MOVING TOWARDS UNIVERSAL HEALTH COVERAGE IN INDONESIA

11th ASEAN and Japan HLOM on Caring Societies Panel Discussion:

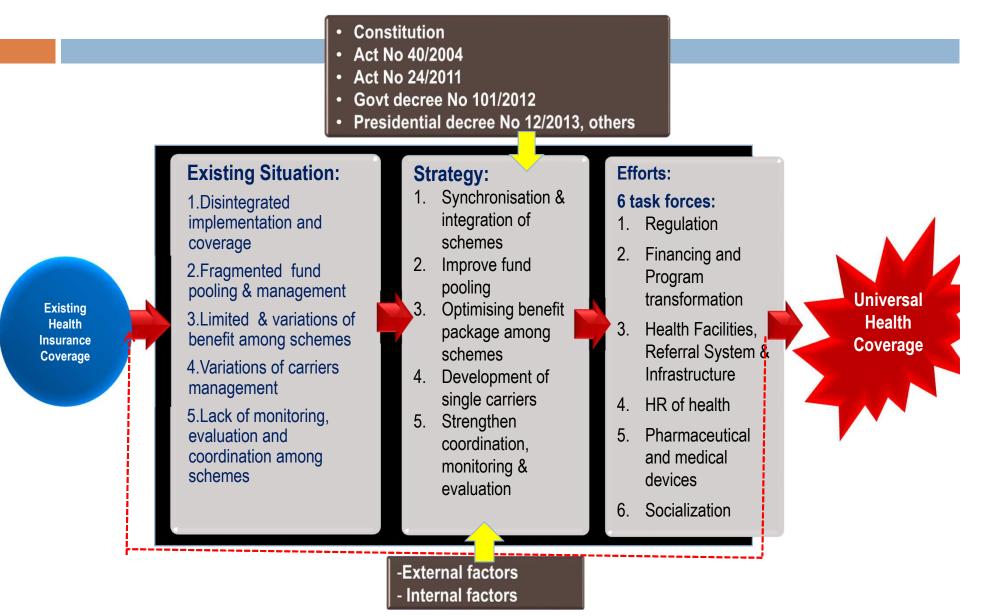
Universal Health Coverage as a basis for 'Active Aging' and Medical and Welfare Services, Health Promotion, and Disease Prevention

INDONESIA

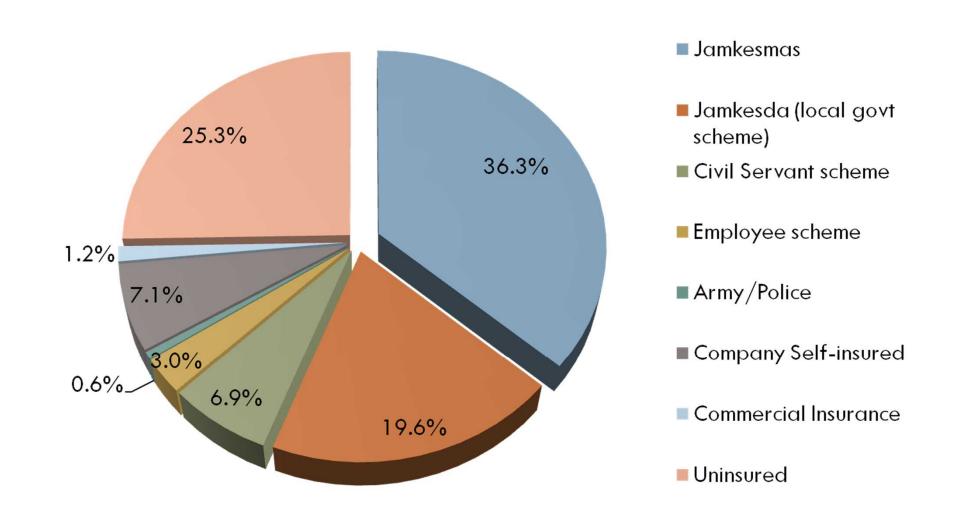
- Number of Island: 17,504
- Population (2012) \pm 246.9 million
- Decentralized Government:
 34 provinces; 508 districts
- GDP per Capita (2012, in USD): 3,592
- Health expenditure (2011): 2.9% of GDP
- Life Expectancy (2010): 70,9 yrs
- Population 60+ yrs will increase from 18.1 million in 2010 to 29.1 million in 2020 or approximately 11.4% of the total population and 36 million in 2025. Now number of the elderly has reached about 23 million.

