

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 1 June 2011

			Restriction of distribution	
			Fukushima prefecture	
			whole area	Individual areas
raw milk			<i>3/21~ (excluding areas listed on the right cells)</i>	3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi
				3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi
				3/21~4/21 Soma-shi, Shinchi-machi
				3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)
Vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	spinach, kakina	<i>3/21~ (excluding areas listed on the right cells)</i>	3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
				3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)		
		3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura		
	all the other	<i>3/23~ (excluding areas listed on the right cells)</i>	3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
			3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
	3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)			
	3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura			
	head type leafy vegetables, e.g. cabbage	<i>3/23~ (excluding areas listed on the right cells)</i>	3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	
			3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Samegawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
			3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
			3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
	flowerhead brassicas, e.g. broccoli, cauliflower	<i>3/23~ (excluding areas listed on the right cells)</i>	3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	
			3/23~5/4 Iwaki-shi	
			3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi	
	turnip	<i>3/23~ (excluding areas listed on the right cells)</i>	3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura	
log-grown shiitake (grown outdoor)	-	4/13~: <i>Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant)</i>		
		4/18~: <i>Fukushima-shi</i>		
		4/13~4/25 Iwaki-shi 4/25~: <i>Motomiya-shi</i>		
		4/13~5/16 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant) 4/13~5/23 Kawauchi-mura (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant)		
bamboo shoot	-	5/9~: <i>Date-shi, Soma-shi, Iwaki-shi, Miharu-machi, Tenei-mura</i>		
		5/13~ <i>Minamisoma-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Nishigo-mura</i> 5/9~5/30 Hirata-mura		
ostrich fern	-	5/9~: <i>Fukushima-shi, Kori-machi</i>		
Fishery product	sand lance (juvenile)	4/20~		

* Instructions still imposed are expressed in *italic type*.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 1 June 2011

			Restriction of distribution						
			Ibaraki prefecture		Tochigi prefecture		Gunma prefecture	Chiba prefecture	
			whole area	individual areas	whole area	individual areas	whole area	whole area	individual areas
raw milk			3/23~4/10		—		—	—	
vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	spinach	3/21~4/17 excluding areas listed on the right cells)	3/21~6/1 Kitaibaraki-shi, Takahagi-shi	3/21~4/27	3/21~4/21 Nasushiobara-shi, Shioya-machi	3/21~4/8	—	4/4~4/22 Asahi-shi, Katori-shi, Tako-machi
		kakina	3/21~4/17		3/21~4/14		3/21~4/8	—	
		garland chrysanthemum, qing-geng-cai, sanchu asian lettuce	—		—		—	—	4/4~4/22 Asahi-shi
	parsley	3/23~4/17		—		—	—	4/4~4/22 Asahi-shi	
	celery	—		—		—	—	4/4~4/22 Asahi-shi	

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The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 1 June 2011

		Restriction of consumption	
		Fukushima prefecture	
		whole area	individual areas
vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	<i>3/23~</i> <i>(excluding areas listed on the right cell)</i>	<p>3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi</p> <p>3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Hirata-mura</p>
	head type leafy vegetables, e.g. cabbage	<i>3/23~</i> <i>(excluding areas listed on the right cell)</i>	<p>3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi</p> <p>3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura</p> <p>3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p>
	flowerhead brassicas, e.g. broccoli, cauliflower	<i>3/23~</i> <i>(excluding areas listed on the right cell)</i>	<p>3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura</p> <p>3/23~5/4 Iwaki-shi</p> <p>3/23~5/11 Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi</p> <p>3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi</p>
	log-grown shiitake (grown outdoor)	—	<i>4/13~</i> <i>Iidate-mura</i>
fishery product	sand lance (juvenile)	<i>4/20~</i>	

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