/11/17~: Fukushima-shi (limiting former Oguni-mura area)</p> <p>2011/11/29~: Date-shi (limiting former Oguni-mura and former Tsukidate-machi area)</p> <p>2011/12/5~: Fukushima-shi (limiting former Fukushima-shi area)</p> <p>2011/12/8~: Nihonmatsu-shi (limiting former Shibukawa-mura area)</p> <p>2011/12/9~: Date-shi (limiting former Hashirazawa-mura and former Tominari-mura area)</p> <p>2011/12/19~: Date-shi (limiting former Kakoda-machi area)</p> <p>2012/1/4~: Date-shi (limiting former Sekimoto-mura area)</p>
	Rice (produced in 2012)	-	<p>2012/4/5~: Areas subjected to restriction of distribution in advance</p> <p>2012/4/5~2012/7/26 excluding rice controlled under the concept of management of Fukushima prefecture.</p>

	Japanese sandlance (juvenile)	2011/4/20~2012/6/22	-
	Land-locked salmon (excluding farmed fish)	-	<p>2011/6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River), Abukuma River (including its branches)</p> <p>2011/6/17~: Mano River (including its branches)</p> <p>2012/3/29~: Niida River (including its branches) and Ota River (including its branches)</p> <p>2012/4/5~: Sukawa River (limiting its branches)</p> <p>2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting upper reaches from Tokyo electric power)</p> <p>2012/6/7~: Kuiji river (including its branches)</p>
	Japanese dace	-	<p>2011/6/17~: Mano River (including its branches)</p> <p>2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches)</p> <p>2012/3/29~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River)</p> <p>2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanakawa power plant, but including its branches)</p> <p>2012/4/25~: Tadami river (limiting upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam)</p> <p>2012/5/31~: Abukuma river (limiting upper reaches from Shinobu dam and including its branches)</p>
	Japanese eel	-	2012/8/2~: Abukuma River in Fukushima prefecture (including its branches)
	Ayu sweetfish (excluding	-	2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)
	Whitespotted char (excluding farmed fish)	-	<p>2012/4/5~: Abukuma River (including its branches)</p> <p>2012/4/12~: Sukawa River (limiting its branches)</p> <p>2012/4/24~: Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Tadami river (limiting lower reaches from Honna dam, but including its</p> <p>2012/5/31~: Tateiwa river (including its branches)</p>
	Common carp (excluding farmed fish)	-	<p>2012/4/27~: Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river)</p> <p>2012/5/10~: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)</p>
	Any crucian carp (excluding farmed fish)	-	<p>2012/4/27~: Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river) and Mano river (including its branches)</p> <p>2012/5/10~: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)</p>
Fishery product	Fat greenling		
	Flathead flounder		
	Red tongue sole		
	Japanese sandlance (excluding		
	Stone flounder		
	Goldeye rockfish		
	Surfperch		
	Brown hake/ling		
	Fox jacopever		
	Black cow-tongue		
	Black rockfish		
	Japanese black porgy		
	Sea raven		
	Ocellate spot skate		
	Cherry salmon		
	Poacher		
	Rockfish (Sebastes cheni)		
	Alaska Pollack	-	2012/6/22~: Fukushima offshore
	Japanese seabass		
	Nibe croaker		
	Starry flounder		
	Slime flounder		
	Panther puffer		
	Olive flounder		
	Gurnard		
	Spotted halibut		
	Conger eel		
Littlemouth flounder			
Marbled flounder			
Flathead			
Pacific cod			
Shotted halibut			
Brassblotched rockfish			
Ridged-eye flounder			
Venus clam			
Northern sea urchin			
Long shanny	-	2012/7/12~: Fukushima offshore	
Barfin flounder			
Starspotted smooth-hound		2012/7/26~: Fukushima offshore	
Vermiculated puffer		2012/8/23~: Fukushima offshore	

Meat·Egg	Beef	2011/7/19~ (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)	-
	Boar meat	-	2011/11/9~: <i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i> 2011/11/25~: <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i> 2011/12/2~: <i>Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
	Bear meat	-	2011/12/2~: <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>

\* Instructions still imposed are expressed in Italic type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 22 August 2012

