

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters

as of 9 May 2011

			Restriction of distribution						Restriction of consumption			
			Fukushima		Ibaraki		Tochigi		Gunma	Chiba		
			Whole area	Individual areas	Whole area	Individual areas	Whole area	Individual areas	Whole area	Individual areas	Whole area	Individual areas
raw milk			3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi 3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samekawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi 3/21~4/21 Soma-shi, Shinchi-machi 3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)		3/23~4/10		-		-	-		
Vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	spinach	3/21~ (excluding areas listed on the right cell) 3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura		3/21~4/17 (excluding areas listed on the right cell)	3/21~ <i>Kitabaraki-shi, Takahagi-shi</i>	3/21~4/27	3/21~4/21 Nasushiobara-shi, Shioya-machi	3/21~4/8	-	4/4~22 Asahi-shi, Katori-shi, Tako-machi	
		kakina	-		3/21~4/17		3/21~4/14		3/21~4/8		-	
		garland chrysanthemum, qing-geng-cai, sanchu asian lettuce	3/23~ (excluding areas listed on the right cell) 3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura		-		-		-		1/0	4/4~22 Asahi-shi
	head type leafy vegetables, e.g. cabbage	all the other	3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi		-		-		-		-	
			3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km of the Fukushima Daiichi), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Hirata-mura		-		-		-		-	
	flowerhead brassicas, e.g. broccoli, cauliflower	-	3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura		-		-		-		-	
			3/23~5/4 Iwaki-shi		-		-		-		-	
	turnip	-	3/23~ (excluding areas listed on the right cell) Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km of the Fukushima Daiichi), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura		-		-		-		-	
			-		3/23~4/17		-		-		4/4~22 Asahi-shi	
	parsley	-	-		-		-		-		4/4~22 Asahi-shi	
-			-		-		-		4/4~22 Asahi-shi			
log-grown shiitake (grown outdoor)	-	4/13~ <i>Shinohi-machi, Date-shi, Itate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi, Kawachi-mura</i>		-		-		-		-		
		4/13~25 Iwaki-shi		-		-		-		-		
		4/18~ Fukushima-shi		-		-		-		-		
		4/25~ Motomiya-shi		-		-		-		-		
bamboo shoot	-	5/9~ Date-shi, Soma-shi, Iwaki-shi, Miharu-machi, Tenei-mura, Hirata-mura		-		-		-		-		
ostrich fern	-	5/9~ Fukushima-shi, Kori-machi		-		-		-		-		
Fishery product	sand lance (juvenile)	4/20~		-		-		-		-		

* Instructions still imposed are expressed in italic type.