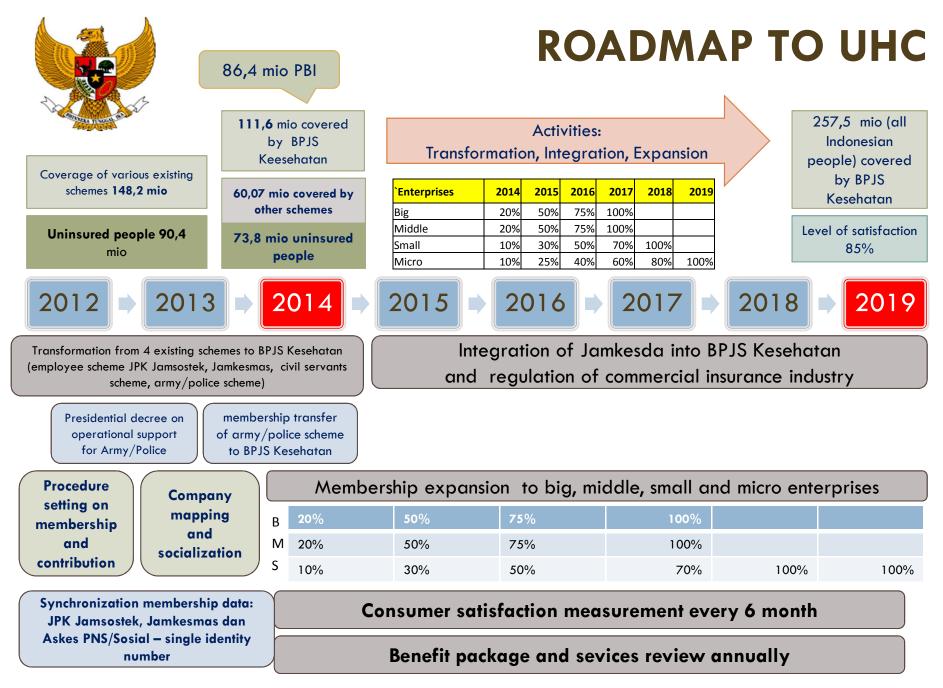


POLICY FRAMEWORK AND EXPERIENCE ON INCREASING ACCESS TO HEALTH SERVICES FOR INDONESIAN



CURRENT HEALTH INSURANCE COVERAGE BY 2013





NATIONAL PLAN OF ACTION ON ELDERLY WELFARE 2003-2013

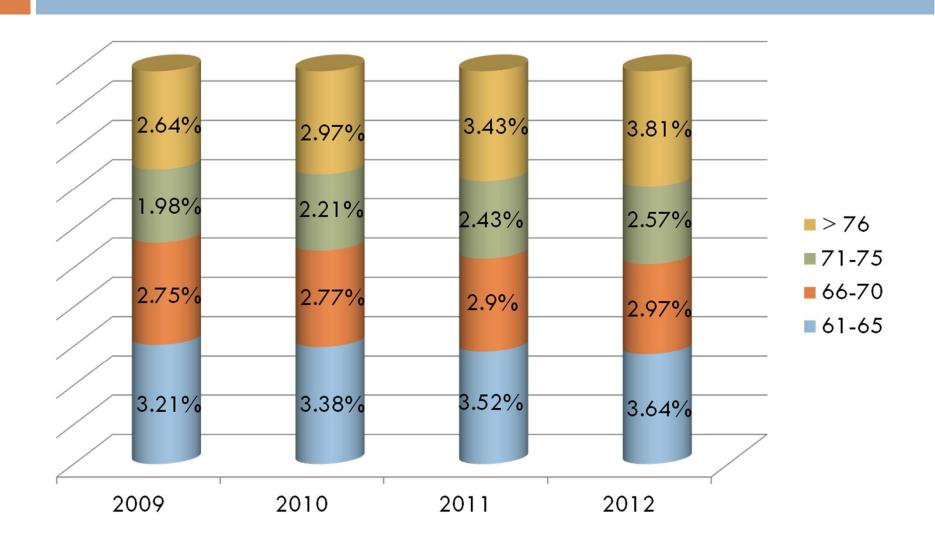
- Measures to increase social welfare for the elderly as follows:
- mental and spiritual services
- health services
- employment services (potential elderly)
- education and training services (potential elderly)
- facilities, & infrastructure friendly with the elderly
- administration & legal assistance & social assistance



Healthy Aging Policy

- Decree number 36 year 2009 on Health. It mandates that efforts of health care for the elderly should be aimed to maintain a healthy life and socially and economically productive in accordance with human dignity.
- The Government shall ensure the availability of facilities health services and facilitate further group age to be able to live independently and productively socially and economically.

JAMKESMAS EXPERIENCE FOR ELDERLY MEMBERSHIP



Activities to achieve objectives are

- Increase access to primary health care
 for the elderly through development of age-friendly primary health care
- Healthy life style program (healthy diet, physical activity)
- Early detection of risk factors and counseling: control BP, Cholesterol, Blood Glucose
- Distribute media promotion on Healthy Life Style
- Increase community empowerment through development of elderly supporting groups
- Increase referral services in integrated geriatric clinics hospitals





Elderly Social Welfare Policy

Activities to achieve objectives are as follows:

- Elderly Social Service Program
- Empowerment to improve welfare of elderly
- Improved Participation Families and Communities Program
- Security and Social Protection Program for Elderly

FUTURE VISION

- Develop Age-friendly city
- Empower professional elderly
- Health for Wellness (health promoting life cycle)
- Creating a friendly environment that promotes healthy senior citizens & active participation of elderly
- Promote participation of the elderly in public policy formulation
- Realize the value of elderly wisdom & encourage elderly to fully participate in family & community