		As of 22 August 2012															
		Iwaki prefecture		Tochigi prefecture				Gunma prefecture		Chiba prefecture		Kanagawa prefecture		Miyagi prefecture		Ibata prefecture	
		Whole area	Individual areas	Whole area	Individual areas	Whole area	Individual areas	Whole area	Individual areas	Whole area	Individual areas	Whole area	Individual areas	Whole area	Individual areas		
Raw milk		2011/3/23~4/10															
Non-head type leafy vegetables, e.g. Spinach, Komatsuna	Spinach	2011/3/24~4/17 (excluding areas listed on the right side)	2011/3/24~4/17 Kubota-shi, Takahagi-shi		2011/3/21~4/27 Nasuabara-shi, Shoyu-machi	2011/3/21~4/9			2011/4/4~4/22 Asahi-shi, Katori-shi, Tama-machi								
	Komatsuna	2011/3/21~4/17		2011/3/21~4/14		2011/3/21~4/9			2011/4/4~4/22 Asahi-shi								
Parsley		2011/3/23~4/17							2011/4/4~4/22 Asahi-shi								
Celery									2011/4/4~4/22 Asahi-shi								
Wild mushrooms					2012/6/2~ Mito-shi, Maebashi-shi, Maebashi-machi, Maebashi-machi												
					2012/4/7~ Maebashi-shi												
					2012/12/1~ Tama-shi												
					2012/6/18~ Maebashi-shi												
Bamboo shoot			2012/4/9~ Maebashi-shi, Takahagi-shi, Otsu-shi		2012/6/1~ Maebashi-shi, Otsu-shi				2012/4/8~ Akiba-shi, Otsu-shi				2012/6/21~ Shibasaki-machi, Maebashi-machi				2012/6/21~ Akiba-shi, Otsu-shi
			2012/4/13~ Maebashi-shi, Tama-shi, Maebashi-machi, Tama-machi		2012/6/13~ Tama-shi			2012/6/11~ Futatabi-shi, Otsu-shi, Tama-shi				2012/6/28~ Futatabi-shi					
			2012/4/19~ Maebashi-shi, Maebashi-machi, Otsu-shi					2012/4/18~ Futatabi-shi									
			2012/4/28~ Otsu-shi, Otsu-machi					2012/4/18~ Shibasaki-machi									
Light green shiitake (outdoor cultivation)			2011/10/18~ Tama-shi, Maebashi-shi, Maebashi-machi, Otsu-shi		2012/2/18~ Maebashi-shi, Tama-shi			2011/10/11~ Akiba-shi, Otsu-shi				2012/1/18~ Shibasaki-shi, Otsu-shi					2012/4/13~ Maebashi-shi, Otsu-shi
			2011/11/18~ Maebashi-machi, Otsu-machi		2012/4/18~ Otsu-shi, Maebashi-machi, Tama-machi, Maebashi-machi			2011/11/18~ Otsu-shi				2012/2/18~ Maebashi-machi					2012/4/28~ Otsu-shi
			2012/4/9~ Maebashi-shi, Maebashi-machi, Takahagi-shi		2012/4/18~ Maebashi-shi, Maebashi-machi, Tama-machi, Maebashi-machi			2012/4/18~ Otsu-shi				2012/4/11~ Maebashi-shi, Maebashi-machi					2012/4/28~ Maebashi-shi, Maebashi-machi, Otsu-shi, Otsu-machi
					2012/4/18~ Tama-shi, Maebashi-machi			2012/4/18~ Otsu-shi, Tama-shi				2012/4/12~ Futatabi-shi					
												2012/4/18~ Maebashi-machi					2012/6/7~ Maebashi-shi, Otsu-shi, Tama-shi, Maebashi-machi, Tama-machi
												2012/4/28~ Tama-shi, Maebashi-machi, Maebashi-machi					
			2012/4/19~ Maebashi-shi, Maebashi-machi		2012/6/18~ Tama-shi, Maebashi-machi			2012/6/18~ Otsu-shi				2012/4/27~ Shibasaki-shi, Maebashi-shi, Maebashi-machi					

