### MOVING TOWARDS UNIVERSAL HEALTH COVERAGE IN INDONESIA

11<sup>th</sup> ASEAN and Japan HLOM on Caring Societies Panel Discussion:

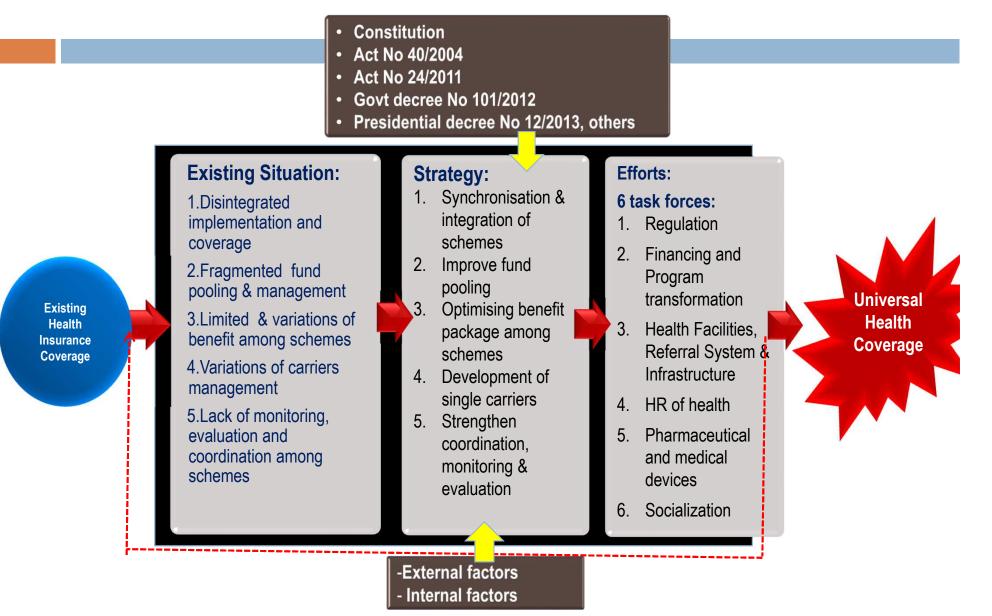
Universal Health Coverage as a basis for 'Active Aging' and Medical and Welfare Services, Health Promotion, and Disease Prevention

## INDONESIA

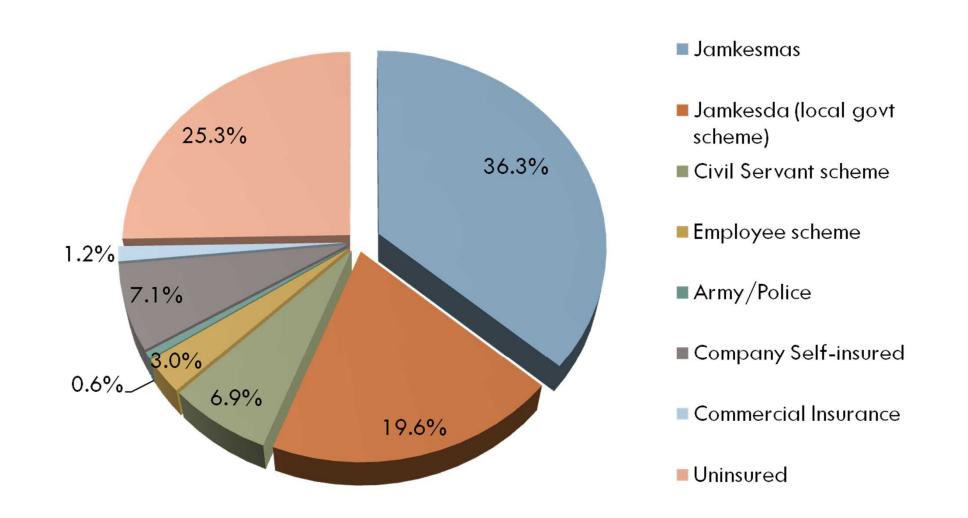
- Number of Island: 17,504
- Population (2012)  $\pm$  246.9 million
- Decentralized Government:
  34 provinces; 508 districts
- GDP per Capita (2012, in USD): 3,592
- Health expenditure (2011): 2.9% of GDP
- Life Expectancy (2010): 70,9 yrs
- Population 60+ yrs will increase from 18.1 million in 2010 to 29.1 million in 2020 or approximately 11.4% of the total population and 36 million in 2025. Now number of the elderly has reached about 23 million.

