

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 9 Nov 2011

		Restriction of distribution Fukushima prefecture	
		whole area	Individual areas
raw milk	3/21~ (excluding areas listed on the right cells)	-	3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi
			3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding Miyakoji area), Miharu-machi, Kagiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi
spinach, kakina	3/21~ (excluding areas listed on the right cells)	-	3/21~4/21 Soma-shi, Shinchi-machi
			3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakita area)
non-head type leafy vegetables, e.g. spinach, komatsuna	3/21~ (excluding areas listed on the right cells)	-	3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
			3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
all the other	3/23~ (excluding areas listed on the right cells)	-	3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
			3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
head type leafy vegetables, e.g. cabbage	3/23~ (excluding areas listed on the right cells)	-	3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
flowerhead brassicas, e.g. broccoli, cauliflower	3/23~ (excluding areas listed on the right cells)	-	3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakita area), Otama-mura
			3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
turnip	3/23~ (excluding areas listed on the right cells)	-	3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagiishi-machi, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi
			3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
log-grown shiitake (grown outdoor)	-	-	3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
log-grown shiitake (hothouse cultivation)	-	-	3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi
			3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
log-grown pholiotata nameko (outdoor cultivation)	-	-	3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
wild mushroom	-	-	3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakita area), Kagiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura
			3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
bamboo shoot	-	-	3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
ostrich fern	-	-	3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
ume	-	-	3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
yuzu	-	-	3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
chestnut	-	-	3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/23~5/18 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
sand lance (juvenile)	4/20~	-	4/13~: Date-shi, Iwaki-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
			4/18~: Fukushima-shi
cherry salmon yamame (excluding farmed fish)	-	-	4/13~4/25 Iwaki-shi
			4/25~: Motomiya-shi
japanese dace	-	-	4/13~5/18 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
			4/13~5/23 Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
ayu (excluding farmed fish)	-	-	10/18~: Nihonmatsu-shi
			7/19~: Date-shi
beef	7/19~ (8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)	-	7/19~: Shiohri-machi
			7/19~: Motomiya-shi
boar meat	-	-	10/31~: Soma-shi, Iwaki-shi
			9/8~: Tanegawa-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi)
meat-egg	-	-	9/15~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shiohri-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Kawauchi-mura, Katsurao-mura, Iwaki-mura
			10/18~: Kitakata-shi
fishery product	-	-	6/9~: Date-shi, Soma-shi, Miharu-machi
			5/9~: Hirata-mura
meat-egg	-	-	5/9~: 6/8 Iwaki-shi
			5/9~: 6/21 Tenei-mura
meat-egg	-	-	5/13~: 6/21 Kunimi-machi
			9/9~: Fukushima-shi, Kori-machi
meat-egg	-	-	8/2~: Fukushima-shi, Date-shi, Kori-machi
			6/8~: Soma-shi, Minamisoma-shi
meat-egg	-	-	8/28~: Fukushima-shi, Minamisoma-shi
			10/14~: Date-shi, Kori-machi
meat-egg	-	-	9/20~: Date-shi, Minamisoma-shi
			6/8~: Akimoto Lake, Hbara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Su River), Abukuma River (including its branches but limiting inside Fukushima prefecture)
meat-egg	-	-	6/17~: Mano River (including its branches)
			6/17~: Mano River (including its branches)
meat-egg	-	-	6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches)
			6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Nitta River (including its branches)

* Instructions still imposed are expressed in italic type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 9 Nov 2011

			Restriction of distribution													
			Ibaraki prefecture		Tochigi prefecture		Gunma prefecture		Chiba prefecture		Kanagawa prefecture		Miyagi prefecture		Iwate prefecture	
			whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas
raw milk			3/23~4/10		-	-	-	-	-	-	-	-	-	-	-	
vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	spinach	3/21~4/17 <i>excluding areas listed on the right cells</i>	3/21~6/1 Kitaibaraki-shi, Takahagi-shi	3/21~4/27	3/21~4/21 Nasushiobara-shi, Shioya-machi	3/21~4/8	-	-	4/4~4/22 Asahi-shi, Katori-shi, Tako-machi	-	-	-	-	-	
		kakina	3/21~4/17	-	3/21~4/14	-	3/21~4/8	-	-	-	-	-	-	-	-	
		garland chrysanthemum, qing-geng-cai, sancho asian lettuce	-	-	-	-	-	-	-	4/4~4/22 Asahi-shi	-	-	-	-	-	
	parsley	3/23~4/17	-	-	-	-	-	-	4/4~4/22 Asahi-shi	-	-	-	-	-		
	celery	-	-	-	-	-	-	-	4/4~4/22 Asahi-shi	-	-	-	-	-		
	log-grown shitake (outdoor)	-	10/14~ Tsuchiura-shi, Naganata-shi, Hokota-shi, Omitama-shi	-	-	-	-	-	10/11~ Abiko-shi, Kimitsu-shi	-	-	-	-	-		
	log-grown shitake (hothouse cultivation)	-	10/14~ Tsuchiura-shi, Hokota-shi	-	-	-	-	-	-	-	-	-	-	-		
	log-grown brick cap (outdoor)	-	-	-	11/7~ Kanuma-shi, Yaita-shi 11/8~ Otsuwa-shi, Nasushiobara-shi	-	-	-	-	-	-	-	-	-		
meat	beef	-	-	8/2~ <i>(8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Tochigi prefecture)</i>	-	-	-	-	-	-	7/28~ <i>(8/19~: Excluding cattle which are managed based on shipment and inspection policy set by Miyagi prefecture)</i>	-	8/1~ <i>(8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Iwate prefecture)</i>	-		
others	tea leaf	6/2~ <i>(excluding areas listed on the right cell)</i>	6/2~10/18 Koga-shi, Joso-shi, Bando-shi, Yachiyo-shi, Sakai-machi	-	6/2~ Kanuma-shi, Otsuwa-shi 7/8~ Tochigi-shi	-	6/30~ Shibukawa-shi, Kiryu-shi	-	6/2~ Noda-shi, Narita-shi, Yachimata-shi, Tomisato-shi, Sannu-shi 7/4~ Katsuura-shi 6/2~9/7 Oamishirasato-machi	-	6/2~ Manazuru-machi, Yugawara-machi 6/2~8/29 Minamishigara-shi 6/23~9/12 Matsuda-machi, Yamakita-machi 6/2~10/14 Aikawa-machi, Kiyokawa-mura 6/23~10/26 Sagamihara-shi 6/27~10/26 Nakai-machi 6/2~11/1 Odawara-shi	-	-	-		

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The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 9 Nov 2011

		Restriction of consumption	
		Fukushima prefecture	
		whole area	individual areas
vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	3/23~ <i>(excluding areas listed on the right cell)</i>	3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
			3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
			3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
			3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
			3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	head type leafy vegetables, e.g. cabbage	3/23~ <i>(excluding areas listed on the right cell)</i>	3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
			3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
			3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
			3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
			3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
flowerhead brassicas, e.g. broccoli, cauliflower	3/23~ <i>(excluding areas listed on the right cell)</i>	3/23~5/4 Iwaki-shi	
		3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi	
		3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	
		3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
		3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
		4/13~ <i>Iitate-mura</i>	
wild mushroom	-	9/6~ <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>	
		9/15~ <i>Iwaki-shi, Tanagura-machi</i>	
		9/20~ <i>Minamisoma-shi</i>	
fishery product	sand lance (juvenile)	4/20~	-
meat	boar meat	-	11/9~ <i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>

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