		2011/10/14~ Tomahira-aki Nishi-aki		2012/2/18~ Hamaokura-aki Yabu-aki																
Vegetable																				
Log-green shikata (boothouse cultivation)	-	2011/11/10~ Banzai-musubi	-	2012/4/10~ Nagayoshi, Hara- musubi	-	2012/4/18~ Osumi-aki	-	2012/6/18~ Sakura-aki	-	2012/6/4~ Kikumori-aki	-	2012/6/24~ Sito-musubi	-	2012/6/18~ Simo-aki	-	-	-	-	-	
Log-green brick cup (outdoor)	-	-	-	2011/11/7~ Kumano-aki, Yabu-aki	-	2011/11/8~ Osumi-aki, Hamaokura-aki	-	2011/11/18~ Akikage-aki, Sano-aki, Miki-aki, Sakuragi-aki, Hamaokura-aki, Kamochi-aki, Ishiki-aki, Miyamoto-aki, Tahara-aki	-	-	-	-	-	-	-	-	-	-	-	
Log-green pholista namako (outdoor)	-	-	-	2011/11/14~ Hamaokura-aki Miki-aki	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Dutch fern	-	-	-	2012/6/1~ Osumi-aki, Hara- musubi (limiting wild plant)	-	-	-	-	-	-	-	-	2012/4/27~ Ochi-aki, Kuriwara-aki	-	-	-	-	-	-	
				2012/6/7~ Hamaokura-aki (limiting wild plant)									2012/6/2~ Kani-musubi							
				2012/6/7~ Hamaokura-aki (limiting wild plant)									2012/6/9~ Kumano-aki							
Kashabura	-	2012/6/7~ Hamaokura-aki (limiting wild plant)	-	2012/6/1~ Osumi-aki, Hara- musubi, Miyamoto-aki (limiting wild plant)	-	2012/6/7~ Utsunomiya-aki, Hamaokura-aki (limiting wild plant)	-	2012/6/7~ Kumano-aki, Miki-aki, Yabu-aki, Hamaokura-aki, Shimomusubi (limiting wild plant)	-	2012/6/18~ Sakura-aki (limiting wild plant)	-	2012/6/17~ Tama-aki, Kuriwara-aki	-	2012/6/18~ Ochi-aki, Kuriwara-aki	-	2012/6/18~ Ochi-aki, Hamaokura-aki	-	2012/6/14~ Miki-aki	-	2012/6/10 Kumaki-aki
				2012/6/18~ Sakura-aki (limiting wild plant)									2012/6/11~ Kumano-aki, Ochi-aki						2012/6/18~ Sakura-aki	
Japanese pepper (limiting wild plant)	-	-	-	2012/6/1~ Utsunomiya-aki, Miki- aki	-	2012/6/14~ Hamaokura-aki	-	2012/6/18~ Osumi-aki	-	-	-	-	-	-	-	-	-	-	-	2012/6/20~ Akiohara-aki, Ochi-aki
Japanese celery (limiting wild plant)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Japanese royal fern	-	-	-	2012/6/7~ Miki-aki, Hara-musubi (limiting wild plant)	-	-	-	-	-	-	-	-	2012/6/11~ Kumano-aki, Miyamoto-aki	-	2012/6/18~ Akiohara-aki, Ochi-aki	-	2012/6/18~ Akiohara-aki, Ochi-aki	-	2012/6/18~ Sakura-aki	
				2012/6/17~ Ochi-aki																
Kale sprout (limiting wild plant)	-	-	-	2012/4/27~ Osumi-aki, Yabu-aki	-	2012/6/1~ Hara-musubi	-	2012/6/7~ Ishiki-musubi	-	-	-	-	-	-	-	-	-	-	-	
Pharbitis esculentum (limiting wild plant)	-	-	-	2012/6/18~ Osumi-aki, Kumano- aki	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2012/6/18~ Ochi-aki, Hamaokura-aki

