

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 16 May 2011

			Restriction of distribution	
			Fukushima prefecture	
			whole area	Individual areas
raw milk			<i>3/21~ (excluding areas listed on the right cells)</i>	3/21~ 4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi
				3/21~ 4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi
				3/21~ 4/21 Soma-shi, Shinchi-machi
				3/21~ 5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)
Vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	spinach, kakina	<i>3/21~ (excluding areas listed on the right cells)</i>	3/21~ 5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		all the other		3/21~ 5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
	head type leafy vegetables, e.g. cabbage		<i>3/21~ (excluding areas listed on the right cells)</i>	3/23~ 5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
				3/23~ 5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
	flowerhead brassicas, e.g. broccoli, cauliflower		<i>3/21~ (excluding areas listed on the right cells)</i>	3/23~ 4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
				3/23~ 5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
	turnip		<i>3/21~ (excluding areas listed on the right cells)</i>	3/23~ 5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
				3/23~ 4/27 Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
	log-grown shiitake (grown outdoor)		-	3/23~ 5/4 Iwaki-shi
				3/23~ 5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi
	bamboo shoot		-	4/13~: <i>Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura</i>
				4/18~: <i>Fukushima-shi</i>
	ostrich fern		-	4/13~ 4/25 Iwaki-shi
				4/25~: <i>Motomiya-shi</i>
sand lance (juvenile)		<i>4/20~</i>	4/13~ 5/16 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant)	
			5/9~: <i>Date-shi, Soma-shi, Iwaki-shi, Miharu-machi, Tenei-mura, Hirata-mura</i>	
ostrich fern		-	5/13~ <i>Minamisoma-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Nishigo-mura</i>	
			5/9~: <i>Fukushima-shi, Kori-machi</i>	
Fishery product				

* Instructions still imposed are expressed in Italic type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 16 May 2011

			Restriction of distribution						
			Ibaraki prefecture		Tochigi prefecture		Gunma prefecture	Chiba prefecture	
			whole area	individual areas	whole area	individual areas	whole area	whole area	individual areas
raw milk			3/23~ 4/10		—		—	—	
vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	spinach	3/21~ 4/17 excluding areas listed on the right cells)	<i>3/21~ Kitaibaraki-shi, Takahagi-shi</i>	3/21~ 4/27	3/21~ 4/21 Nasushiobara-shi, Shioya-machi	3/21~ 4/8	—	4/4~4/22 Asahi-shi, Katori-shi, Tako-machi
		kakina	3/21~ 4/17		3/21~ 4/14		3/21~ 4/8	—	
		garland chrysanthemum, qing-geng-cai, sanchu asian lettuce	—		—		—	—	4/4~4/22 Asahi-shi
	parsley	3/23~ 4/17		—		—	—	4/4~4/22 Asahi-shi	
	celery	—		—		—	—	4/4~4/22 Asahi-shi	

* Instructions still imposed are expressed in *Italic type*.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters (Restriction of consumption in Fukushima Prefecture)

As of 16 May 2011

		Restriction of consumption	
		Fukushima prefecture	
		whole area	individual areas
vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	<i>3/23~ (excluding areas listed on the right cell)</i>	<p style="text-align: right;"><i>3/23~5/4</i></p> <p>Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <hr style="border-top: 1px dashed black;"/> <p style="text-align: right;"><i>3/21~5/11</i></p> <p>Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p>
	head type leafy vegetables, e.g. cabbage	<i>3/23~ (excluding areas listed on the right cell)</i>	<p style="text-align: right;"><i>3/23~4/27</i></p> <p>Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi</p> <hr style="border-top: 1px dashed black;"/> <p style="text-align: right;"><i>3/23~5/4</i></p> <p>Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura</p> <hr style="border-top: 1px dashed black;"/> <p style="text-align: right;"><i>3/23~5/11</i></p> <p>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p>
	flowerhead brassicas, e.g. broccoli, cauliflower	<i>3/23~ (excluding areas listed on the right cell)</i>	<p style="text-align: right;"><i>3/23~4/27</i></p> <p>Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura</p> <hr style="border-top: 1px dashed black;"/> <p style="text-align: right;"><i>3/23~5/4</i></p> <p>Iwaki-shi</p> <hr style="border-top: 1px dashed black;"/> <p style="text-align: right;"><i>3/23~5/11</i></p> <p>Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi</p>
	log-grown shiitake (grown outdoor)	—	<i>4/13~ Iidate-mura</i>
fishery product	sand lance (juvenile)	<i>4/20~</i>	

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