



## 11<sup>TH</sup> ASEAN & JAPAN HIGH LEVEL OFFICIALS MEETING ON CARING SOCIETIES

## COUNTRY REPORT MALAYSIA



Tokyo, Japan
3 – 5 December 2013









#### **Overview of Presentation**

Introduction
Brief info on Malaysia
Demographic and scenario

Policy Framework
National Policy and Plan of Action for Older Persons
National Health Policy for Older Persons

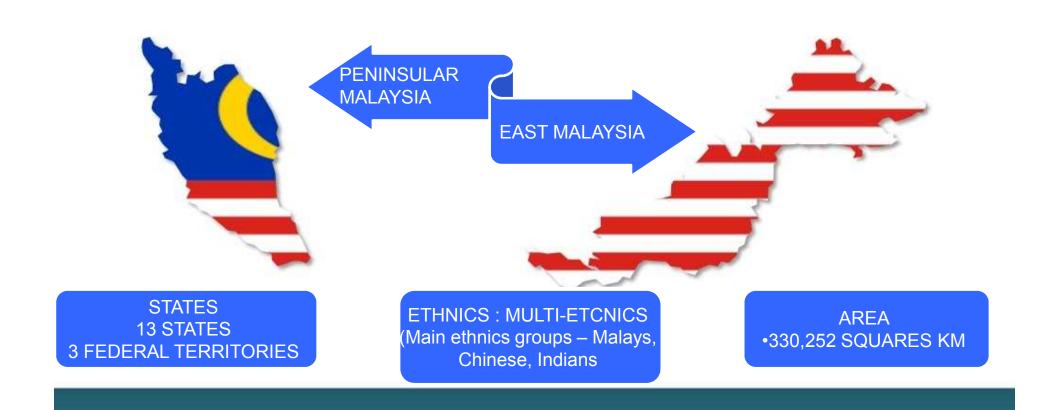
Programmes for Older Persons

Roles of Government in Active Ageing

Conclusion



#### MALAYSIA AT A GLANCE



## Map of Malaysia



### **DEMOGRAPHIC**

TOTAL POPULATION IN 2012: 29.34 MILLION

Male:

50.9%

LIFE Expectancy: 72.1%



Female:

49.1%

LIFE Expectancy: 77.3%



#### **OLDER PERSONS: DEFINITION**

- In Malaysia, older persons are defined as those who are 60 years and above (This definition is in line with the World Assembly on Ageing in 1982 in Vienna)
- The population of Malaysia is still relatively young compared to those in the developed countries, but changes in the age structure resulting from fertility decline and increased longevity have brought about the ageing of population.





#### **POLICY FRAMEWORK**

NATIONAL POLICY FOR OLDER PERSONS

NATIONAL HEALTH POLICY FOR OLDER PERSONS

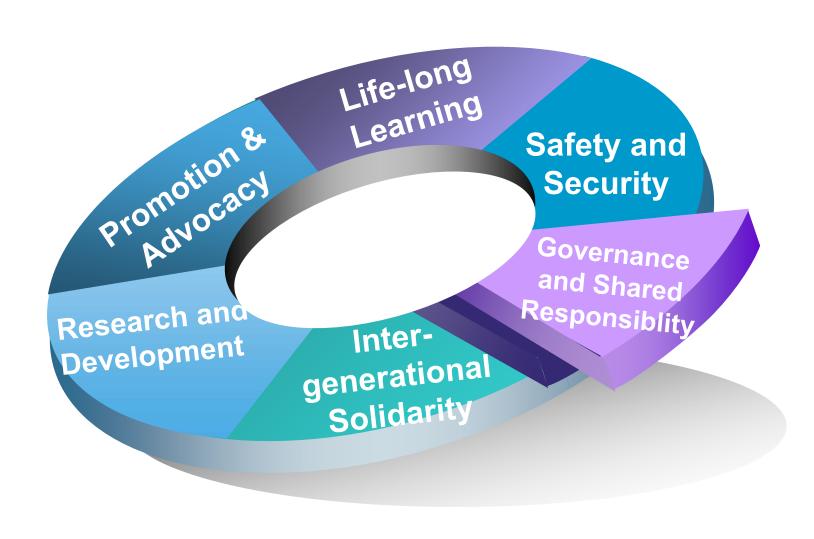
4

To ensure enabling and supportive environment for the well-being of the older persons as well as to promote a healthy, active and productive ageing.

To ensure older persons will achieve optimal health through integrated and comprehensive health related services.



## STRATEGIES OF THE NATIONAL POLICY OF OLDER PERSONS





## PROGRAMMES

#### **FOR OLDER PERSONS**

LIFELONG LEARNING HOME HELP SERVICES

WE CARE SERVICES

HOMES
FOR THE
CHRONICALLY
ILL

A

HOMES FOR ELDERLY **ACTIVITY CENTRES** 



## ROLES OF THE GOVERNMENT IN ACTIVE AGEING



Finance/Economy



Health



**Employment** 



**Family** 



**Transportation** 



## WAY FORWARD

## Independent Living



## **Assisted Living**



Nursing (Institutional Care)





## LESSON LEARNT

MALAYSIA

## Lesson Learnt – Shinagawa City

- Population database
- Integrate into the local government development plan
- Sustainability of the long term care program – (Insurance plan - Social contract between payer and funder)
- Holistic and comprehensive health care all level of care

#### Lesson Learnt

- Social participation independent living, job placement
- Combine healthy aging and aging in place

## Lesson Learnt — Tokyo Metropolitan Foundation for Social Welfare & Public Health

- One stop resource centre for assisted devices
- Coordinating
- Effective, efficient and optimize

#### Lesson Learnt - Camellia

- Well organized (environment, infrastructure, service, funding)
- Integrated within community
- Trained Carer, younger carer
- Public Private Partnership key factor is funding



# THANK YOU About 1