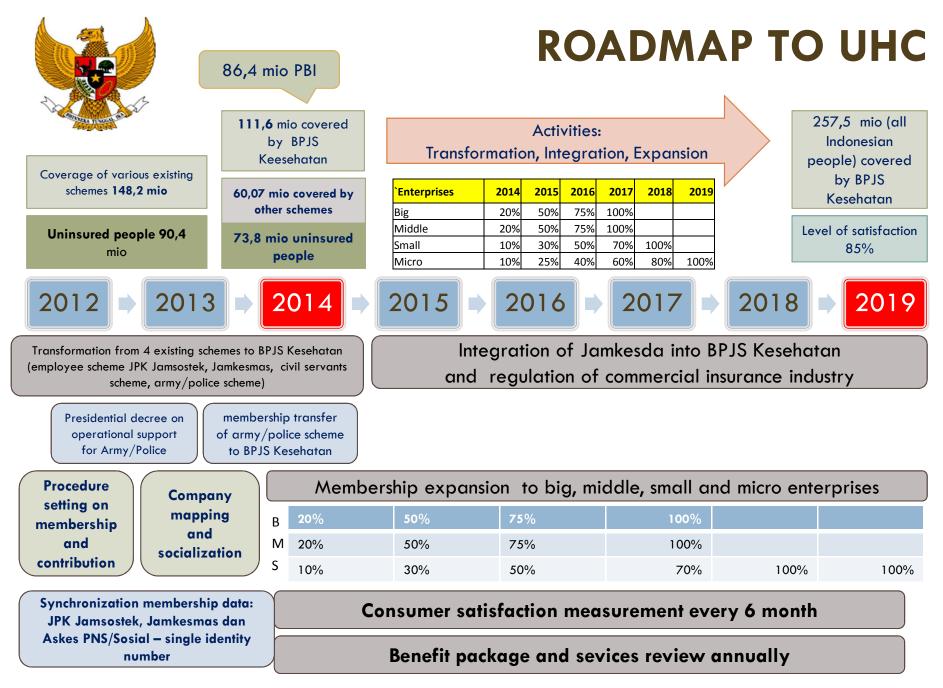


#### POLICY FRAMEWORK AND EXPERIENCE ON INCREASING ACCESS TO HEALTH SERVICES FOR INDONESIAN



#### CURRENT HEALTH INSURANCE COVERAGE BY 2013





#### NATIONAL PLAN OF ACTION ON ELDERLY WELFARE 2003-2013

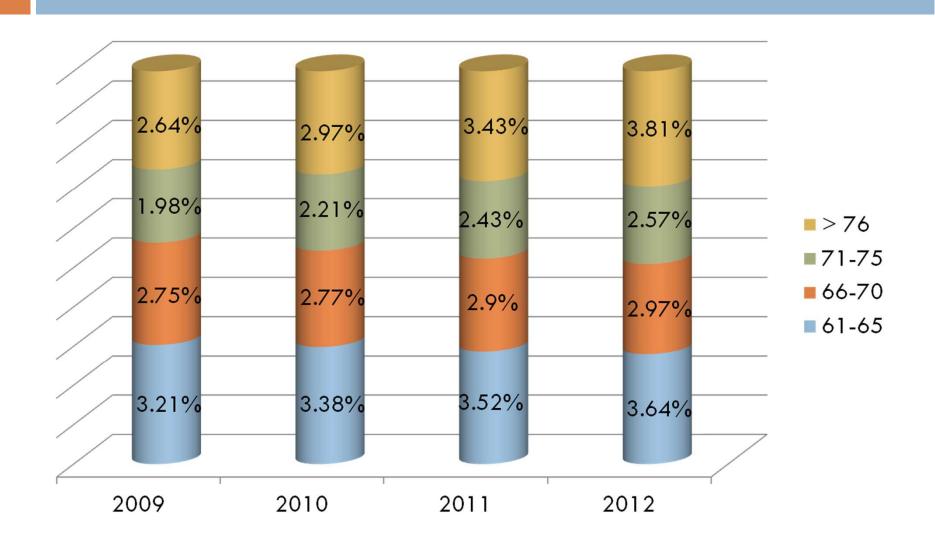
- Measures to increase social welfare for the elderly as follows:
- mental and spiritual services
- health services
- employment services (potential elderly)
- education and training services (potential elderly)
- facilities, & infrastructure friendly with the elderly
- administration & legal assistance & social assistance



## **Healthy Aging Policy**

- Decree number 36 year 2009 on Health. It mandates that efforts of health care for the elderly should be aimed to maintain a healthy life and socially and economically productive in accordance with human dignity.
- The Government shall ensure the availability of facilities health services and facilitate further group age to be able to live independently and productively socially and economically.

#### JAMKESMAS EXPERIENCE FOR ELDERLY MEMBERSHIP



# Activities to achieve objectives are

- Increase access to primary health care
  for the elderly through development of age-friendly primary health care
- Healthy life style program (healthy diet, physical activity)
- Early detection of risk factors and counseling: control BP, Cholesterol, Blood Glucose
- Distribute media promotion on Healthy Life Style
- Increase community empowerment through development of elderly supporting groups
- Increase referral services in integrated geriatric clinics hospitals





#### **Elderly Social Welfare Policy**

Activities to achieve objectives are as follows:

- Elderly Social Service Program
- Empowerment to improve welfare of elderly
- Improved Participation Families and Communities Program
- Security and Social Protection Program for Elderly

## FUTURE VISION

- Develop Age-friendly city
- Empower professional elderly
- Health for Wellness (health promoting life cycle)
- Creating a friendly environment that promotes healthy senior citizens & active participation of elderly
- Promote participation of the elderly in public policy formulation
- Realize the value of elderly wisdom & encourage elderly to fully participate in family & community