	Stone flounder	2012/2/8 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
	Japanese Mach pony	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2012/2/28-- Sanda bay						
	Japanese seabass	-	2012/4/17-- Baraki offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	2012/4/12-- Sanda bay						
	Rack fish (Sebastes cheni)	-	2012/4/13-- Baraki offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
	Nike croaker	-	2012/4/17-- Baraki offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
	Olive flounder	-	2012/4/17-- Baraki offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	2012/2/20-- Sanda bay						
	Pacific cod	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2012/2/21-- Miyagi offshore						
	Parther puffer	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2012/2/2-- Sanda bay						
	Ocellate spot skate	-	2012/2/7-- Baraki offshore	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
	Chinook catfish (excluding farmed fish)	-	2012/4/17-- Kamaura IMA, IMA river IMA, Sakamaura IMA and river IMA into Otsu IMA and Mitsuura river	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
	Silver crucian carp	-	2012/4/17-- Kamaura IMA, IMA river IMA, Sakamaura IMA and river IMA into Otsu IMA and Mitsuura river (including farmed fish)	-	-	-	-	-	-	2012/7/18-- Toge pond, river IMA into Toge pond and Toge river (including its branches)	-	-	-	-	-	-	-						
	Japanese eel	-	2012/2/7-- Otsu IMA, Sakamaura IMA and river IMA into Otsu IMA, Mitsuura river and IMA river (including its branches but excluding its branch prefecture)	-	-	-	-	-	-	-	-	-	-	-	-	-	-						
	Land-locked salmon (excluding farmed fish)	-	-	-	2012/2/18-- Matsuzaki river in area of Ashi-machi, Ashi-machi (including its branches and IMA river reaches from junction with Kamaura river)	-	-	2012/4/27-- Agiwara river (including its branches, but excluding area from junction bridge to TEPCO's Ashi power plant (including its branches)) (excluding its branches) (excluding its branches)	-	-	-	-	-	-	-	-	2012/4/20-- Agiwara river (including its branches but excluding upper reaches from Shikishikabe dam)	-					
Fishery product	Whiskered charr (excluding farmed fish)	-	-	-	2012/2/20-- Matsuzaki river in Tachikawa prefecture (including area within Ashi-machi, Ashi-machi and including its branches)	-	2012/2/28-- Agiwara river (including area from junction bridge to TEPCO's Ashi power plant (including its branches)) (excluding its branches) (excluding its branches)	-	-	-	-	-	-	-	-	-	2012/2/16-- Chizu river (including upper reaches from Chizu dam and including its branches and lower river (including its branches)) (including its branches)	2012/2/24-- Matsuzaki river (including its branches and lower river (including its branches)) (including its branches)	2012/2/28-- Ito river (including upper reaches from Kamaura dam and including its branches)	2012/2/29-- Ito river (including upper reaches from Kamaura dam and including its branches)	2012/2/29-- Ito river (including upper reaches from Kamaura dam and including its branches)	2012/2/29-- Ito river (including upper reaches from Kamaura dam and including its branches)	2012/2/29-- Ito river (including upper reaches from Kamaura dam and including its branches)
	Japanese dace	-	-	-	2012/2/7-- Otsu river (including its branches but excluding Ashi river and its branches) (including its branches) (including its branches) (including its branches) (including its branches)	-	-	-	-	-	-	-	-	-	-	-	2012/4/20-- Agiwara river (including its branches but excluding upper reaches from Shikishikabe dam)	2012/2/11-- Chizu river (including its branches) (including lower reaches from Shikishikabe dam and including its branches but excluding upper reaches from Kamaura dam, Ashi-machi dam, Chizu dam, Otsu dam, Toge dam, Tachikawa dam, Tachikawa dam and Mitsuura dam)	2012/2/12-- Chizu river (including its branches)	2012/2/12-- Chizu river (including its branches)	2012/2/12-- Chizu river (including its branches)	2012/2/12-- Chizu river (including its branches)	2012/2/12-- Chizu river (including its branches)

