

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters

as of 4 May 2011

			Restriction of distribution							Restriction of consumption		
			Fukushima			Ibaraki		Tochigi		Gunma	Chiba	
			Whole area	Individual areas		Whole area	Individual areas	Whole area	Individual areas	Whole area	Whole area	Individual areas
raw milk			3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi									
			3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharumachi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samekawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi	3/23~4/10	-	-	-	-	-	-		
			3/21~4/21 Soma-shi, Shinchi-machi									
			3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)									
Vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	spinach	3/21~ <i>(excluding areas listed on the right cell)</i>	3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura	3/21~4/17 (excluding areas listed on the right cell)	<i>3/21~ Kitabaraki-shi, Takahagi-shi</i>	3/21~4/21 Nasushiobara-shi, Shioya-machi	3/21~4/8	-	4/4~22 Asahi-shi, Katori-shi, Tako-machi		
		kakina			3/21~4/17		3/21~4/14	3/21~4/8	-			
		garland chrysanthemum, qing-geng-cai, sanchu asian lettuce	3/23~ <i>(excluding areas listed on the right cell)</i>	3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura	-	-	-	-	1/0	4/4~22 Asahi-shi		
	head type leafy vegetables, e.g. cabbage	all the other		3/23~4/27								
			3/23~ <i>(excluding areas listed on the right cell)</i>	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	-	-	-	-	-	-		
	flowerhead brassicas, e.g. broccoli, cauliflower	turnip		3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km of the Fukushima Daiichi), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Hirata-mura								
			3/23~ <i>(excluding areas listed on the right cell)</i>	Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	-	-	-	-	-			
			3/23~5/4 Iwaki-shi									
			3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km of the Fukushima Daiichi), Iwaki-shi, Koriyama-shi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura									
			-	3/23~4/17	-	-	-	4/4~22 Asahi-shi				
		-	-	-	-	-	4/4~22 Asahi-shi					
			4/13~ <i>Shinohi-machi, Date-shi, Itate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi, Kawachi-mura</i>									
log-grown shiitake (grown outdoor)		4/13~25 Iwaki-shi										
		4/18~ Fukushima-shi 4/25~ Motomiya-shi										
Fishery product	sand lance (juvenile)	4/20~										

* Instructions still imposed are expressed in italic type.