

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters

as of 1 May 2011

			Restriction of distribution							Restriction of consumption			
			Fukushima		Ibaraki		Tochigi		Gunma	Chiba		Fukushima	
			Whole area	Individual areas	Whole area	Individual areas	Whole area	Individual areas	Whole area	Whole area	Individual areas	Whole area	Individual areas
raw milk			<i>3/21~</i> <i>(excluding areas listed on the right cells)</i>	<i>3/21~4/8</i> Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi	<i>3/23~4/10</i>	-	-	-	-	-	-	-	
		<i>3/21~4/16</i> Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukegawa-shi, Tamura-shi (excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Saigo-mura, Samekawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi											
		<i>3/21~4/21</i> Soma-shi, Shinchi-machi											
		<i>3/21~5/1</i> Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)											
Vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	spinach	<i>3/21~</i>	<i>3/21~4/17</i> (excluding areas listed on the right cell)	<i>3/21~</i> <i>Kitabaraki-shi, Takahagi-shi</i>	<i>3/21~4/27</i>	<i>3/21~4/21</i> Nasushiobara-shi, Shioya-machi	<i>3/21~4/8</i>	-	<i>4/4~22</i> Asahi-shi, Katori-shi, Tako-machi	<i>3/23~</i>		
		kakina	<i>3/21~</i>		<i>3/21~4/17</i>		<i>3/21~4/14</i>	<i>3/21~4/8</i>	-	-	<i>3/23~</i>		
		garland chrysanthemum (shungiku)	<i>3/23~</i>		-		-	-	-	-	<i>4/4~22</i> Asahi-shi	<i>3/23~</i>	
		qing-geng-cai	<i>3/23~</i>		-		-	-	-	-	<i>4/4~22</i> Asahi-shi	<i>3/23~</i>	
		sanchu asian lettuce	<i>3/23~</i>		-		-	-	-	-	<i>4/4~22</i> Asahi-shi	<i>3/23~</i>	
		all the other	<i>3/23~</i>		-		-	-	-	-	-	<i>3/23~</i>	
	head type leafy vegetables, e.g. cabbage		<i>3/23~</i> <i>(excluding areas listed on the right cells)</i>	<i>3/23~4/27</i> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	-	-	-	-	-	-	<i>3/23~</i> <i>(excluding areas listed on the right cells)</i> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	<i>3/23~</i>	<i>3/23~4/27</i>
	flowerhead brassicas, e.g. broccoli, cauliflower		<i>3/23~</i> <i>(excluding areas listed on the right cells)</i>	<i>3/23~4/27</i> Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	-	-	-	-	-	-	<i>3/23~</i> <i>(excluding areas listed on the right cells)</i> Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	<i>3/23~</i>	<i>3/23~4/27</i>
	turnip		<i>3/23~</i>		-		-	-	-	-	-	-	
	parsley		-		<i>3/23~4/17</i>		-	-	-	-	<i>4/4~22</i> Asahi-shi	-	
celery		-		-		-	-	-	-	<i>4/4~22</i> Asahi-shi	-		
log-grown shiitake (grown outdoor)		-	<i>4/13~</i> <i>Shinchi-machi, Date-shi, Itate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi, Kawauchi-mura</i>		-		-	-	-	-	-	<i>4/13~</i>	
			<i>4/13~25</i> Iwaki-shi		-		-	-	-	-	-	<i>Itate-mura</i>	
			<i>4/18~</i> <i>Fukushima-shi</i>		-		-	-	-	-	-		
			<i>4/25~</i> <i>Motomiya-shi</i>		-		-	-	-	-	-		
Fishery product	sand lance (juvenile)		<i>4/20~</i>		-		-	-	-	-	<i>4/20~</i>		

* Instructions still imposed are expressed in italic type.