Meat	Beef	-	-	2011/6/2~ (2011/6/23~: Evaluation units which are managed based on alignment and inspection policy set by Tochigi prefecture)	-	-	-	-	-	-	2011/7/28~ (2011/6/18~: Evaluation units which are managed based on alignment and inspection policy set by Miyagi prefecture)	-	2011/6/1~ (2011/2/28~: Evaluation units which are managed based on alignment and inspection policy set by Iwate prefecture)	-						
	Bear meat	2011/12/2~ (2011/12/21~: Evaluation units which are managed based on alignment and inspection policy set by Ishikawa prefecture)	-	2011/12/2~ (2011/12/2~: Evaluation units which are managed based on alignment and inspection policy set by Tochigi prefecture)	-	-	-	-	-	-	-	2012/1/22~ Kobara-shi, Maunuma- machi, Yamamoto-shi	-	-						
	Deer meat	-	-	2011/12/2~	-	-	-	-	-	-	-	-	2012/7/28~	-						
Others	Tea leaf	2011/6/2~ (evaluation units listed on the right side)	2012/6/2~10/18 Kogane-shi, Utsunomiya-shi, Bando-shi, Yashiro-shi, Sakai-machi	2011/6/2~ 2012/4/9 Hitachinaka-shi	2011/6/2~ 2012/5/23 Hitachinaka-shi	2011/6/2~ 2012/5/30 Hitachinaka-shi	2011/6/2~ 2012/6/5 Hitachinaka-shi	2011/6/2~ 2012/5/24 Hitachinaka-shi	2011/6/2~ 2012/6/20 Hitachinaka-shi	2011/6/2~ 2012/6/1 Tochigi-shi	2011/6/20~ 2012/5/28 Kiryu-shi	2011/6/2~ 2012/5/7 Ogino-shi	2011/6/2~ 2012/5/25 Yamagata-shi	2011/6/2~9/28 Miyama-shi	2011/6/23~9/12 Matsuda-machi, Yamada-machi	2011/6/2~10/14 Akita-machi, Kakunuma-machi	2011/6/23~10/29 Goshima-shi	2011/6/23~10/29 Goshima-shi	2011/6/2~11/11 Oshima-shi	2011/6/23~11/10 Matsuzaki-machi
		2011/6/2~ 2012/4/9 Hitachinaka-shi	2011/6/2~ 2012/5/23 Hitachinaka-shi	2011/6/2~ 2012/5/30 Hitachinaka-shi	2011/6/2~ 2012/6/5 Hitachinaka-shi	2011/6/2~ 2012/5/24 Hitachinaka-shi	2011/6/2~ 2012/6/20 Hitachinaka-shi	2011/6/2~ 2012/6/1 Tochigi-shi	2011/6/20~ 2012/5/28 Kiryu-shi	2011/6/2~ 2012/5/7 Ogino-shi	2011/6/2~ 2012/5/25 Yamagata-shi	2011/6/2~ 2012/5/28 Noda-shi, Tamate-shi, Sanno-shi	2011/6/2~ 2012/5/21 Katsuragi-shi	2011/6/2~ 2012/5/25 Yamagata-shi	2011/6/23~9/12 Matsuda-machi, Yamada-machi	2011/6/2~10/14 Akita-machi, Kakunuma-machi	2011/6/23~10/29 Goshima-shi	2011/6/23~10/29 Goshima-shi	2011/6/2~11/11 Oshima-shi	2011/6/23~11/10 Matsuzaki-machi

\* Instructions still imposed are expressed in Red type.



The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of consumption in Fukushima Prefecture)

As of 23 August 2012

		Restriction of consumption	
		Fukushima prefecture	
		Whole area	Individual areas
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	<b>2011/3/23~</b> <i>(excluding areas listed on the right cell)</i>	2011/3/23~ <b>5/4</b> Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
			2011/3/23~ <b>5/11</b> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
			2011/3/23~ <b>5/25</b> Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			2011/3/23~ <b>6/1</b> Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
			2011/3/23~ <b>6/23</b> Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
			2011/3/23~ <b>11/4</b> Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	Head type leafy vegetables, e.g. Cabbage	<b>2011/3/23~</b> <i>(excluding areas listed on the right cell)</i>	2011/3/23~ <b>4/27</b> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
			2011/3/23~ <b>5/4</b> Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
			2011/3/23~ <b>5/11</b> Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
			2011/3/23~ <b>5/25</b> Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			2011/3/23~ <b>10/28</b> Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
			2011/3/23~ <b>4/27</b> Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
Flowerhead brassicas, e.g. Broccoli, Cauliflower	<b>2011/3/23~</b> <i>(excluding areas listed on the right cell)</i>	2011/3/23~ <b>5/4</b> Iwaki-shi	
		2011/3/23~ <b>5/11</b> Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi	
		2011/3/23~ <b>5/18</b> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	
		2011/3/23~ <b>6/15</b> Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
		2011/3/23~ <b>10/28</b> Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
		2011/4/13~ <i>litate-mura</i>	
Log-grown shiitake (grown outdoor)	-		
Wild mushroom	-		<i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>
			2011/9/15~ <i>Iwaki-shi, Tanagura-machi</i> 2011/9/20~ <i>Minamisoma-shi</i>
Fishery product	Japanese sand lance (juvenile)	2011/4/20~ <b>2012/6/22</b>	-
	Land-locked salmon (excluding farmed fish)		2012/3/29 <i>Niida river (including its branches)</i> 2011/11/9~
Meat	Boar meat	-	2011/11/9~ <i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, litate-mura</i> 2011/11/25~ <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>

\* Instructions still imposed are expressed in italic type.