## 2. Subjects' Daily Life

(1) School-day bedtime

As regards changes in the subjects' bedtime, the percentage of subjects going to bed "between 9 p.m. and 10 p.m." in the $9^{\text {th }}$ Survey was $20.3 \%$ for those living consistently "with father and mother" from the $7^{\text {th }}$ through $9^{\text {th }}$ Surveys, whereas the percentage was higher, at $\mathbf{2 6 . 5 \%}$, among those who "lived with father and mother" in the $7^{\text {th }}$ Survey but who "lived only with the mother" in the $9^{\text {th }}$ Survey.

A look at the subjects' school-day bedtime by household composition in the $7^{\text {th }}$ and $9^{\text {th }}$ Surveys shows that a large percentage of respondents said, "between 9 p.m. and 10 p.m.," in all household compositions in both the $7^{\text {th }}$ and $9^{\text {th }}$ Surveys.

The subjects generally went to bed at later hours in the $9^{\text {th }}$ Survey for all household compositions. If we look at the percentage of subjects going to bed "between $10 \mathrm{p} . \mathrm{m}$. and 11 p.m." in the $9^{\text {th }}$ Survey, it was $20.3 \%$ for those who "lived consistently with father and mother" from the $7^{\text {th }}$ through $9^{\text {th }}$ Surveys, but it was higher, at $26.5 \%$, for those who "lived with father and mother" in the $7^{\text {th }}$ Survey but who "lived only with the mother" in the $9^{\text {th }}$ Survey. (Figure 6)

Figure 6. School-day bedtime by household composition in the $7^{\text {th }}$ and $9^{\text {th }}$ Surveys


Note:
Of those who responded to the surveys from the 7th through 9th Surveys (a total of 33,316), data were tabulated on the subjects as follows:
Those "living with father and mother" consistently from the 7th Survey through 9th Survey ( $N=22,638$ )
Those "living with father and mother" in the 7th Survey but who were "living only with the mother" in the 9th Survey ( $N=412$ )
Those "living with father and mother" in the 7 th Survey but who were "living only with the mother, grandparents, etc." in the 9 th Survey ( $N=109$ )
Those "living only with the mother" consistently from the 7th Survey through 9th Survey ( $N=964$ )
(Reference) Suppertime by household composition in the 9th Survey


Of those who responded to the 9th Surveys (a total of 35,264 ), data were tabulated on those who responded that they "eat supper" (a total of 35,178 ). The subjects were as follows: Those "living with father and mother" ( $N=25,028$ ), those "living only with the mother " ( $N=1,680$ ), and those "living only with the mother, grandparents, etc." ( $N=1,104$ )

## (2) Lessons

On the subjects' status with respect to lessons, the percentage of children who were "taking lessons" at the $9^{\text {th }}$ Survey exceeded $80 \%$ among subjects who lived consistently "with father and mother" from the $7^{\text {th }}$ to $9^{\text {th }}$ Surveys.

In terms of changes in subjects taking lessons by household composition in the $7^{\text {th }}$ and $9^{\text {th }}$ Surveys, the percentage of subjects who were "taking lessons" increased from 78.5\% to $87.3 \%$ among children who "lived with father and mother" consistently from the 7 th through $9^{\text {th }}$ Surveys. On the other hand, for children who "lived with father and mother" in the $7^{\text {th }}$ Survey but "only with the mother" in the $9^{\text {th }}$ Survey, the percentage remained unchanged at 70.9\%. (Figure 7)

Figure 7. Children taking/not taking lessons by household composition in the $7^{\text {th }}$ and $9^{\text {th }}$ Surveys


## (3) Helping

With regard to the subjects helping with chores, the largest percentage of respondents replied, "set the table/clear the dishes," in all household compositions.
If we look at the status of children with regard to helping with chores by household composition in the $6^{\text {th }}$ and $9^{\text {th }}$ Surveys (multiple answers), the largest percentage of respondents replied, "set the table/clear the dishes," in all household compositions.

A comparison of the results of subjects "living with father and mother" and subjects "living only with the mother" shows that the percentage of children helping with each of "carrying groceries and other shopping items," "cleaning," "folding laundry," and "running an errand" was higher among the subjects "living only with the mother" in both the $6^{\text {th }}$ and $9^{\text {th }}$ Surveys. (Figure 8)

Figure 8. Type of chores the subjects help with by household composition in the $6^{\text {th }}$ and $9^{\text {th }}$ Surveys (top 7 answers, multiple answers)



